

香港業餘田徑總會
特步香港田徑聯賽 2010 — 第三回合
通知書及參加者須知

本會現已處理閣下之報名，隨函附上正式收據(郵寄報名)、選拔賽告示及比賽時間表。

注意事項：

1. 此通知書並非正式收據，報名費以正式收據上的資料為準。
2. 由於報名人數比預期為多，比賽時間表上的資料與項目次序表略有不同，請留意比賽時間表上的編排。
3. 賽會建議參加者最少於比賽前一小時到達**將軍澳運動場**，以便領取號碼布及進行熱身運動；號碼布將由學校或屬會代表一併領取，運動員請向學校或屬會代表領取。
4. 各隊伍代表請於報到處領取號碼布並即場點收，如有任何問題請即向報到處的工作人員提出。報到處設於停車場繳費處旁之入口，報到處之開放時間為星期六 **1300-1645** 及星期日 **0730-1550**；號碼布一經發出，賽會將不會代為保管。
5. 運動員請依據比賽時間表及檢錄時間準時到檢錄處點名，如不往檢錄處報到者，一概不得進入比賽範圍及取消該項目比賽資格；檢錄處設於副場通往主場之通道。如因田項及徑項同時進行，參加者須通知田項裁判及填寫請假紙，並親身帶同請假紙往檢錄處點名，完成徑賽項目後，應立即返回田賽場地。

檢錄時間	項目	開始檢錄	截止檢錄
	徑賽 (包括跨欄及接力)		比賽前二十五分鐘
	田賽	比賽前四十五分鐘	比賽前三十五分鐘

6. 時限：10000 米項目男子時限為 45 分鐘及女子時限為 50 分鐘。
5000 米項目男子時限為 23 分鐘及女子時限為 25 分鐘。
7. 運動員將由大會職員帶往比賽場地，其他人任請勿進入比賽場地。
8. 已完成賽事之運動員應盡快離開比賽場地，徑賽項目運動員請於終點旁的賽後控制中心領回衣物。
9. 檢錄及比賽時，參加者必須將號碼布扣在胸前，而同一塊號碼布將在兩日比賽中使用，如須補領，可到檢錄處補領並須即時繳交手續費港幣五十元正。
10. 大會有權於檢錄及比賽時核對運動員之身份。
11. 運動員應在副場熱身。
12. 接力運動員須於比賽開始檢錄前 1 小時將接力隊名單交往檢錄處，逾時遞交將不會獲准出賽。接力名單表格可於檢錄處索取。接力隊成員必須的上衣穿上同色及同款之運動服裝。
13. 運動員於比賽場地請勿使用攝錄機、卡式錄音機、收音機、CD 機、無線電通訊機、手提電話或類似裝備。〈IAAF 第 144.2.2 例〉
14. 將軍澳運動場設有時租運動場。
15. 如開賽前三小時八號熱帶氣旋警告或黑色暴雨警告仍然生效，賽事將會取消；如賽事進行中天氣惡劣，賽會將有可能暫停賽事。
16. 請各參加者及領隊細閱比賽章程及參加者須知。
17. 查詢：電話(2504 8215) / 網址(www.hkaaa.com)

Hong Kong Amateur Athletic Association
Xtep Hong Kong Athletics League 2010 — Round 3
Notice and Athletes' Guide

Please be informed that your application has been accepted, enclosed please find an official receipt (for application by mail only), athletes selection round notice and event time table.

Important Notices:

1. This Notice does not serve as an official receipt. Please refer to the official receipt for details.
2. The enclosed time table has been amended and is different from the tentative one, please study the enclosed time-table carefully.
3. Athletes should arrive the **Tseung Kwan O Sports Ground** 1 hour before the competition to collect number bibs and have warm up exercises. Number bibs should be collected by one Representative of School / Club. Athletes should collect their number bibs from team representatives.
4. Team representatives should collect and check their Number bibs at **Registration Counter** which is located inside the entrance next to the car park shroff. For any discrepancies, please report to the **Registration Counter** immediately. Opening Hours of Registration Counter will be from **1300-1645 on Saturday and 0730-1550 on Sunday**. Athletes should look after their own Number bibs once they have collected them from the Registration Counter.

5. Athletes please follow the time-table and report to **Call Room ON TIME**. Athletes who fail to report to **Call Room** will be disqualified for that event and will not be allowed to enter the Competition Area.

- a) **Call Room** is located at the passage between warm up area and the main sports ground. If Athletes compete in track and field events at the same time, they should inform the field judges and fill in a "Leave Application Form", then report to Roll Call Station in person with the Form for their Track Event. After finishing the track event, athletes should report to the field judges immediately.
- b) Roll Call Time

Event	Start of Call	End of Call
Track Events (Including Hurdles & Relay)	25 minutes before competition	15 minutes before competition
Field Events	45 minutes before competition	35 minutes before competition

6. Time Limit: Time limit for 10000 meters will be 45 minutes for Men and 50 minutes for Women.
Time limit for 5000 meters will be 23 minutes for Men and 25 minutes for Women.
7. All Athletes will be escorted by Official to the Competition Area. Anyone who is not escorted by Officials is not allowed to enter the Competition Area.
8. Athletes should leave the Competition Area immediately after finishing the competition. Athletes of Track Events should reclaim their baggage at the post-event centre.
9. At Roll Call Station and during competition, Athletes should wear their number bibs in the front of their chests properly. The number bibs will be used for two competition days. **Any reprinting will be available at Call Room and will be charged HK\$50 per piece.**
10. The Organizer reserves the right to verify athlete's identity during roll call and competition.
11. Athletes should have their warm up only at Warm Up Area.
12. Relay team lists should be handed to **Roll Call Station** 1 hour before the start of call of the event. Any late submission will not be accepted. Relay Team List form is available at the roll call station. All vests should completely the same within the relay team.
13. **Athletes should not use their video or cassette recorders, radios, CD, radio transmitters, mobile phone or similar devices inside the competition area. (IAAF Rules 144.2.2)**
14. Hourly rated car park is available at the sports ground.
15. The competition will be cancelled if Tropical Cyclone signal No. 8 or Black Rainstorm Warning is in force at 3 hours before the race. The competition will be stopped if there is severe weather during the race.
16. Please study the Regulations and this notice carefully before the competition.
17. Enquiry: Tel. (2504 8215) / website (www.hkaaa.com)