

# 特步香港田徑聯賽 2010

## 參賽規則

<b>日期及地點</b>	第一回合	:	2010年3月20日及21日	將軍澳運動場
	第二回合	:	2010年4月10日及11日	灣仔運動場
	第三回合	:	2010年5月29日及30日	將軍澳運動場
	第四回合	:	2010年9月18日及26日	將軍澳運動場
	總決賽	:	2010年10月31日	灣仔運動場

<b>時間</b>	第一回合	星期六	:	下午3時正至6時正
		星期日	:	上午9時正至下午5時正
	第二、四回合	星期六	:	上午9時正至下午5時正
		星期日	:	上午9時正至下午5時正
	第三回合	星期六	:	下午2時正至5時正
		星期日	:	上午8時半至下午5時正
	總決賽	星期日	:	上午9時正至下午6時正

<b>*費用</b>	<b>年齡</b>	<b>田總註冊運動員</b>	<b>非田總註冊運動員</b>
個人項目(每項)	1990年或之前出生	港幣20元正	港幣25元正
	1991至2000年出生	港幣15元正	港幣20元正
接力項目(每隊)		港幣35元正	港幣50元正
全能項目(每人)		港幣75元正	港幣100元正

\* 總決賽報名費全免

## 組別及比賽項目

項目	100米	200米	400米	800米	1500米	5000米	10000米	110米欄	400米欄	3000米障礙	跳高	撐桿跳	跳遠	三級跳	鉛球	鐵餅	鏈球	標鎗
男子組	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
項目	100米	200米	400米	800米	1500米	5000米	10000米	100米欄	400米欄	3000米障礙	跳高	撐桿跳	跳遠	三級跳	鉛球	鐵餅	鏈球	標鎗
女子組	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

男子十項全能及女子七項全能項目只在第二回合舉行

## 參賽資格

**第一回合至第四回合**：接受所有2000年或以前出生之人士報名。

**總決賽**：邀請合資格之運動員參加，不設公開報名，詳情請參閱「總決賽參賽資格」。

## 獎勵

- 每回合各比賽項目前三名運動員將獲頒發獎牌乙面；
- 於總決賽當日打破香港紀錄/香港青年紀錄/田總紀錄/田總青年紀錄之運動員，將額外獲得獎勵；
- 總決賽將另設獎勵予各參賽者，獎勵詳情將稍後公佈。

## 總決賽參賽資格

- 四個回合完成後，運動員於各回合之成績將會根據「IAAF Scoring Table for Athletics - Outdoor - 2008 Edition」轉化為分數，並根據運動員於該項目中兩場最佳成績之分數總和排名，各項目排名首八名之運動員將獲邀參加總決賽；
- 運動員必須於四個回合中參加該項目兩場(或以上)，方獲得該項目之排名；
- 需要測量風速的項目，成績必須符合風速要求方獲排名；
- 如運動員成功取得多於一個項目的總決賽參賽資格，該運動員可選擇參與所有或其中一項或多項的合資格項目，惟必須於指定日期前回覆大會；
- 如某項目之合資格運動員預先決定放棄參賽，大會將會邀請繼後排名之運動員參賽；
- 如多於一名運動員於同一項目中之分數總和相同而令合資格的人數超出八名，**田項及毋需分線道跑之徑賽項目**可同時進入總決賽；而分線道進行之徑賽項目則需按以下方式決定入選總決賽之名單：
  - 首先比較同分運動員於四個回合之最佳成績，成績較佳者將可進入總決賽；

- (ii) 如成績仍然相同，則會計算其他回合之成績，即第三佳成績的分數；如仍然相同，則會比較第四佳之分數；
- (iii) 如比較所有成績後分數仍然相同時，以抽籤形式決定入選總決賽之運動員。
- g) 如運動員因代表香港業餘田徑總會往外地比賽或重要賽事而不能參賽，該回合將**不當作**缺席，田徑賽事委員會作最後決定。

### 其他規則

- 1 凡參加 3000 米障礙賽、5000 米以及 10000 米之運動員，必須於 1994 年或之前出生。
- 2 凡參加撐竿跳之運動員，必須於 1997 年或以前出生。
- 3 需要測量風速的項目，必須符合風速要求方被承認紀錄。
- 4 任何上訴必須於有關項目成績宣佈後 30 分鐘內以書面連同港幣 100 元正費用呈交。如上訴得值，費用則獲退還。
- 5 所有參賽者必須配帶由田總所派發的指定號碼布，而每個回合將會派發新號碼布。補領號碼布者，須即場繳付手續費每張每次港幣 50 元正，於檢錄處辦理。
- 6 接力隊成員必須穿上同色及同款之上衣作賽。
- 7 大會會於檢錄處入口設置時鐘，檢錄時間將以該大鐘為準。
- 8 徑賽項目初賽（分線道之項目）檢錄人數在八人或以下，該項目將會直接在決賽時間舉行。
- 9 徑賽項目初賽中八名最佳時間之運動員可獲進入決賽。由 2008 年開始，徑賽決賽的線道排定將作出以下安排：
  - 9.1 初賽排列前四名之運動員，隨機抽籤排定決賽線道（3、4、5、6 線）；
  - 9.2 初賽排列後四名之運動員，隨機抽籤排定決賽線道（1、2、7、8 線）。
- 10 所有接力賽事只會進行決賽。如有 8 隊以上報名及檢錄，決賽則會分組進行，而最終名次及獎項將會以其完成時間計算。
- 11 如徑賽運動員在初賽中獲取決賽資格後缺席該項目決賽，運動員將不得參與該項目決賽的其後任何項目(包括接力)。

**根據國際田聯規則第 142.4 備註列明，缺席比賽包括不認真地參加比賽。在全能比賽中的單項比賽則不執行此條文的規定。**

- 12 選拔賽 (田項賽事)
 

為避免田項賽事參賽人數過多而影響運動員於賽事中的發揮，如有關項目報名人數超過 25 人，已報名參加該項目之本地運動員必須參加選拔賽，爭取 12 個參加正式賽事的資格。選拔賽將於正式賽事舉行前之星期三的晚間訓練時間舉行，大會將於賽事預先通知屬會有關選拔賽之詳情。
- 13 為使參加長距離賽事之運動員有充足休息，大會將試行將 5,000 米或 10,000 米其中一項設於星期三舉行之選拔賽 (田項賽事) 期間進行，而另一項則會於正式比賽日舉行。
- 14 檢錄：
  - 14.1 **大會不設現場宣佈檢錄時間**，運動員請依時自行前往檢錄處報到，然後由工作人員帶往比賽場地；如不往檢錄處報到者，即當作缺席棄權論；
  - 14.2 檢錄時間

徑賽	開始檢錄	比賽前 25 分鐘
	截止檢錄	比賽前 15 分鐘
田賽	開始檢錄	比賽前 45 分鐘
	截止檢錄	比賽前 35 分鐘

- 14.3 按國際田聯規則第 143 條，檢錄員將檢查各運動員的鞋及釘鞋，號碼布和標誌；
- 14.4 按國際田聯規則第 144 條，檢錄員將檢查各運動員有否攜帶輔助物品如攝錄機收音機，CD 機，無線電通訊機，手提電話或其他類似裝置；
- 14.5 接力隊運動員必須於比賽前 1 小時把接力隊名單交往檢錄處，逾時遞交者將被取消資格；
- 15 時限：10000 米項目時限為男子 45 分鐘及女子 50 分鐘。5000 米項目時限為男子 23 分鐘及女子 25 分鐘。
- 16 每個項目必須最少有兩名運動員報名方會開賽。如在賽事當天檢錄時只有一人/一隊報到，該項目將被取消。該名報到運動員之報名費，將於賽後發還。
- 17 比賽按國際田聯及田總規則進行。
- 18 香港業餘田徑總會田徑賽事委員會保留修改本章則之權利。
- 19 此份章程將以中文版本為準。

# Xtep Hong Kong Athletic League 2010

## Regulation

<b>Date &amp; Venue:</b>	Round 1	:	20-21 March 2010	Tseung Kwan O Sports Ground
	Round 2	:	10-11 April 2010	Wanchai Sports Ground
	Round 3	:	29-30 May 2010	Tseung Kwan O Sports Ground
	Round 4	:	18 & 26 September 2010	Tseung Kwan O Sports Ground
	Final Round	:	31 October 2010	Wanchai Sports Ground

<b>Time:</b>	Round 1	Saturday	:	3:00pm - 6:00pm
		Sunday	:	9:00am - 5:00pm
	Round 2 & 4	Saturday	:	9:00am - 5:00pm
		Sunday	:	9:00am - 5:00pm
	Round 3	Saturday	:	2:00pm - 5:00pm
		Sunday	:	8:30am - 5:00pm
	Final Round	Sunday	:	9:00am - 6:00pm

<b>Entry Fee(HK\$)</b>	<b>Year of Birth</b>	<b>HKAAA members</b>	<b>Non-HKAAA members</b>
Individual Events (each event)	Born in 1990 or before	\$20/event	\$25/event
	Born in 1991-2000	\$15/event	\$20/event
Relay Events (each team)		\$35/Team	\$50/Team
Combined Event (each athlete)		\$75/person	\$100/person

\*Entry fee for the Final Round will be waived

## Categories & Events

Event	100m	200m	400m	800m	1500m	5000m	10000m	110mH	400mH	3000mSC	High Jump	Pole Vault	Long Jump	Triple Jump	Shot Put	Discus Throw	Hammer Throw	Javelin Throw
<b>Men</b>	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Event	100m	200m	400m	800m	1500m	5000m	10000m	100mH	400mH	3000mSC	High Jump	Pole Vault	Long Jump	Triple Jump	Shot Put	Discus Throw	Hammer Throw	Javelin Throw
<b>Women</b>	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Men's Decathlon and Women's Heptathlon will only be offered in Round 2.

## Enrollment Criteria

Round 1 to Round 4: Athletes born in or before 2000 are eligible to enter.

Final Round: Athletes who are qualified for the Final Round will be invited. No open entry will be accepted.

Details can be referred to the "Final Round Enrollment Criteria" listed below.

## Award

- Medals will be awarded to the top three positions of each event in each round.
- Athletes who break the HKR/HKJR/AAAR/AAAJR in the Final Round will be awarded a prize.
- Special awards will be awarded to the athletes in the Final Round, details will be provided in due course.

## Final Round Entry Criteria

- After the first four rounds of competition, athletes' performance will be converted to scores according to "IAAF Scoring Table for Athletics – Outdoor – 2008 Edition". Athletes will be ranked according to the total score of their best 2 performances of the event in all four rounds. Athletes in top 8 ranking of each event will be invited to participate in the Final Round.
- Athletes must participate at least 2 times in an event in the four rounds to be eligible for ranking.
- For events requiring Wind Speed Measurement, its ranking will be carried out in accordance to the Wind Speed Measurement Rules.
- If an athlete qualified for more than one event, he / she can choose to participate in one, multiple or all of the events, but they must notify the Organizing Committee before specified deadline.
- If qualified athletes turn down the invitation, the Organizing Committee will automatically invite the lower ranked athletes for replacement.

- f)
- g) In case more than one athletes get the same score and make the total qualified athletes more than eight in an event; for field events and track events not running in lanes, these athletes will be invited to enter the Final Round; for track events running in lanes, places will be determined according to the following rules:
- Best performance of the event for each athlete in all four rounds;
  - If ties, the 3<sup>rd</sup> best performance will be compared, and the 4<sup>th</sup> best performance if they are the same;
  - If still ties, it will be determined by draw of lots.
- h) If athletes are unable to participate in any of the four rounds because of representing Hong Kong Athletic Team in overseas competition or other important events, they **will not** be treated as absent. The HKAAA Track & Field Committee will have the final decision.

**Rules:**

- 1 Participants of 3000mSC, 5000m and 10000m must be born in 1994 or before.
- 2 Participants of Pole Vault must be born in 1997 or before.
- 3 For any event requires Wind Speed measurement, its Record Breaking and Standard Achievement will only be recognized with a recognized Wind Speed (without wind assist)
- 4 Any protest must be made in writing within 30 minutes after the announcement of the results of that particular event, and accompanied with a deposit of HK\$100, which will be refunded if the protest is upheld.
- 5 Participants must wear the designated number bibs issued by the HKAAA. New number bib will be issued in each round. An administrative fee of HK\$50 will be charged for each re-printing of number bib. Re-issue of number bibs can be done at roll call station.
- 6 Members of a relay team must compete in uniforms with the same design and color.
- 7 A clock will be placed at the entrance of the Call Room. Roll call time should be referred to that clock.
- 8 For track events (running in lanes), involving heats, if no more than 8 competitors reporting to the Call Room after the End of Call, the event will straight through to the Final and it will be held at the scheduled time for the Final.
- 9 **In Track Events, top 8 positions of the Heats will be qualified for the Final. Starting from 2008, the dispose of lanes for the Final will be arranged as follows:**
  - **One draw will be made for the four highest ranked athletes to determine placing in lanes 3, 4, 5 and 6.**
  - **Another draw will be made for the four lowest ranked athletes to determine placing in lanes 1, 2, 7 and 8.**
- 10 All relay events will only compete in straight final. If there are more than 8 teams reported to the Call Room, all teams will run in separate heats and the final position and prizes will be determined by their finishing times.
- 11 Athletes of the track events who are qualified to the finals after the heats, but absent in final events, he/ she will not be allowed to compete in any upcoming events (including relays).  
According to the IAAF Rule 142.4 note, Failure to participate includes failure to compete honestly with bona fide effort. The situation foreseen in this Note will not apply to Combined events.
- 12 Athletes Selection Trial (Field Events)  
In order to provide a better competition environment for athletes to achieve good result in field events, the maximum number of athletes will be limited to 12. If the number of entries of certain field events exceeds 25, athletes have to be qualified from the Selection Trial in order to enter the competition. The Selection Trial will be held in the [Wednesday evening] before the competition, clubs will be notified about the details of the Trial prior to the event.
- 13 In order to provide sufficient rest time for athletes of distance events, either 5,000m or 10,000m will be held at the competition times of the Selection Trial (Field Events) in the Wednesday evening before the competition, while the other distance event will be held on the official competition dates.
- 14 Roll Call:
  - 13.1 **There will be no announcement for the roll call time.** All athletes must report to the Call Room on time by themselves, officials will escort the reported athletes to the competition area after the End of Call. Athletes who fail to report to the Call Room will be treated as absent and will not be allowed to compete in that event.
  - 13.2 Roll Call Time
 

Track Event	Start of Call	25 minutes before the races
	End of Call	15 minutes before the races
Field Event	Start of Call	45 minutes before the races
	End of Call	35 minutes before the races
  - 13.3 In accordance with the IAAF Rule 143, shoes & spike, number bibs and insignia will be checked by the person-in-charge.
  - 13.4 In accordance with the IAAF Rule 144, video, cassette recorders, radios CD, radio transmitters, mobile phones or any other similar devices, will not be allowed for the athletes to bring them along for the race.
  - 13.5 Relay teams are requested to submit their team lists to the Call Room 1 hour prior to the competition. Any late submission will not be accepted and the team will be disqualified.
- 15 Time Limit: Time Limit for 10,000m will be 45 minutes for Men and 50 minutes for Women. 5,000m will be 23 minutes for Men and 25 minutes for Women.

- 16 A minimum of two entries shall be received for each event to be held. If only one athlete/ one team is reported to the Call Room on the event day, this particular event will be cancelled. Entry fee of the reported athlete will then be refunded after the race.
- 17 IAAF and HKAAA rules will be applied in this competition.
- 18 HKAAA Track & Field Committee reserves the rights to amend and interpret the above rules and regulations.
- 19 Details of the above rules and regulations will be referred to the Chinese Version.