

香港道路競走錦標賽 2006

運動員須知

- 1 比賽日期 : 2006年12月3日(星期日)
- 2 報到時間 : 上午6時30分至7時15分
- 3 報到地點 : 大埔元洲仔公園更衣室前
- 4 起跑時間 : 上午7時30分(壯年及先進組)、上午8時正(青年組)
- 5 比賽距離 : (a) 青年組—約10公里
(b) 高級及先進組—約20公里
- 6 號碼布領取 : 運動員需於賽事當天, 於報到時間內領取號碼布。
- 7 號碼布佩帶 : (a) 號碼布須扣在胸前及背後當眼處, 以便工作人員辨認, 否則本會有權取消其比賽資格。
(b) 號碼布不得轉讓, 如有代賽者, 除取消比賽資格外, 本會亦保留拒絕其參加本會日後比賽的權利。
- 8 比賽服裝 : 參賽者須穿著上衣及短褲作賽, 所穿服裝不得遮掩膝蓋部份。
- 9 行李擺放 : 本會將不設行李擺放區, 並建議運動員不要攜帶貴重物品到場, 如有個人財物遺失, 本會概不負責。
- 10 比賽時限
成績 : 青年組—2小時30分鐘(10公里) 高級及先進組—3小時(20公里)
: 賽事當日將即場公布頒獎名單, 所有成績將於賽事後兩星期內刊載於田總網頁。
- 12 水站 : 大會於賽道設有水站。
- 13 保險 : 大會將為賽事購買第三者保險, 參加者之個人保險須自行負責。
- 14 惡劣天氣 : (a) 如早上5時30分紅色/黑色暴雨或8號熱帶氣旋警告信號仍然生效, 賽事將會取消。
大會則安排退還百分之五十的報名費予參加者。
(b) 賽事日緊急查詢電話, 服務時間為早上5時30分至10時: 9711 1537
- 15 健康提示 : 大會建議參加者於活動當日須留意自己的身體狀況是否適合參加。於活動期間如有任何不適, 請立即向附近的工作人員求助。
- 16 備註 : 大會保留更改以上資料之權利。
- 17 查詢 : 地址: 香港銅鑼灣掃桿埔大球場徑1號奧運大樓2015室
電話: (852) 2504 8215 傳真: (852) 2577 5392
電子郵箱: inquiry@hkaaa.com 網址: <http://www.hkaaa.com>

Hong Kong Road Race Walking Championships 2006 Runners Guide

- 1 Event Date : 3 December 2006 (Sunday)
- 2 Registration Time : 6:30am – 7:15am
- 3 Registration Venue : Yuen Chau Tsai Park, Tai Po (In front of the changing room)
- 4 Starting Time : 7:30am (Senior & Master)
8:00am (Junior)
- 5 Distance : (a) Junior –10km (b) Senior & Master – 20km
- 6 No. Cloth Collection : Athletes should collect their no. cloths by presenting the acceptance letter to the registration counter.
- 7 No. Cloth wearing: : (a) Runners should wear their number cloths in front of their chests and on their back, so the officials can identify their numbers easily, otherwise, the Organizer reserves the right to disqualify athlete who fails to do so.
(a) Number cloths are non transferable. In case of any dishonest behavior, runners will be disqualified and HKAAA reserves the right to reject their future applications for other HKAAA events
- 8 Attire: : Runners must wear tops and shorts (knees cannot be covered) during the competition.
- 9 Baggage Storage : Baggage Storage Area will not be provided, runners are advised not to bring any valuable item on the day. The organizer will not be responsible for any loss of personal property.
- 10 Time Limit : Junior (10km) – 2.5 hours Senior & Master (20km) – 3 hours
- 11 Result : The Prize Presentation lists will be announced on the race day. A full set result will be posted on HKAAA website within 2 weeks after the race.
- 12 Water Station : Water stations will be available on course.
- 13 Insurance : The organizer will cover the Insurance of Public Liability only. Runners should be responsible for their own Personal Accident Insurance.
- 14 Weather : (a) If Red /Black Rainstorm or Tropical Cyclone Signal No. 8 is issued at 5:30am on race day, the race will be cancelled. HKAAA will refund 50% of the entry fee to the participants.
(b) Race day emergency contact number during 5:30 am – 10 am: 9711-1537
- 15 Health Advice : The organizer recommends all participants to monitor their physical condition are fit and capable for participating in the race. In case you are feeling unwell during the race, you should quit immediately and approach our race officials for assistance.
- 16 Remarks : The organizer reserves the right to amend the above information.
- 17 Enquiry : Add : Rm 2015, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, HK
Tel: (852) 2504 8215 Fax: (852) 2577 5392
Email : inquiry@hkaaa.com Website : <http://www.hkaaa.com>

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起點及終點
Start & Finish

急救站 1
First Aid Post 1

水站
Water Station

急救站 2
First Aid Post 2

集合地點
Assembly Area

折回點
Turning Point