



致：各位參賽者

特步香港田徑聯賽 2010—第三回合
運動員選拔賽、男子 10000 米決賽及女子 5000 米決賽

鑑於「特步香港田徑聯賽 2010—第三回合」男女子跳遠項目報名人數眾多，因此，有關項目之參賽者需要參與於 **2010 年 5 月 26 日（星期三）晚上假灣仔運動場**舉行之運動員選拔賽。選拔賽開始時間如下：

組別	項目	開賽日期及時間	晉級資格	地點
男子組	跳遠	26/5/2010 (星期三) 18:30	首 12 名	灣仔運動場
女子組				

- * 選拔賽之檢錄處位於運動場比賽場區。
- * 每名運動員均有 3 次試跳，如其中 1 次已達標，則無需進行餘下之試跳。
- * 如該次選拔賽達標人數不足 12 人，大會將以後繼排名之運動員填補餘額。
- * 如有 2 名或以上之運動員未能達標而最佳成績相同，大會將以該名運動員第二或第三最佳之成績定排名。

請各位已報名參加上述賽事之運動員於上述時間前直接到達比賽場區向該項目之裁判長報到。運動員選拔賽中晉級之運動員將可參加 2010 年 5 月 29-30 日之賽事。敬請留意。

此外，男子 10000 米決賽及女子 5000 米決賽亦會於選拔賽當晚進行，比賽時間如下：

組別	項目	檢錄時間	開賽時間	檢錄地點
男子組	10000 米	開始檢錄： 開賽前 25 分鐘	19:15	灣仔運動場紀錄室
女子組	5000 米	截止檢錄： 開賽前 15 分鐘	20:00	



香港業餘田徑總會
Hong Kong Amateur Athletic Association

E-mail: inquiry@hkaaa.com Website: www.hkaaa.com

To : ALL Participants

Xtep Hong Kong Athletics League 2010 — Round 3
Athletes Selection Round, Men's 10000m Final and Women's 5000m Final

As the number of entries for Long Jump of “Xtep Hong Kong Athletics League 2010—Round 3” exceeded the number stated earlier, athletes' selection round for those events will be held on **Wednesday, 26 May 2010 at Wan Chai Sports Ground.**

Category	Event	Starting Date and Time	Criteria Qualifying	Venue
Men's	Long Jump	26/5/2010 (Wednesday) 18:30	Top 12 Athletes	Wan Chai Sports Ground
Women's				

- * The Roll Call Station is located at the Competition Area.
- * Each athlete shall be allowed with a maximum of 3 trials. Once an athlete has achieved the qualifying standard, there is no need to finish the remaining trials.
- * If there are less than 12 athletes who can meet the qualifying standard, athletes that ranked in preceding positions will fill the places.
- * If there are 2 or more athletes having the same result and at the same time cannot meet the qualifying standard, it shall be resolved by counting the 2nd or 3rd best performance.

Participants of the above events should report to the Chief Judges at competition areas before the starting time of the event. Qualified athletes will be eligible in the competition on 29-30 May 2010.

Besides, Men's 10000m Final and Women's 5000m Final will also be held on 26 May 2010 at the following time:

Category	Event	Roll Call	Starting Time	Roll Call Venue
Men's	10000m	Start of Call: 25 minutes before the race	19:15	Wan Chai Sports Ground Record Keeping Room
Women's	5000m	End of Call: 15 minutes before the race	20:00	

Hong Kong Amateur Athletic Association
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