



香港業餘田徑總會
Hong Kong Amateur Athletic Association

E-mail: inquiry@hkaaa.com Website: www.hkaaa.com

7 February 2010

To : HKAAA Affiliated Clubs

HKAAA Competition Arrangement in 2010

In view of some amendments in IAAF Competition Rules in 2009, seminars with HKAAA Affiliated Club representatives was held in October 2009 and January 2010 regarding the competition formats and impact on local competition rules. In addition, some special arrangement in local competitions will be made to facilitate the selection of Hong Kong Team athletes for the upcoming International and Asian competitions. Details of local track and field competitions arrangement regarding amendments of competition rules are as follows:

(i) False Start

According to the approved new rules in 2009 (Rules 162.7), ***Except in Combined Events, any athlete responsible for a false start shall be disqualified.*** This new rules will be implemented in the following 4 HKAAA competitions:

- | | |
|--|-----------------------|
| (a) FOS IAAF World Athletics Day and Open Meet | (16 May 2010) |
| (b) Hong Kong Inter-City Athletics Championships | (10 and 11 July 2010) |
| (c) Xtep Hong Kong Athletics Leagues – Final | (31 October 2010) |
| (d) Hong Kong Athletics Open Meet | (19 December 2010) |

(ii) Women's 3,000m Steeplechase

Women's 3,000m Steeplechase will become an official event starting from 2010, records and ranking will be recognized.



Recommendation for Minimum Age of Specific Events

The following minimum age limits will be applied for the following events:

	Events	Minimum Age for Participation
(a)	3,000m Steeplechase, 5,000m and 10,000m (Track)	16 (born in 1994)
(b)	Pole Vault	13 (born in 1997)
(c)	10km, 15km, Half Marathon (Road Race)	16 (born in 1994)
(d)	10km, 20km (Road Race Walking)	16 (born in 1994)
(e)	Marathon	20 (born in 1990)

If athletes of age lower than the recommended age mentioned above but wish to participate, should submit the related supporting documents, HKAAA will consider the eligibility accordingly:

- Events (a), (c), (d) and (e): Authorization letters of guardian, coach and medical doctor;
- Event (b): Authorization letters of guardian and coach

(iii) Xtep Hong Kong Athletics League 2010

(a) Selection Trial

Selection trial of field events will be held if the number of entries of certain field events exceeds 25, top 12 athletes of the selection trial will be qualified to enter the competition. The Selection Trial will be held on Wednesday Evening before the competition. In order to provide better competition environment for athletes of distance events, 2 of the events among Men's and Women's 5,000m and 10,000m will be held during the Selection Trial of field events (e.g. Men's 5,000m and Women's 10,000), while the remaining 2 distance events will be held on the competition dates, the distance events to be held during Selection Trial will be switched in next round. In case no Selection Trial is required to be held for that round, all the distance events will be held on the competition dates.

(b) Dates of Round 4

Due to the hot weather in September, HKAL – Round 4 will be held in separate weekends as follows:

- 18 September 2010 (Saturday)
- 26 September 2010 (Sunday)



香港業餘田徑總會
Hong Kong Amateur Athletic Association

E-mail: inquiry@hkaaa.com Website: www.hkaaa.com

(c) *Combined Events*

Combined events will be held in Round 2.

(d) *Final Round Entry Criteria*

Please refer to the competition guidelines.

(iv) Asian Junior Athletics Championships Selection Trial

The Asian Junior Athletics Championships will be held in July 2010, in view of implements of certain junior events are different from the senior, the following events will also be held in **Xtep Hong Kong Athletics League – Round 1 & 2:**

- (a) *Men's Junior 110m Hurdles (0.99m);*
- (b) *Men's Junior Shot Put (6kg);*
- (c) *Men's Junior Discus Throw (1.75kg);*
- (d) *Men's Junior Hammer Throw (6kg)*

No prize will be awarded for athletes participating the trial.

(v) Master Category for Out-of-stadia Events

The master categories for out-of-stadia events will be defined as aged 40 or above (born in or before 1970). This definition will be effective from "MTR HONG KONG Race Walking 2010".

Attached please also find the updated HKAAA Event Calendar for your reference. The above arrangement will be review by the end of this year. Should you have any enquiry, please contact our Secretariat on 2504-8215.

Secretariat
Hong Kong Amateur Athletic Association