

Hong Kong Inter-City Athletic Championships 2010

10 - 11 July, 2010

Tseung Kwan O Sports Ground, Hong Kong

Women's Open Heptathlon Event 1 : 100m Hurdles 10 July 2010 8:30

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Jackie JOYNER-KERSEE	7291	USA	Seoul	24/09/1988
Asian	Ghada SHOUBA	6942	SYR	Göteborg	26/05/1996
HK All Comer	Nguyễn Thị Thu CÚC	5343	VIE	Hong Kong	11/07/2004
Hong Kong	Sau Ying CHAN	4968	TCAA	Redding	22/05/1993

Women's 100m Hurdles

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Yordanka DONKOVA	12.21	BUL	Stara Zagora	20/08/1988
Asian	Olga SHISHIGINA	12.44	KAZ	Luzern	27/06/1995
HK All Comer	Natalya IVONINSKAYA	13.31	KAZ	Hong Kong	30/05/2009
Hong Kong	Sau Ying CHAN	13.14	KAAA Tea	Walnut	17/04/1994

Rank	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Score
	3	627	MUI KA WAI	梅嘉慧	1995	HKT			
	4	698	CHENG YI TING	鄭伊婷	1996	WAC			
	5	704	LO WING HEI	盧穎熹	1991	WAC			

Women's Open Heptathlon

Event 2 : High Jump

10 July 2010

10:15

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Jackie JOYNER-KERSEE	7291	USA	Seoul	24/09/1988
Asian	Chada SHOUAA	6942	SYR	Gbtzis	26/05/1996
HK All Corner	Nguyễn Thị Thu CÚC	5343	VIE	Hong Kong	11/07/2004
Hong Kong	Sau Ying CHAN	6968	TCAA	Redding	22/05/1993

Women's High Jump

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Stefka KOSTADINOVA	2.09	BUL	Roma	30/08/1987
Asian	Marina AITOVA	1.99	KAZ	Athina (Olympic Stadium)	13/07/2009
HK All Corner	Xingjuan ZHENG	1.91	CHN	Hong Kong	30/05/2009
Hong Kong	Wai Yee FUNG	1.78	HKT	Jakarta	13/06/2008

Rank	Bib No.	Name	姓名	YOB	Team																																			
	627	MUI KA WAI	梅嘉慧	1995	HKT																																			
	704	LO WING HEI	盧穎潔	1991	WAC																																			
	698	CHENG YI TING	鄭伊婷	1996	WAC																																			

Rank	Bib No.	Name	姓名	YOB	Team	Result	Score	After 2 events
	627	MUI KA WAI	梅嘉慧	1995	HKT			
	704	LO WING HEI	盧穎潔	1991	WAC			
	698	CHENG YI TING	鄭伊婷	1996	WAC			

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Women's Open Heptathlon **Event 3 : Shot Put** 10 July 2010 15:00

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Jackie JOYNER-KERSEE	7291	USA	Seoul	24/09/1988
Asian	Ghada SHOUBA	6942	SYR	Göteborg	26/05/1996
HK All Comer	Nguyễn Thị Thu CÚC	5343	VIE	Hong Kong	11/07/2004
Hong Kong	Sau Ying CHAN	4968	TCAA	Redding	22/05/1993

Women's Shot Put

RECORD	Name	PERFORMANCE	NATION	PLACE	DATE
World	Natalya LISOVSKAYA	22.63	URS	Moskva	07/06/1987
Asian	Meisu LI	21.76	CHN	Shijiazhuang	23/04/1988
HK All Comer	Lijiao GONG	18.87	CHN	Hong Kong	30/05/2009
Hong Kong	Elizabeth ELLIOT	13.28	PAC	Hong Kong	13/04/1982

Rank	Bib No.	Name	姓名	YOB	Team	Round 1	Round 2	Round 3	Result	Score	After 3 events
	698	CHENG YI TING	鄭伊婷	1996	WAC						
	627	MUI KA WAI	梅嘉慧	1995	HKT						
	704	LO WING HEI	盧穎熹	1991	WAC						

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Women's Open Heptathlon

Event 4 : 200m

10 July 2010

17:05

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Jackie JOYNER-KERSEE	7291	USA	Seoul	24/09/1988
Asian	Ghada SHOUBA	6942	SYR	Götzis	26/05/1996
HK All Comer	Nguyễn Thị Thu CÚC	5343	VIE	Hong Kong	11/07/2004
Hong Kong	Sau Ying CHAN	4968	TCAA	Redding	22/05/1993

Women's 200m

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Florence GRIFFITH-JOYNER	21.34	USA	Seoul	29/09/1988
Asian	Xuemei LI	22.01	CHN	Shanghai	22/10/1997
HK All Comer	Mei HUANG	23.00	Guangxi	Hong Kong	19/04/1998
Hong Kong	Kin Yee WAN	23.79	HKAT	Xian	16/05/1999

Rank	Lane	Bib No.	Name	姓名	YOB	Team	Result	Score	After 4 events
	3	704	LO WING HEI	盧穎熹	1991	WAC			
	4	627	MUI KA WAI	梅嘉慧	1995	HKT			
	5	698	CHENG YI TING	鄭伊婷	1996	WAC			

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Women's Open Heptathlon **Event 5 : Long Jump** 11 July 2010 11:00

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Jackie JOYNER-KERSEE	7291	USA	Seoul	24/09/1988
Asian	Ghada SHOUAA	6942	SYR	Göteborg	26/05/1996
HK All Comer	Nguyễn Thị Thu CÚC	5343	VIE	Hong Kong	11/07/2004
Hong Kong	Sau Ying CHAN	4968	TCAA	Redding	22/05/1993

Women's Long Jump

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Galina CHISTYAKOVA	7.52	URS	Leningrad	11/06/1988
Asian	Weili YAO	7.01	CHN	Jinan	05/06/1993
HK All Comer	Yan JIN	6.36	Shanghai	Hong Kong	07/07/2002
Hong Kong	Yin HONG	6.09	TCAA	Hong Kong	20/04/1997

Rank	Bib No.	Name	姓名	YOB	Team	Round 1	R-1 WS	Round 2	R-2 WS	Round 3	R-3 WS	Result	Score	After 5 events
	698	CHENG YI TING	鄭伊婷	1996	WAC									
	704	LO WING HEI	盧穎潔	1991	WAC									
	627	MUI KA WAI	梅嘉慧	1995	HKT									

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Women's Open Heptathlon Event 6 : Javelin Throw 11 July 2010 12:30

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Jackie JOYNER-KERSEE	7291	USA	Seoul	24/09/1988
Asian	Ghada SHOUBA	6942	SYR	Göteborg	26/05/1996
HK All Comer	Nguyễn Thị Thu CUC	5343	VIE	Hong Kong	11/07/2004
Hong Kong	Sau Ying CHAN	4968	TCAA	Redding	22/05/1993

Women's Javelin Throw

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Barbora ŠPOTAKOVÁ	72.28	CZE	Stuttgart	13/09/2008
Asian	Li ZHANG	70.42	CHN	Tianjin	06/08/1990
HK All Comer	Yushun CHEN	49.88	CT-A	Hong Kong	10/07/2005
Hong Kong	Wing Tung WU	47.22	WAC	Hong Kong	15/02/2009

Rank	Bib No.	Name	姓名	YOB	Team	Round 1	Round 2	Round 3	Result	Score	After 6 events
	704	LO WING HEI	盧穎熹	1991	WAC						
	698	CHENG YI TING	鄭伊婷	1996	WAC						
	627	MUI KA WAI	梅嘉慧	1995	HKT						

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Women's Open Heptathlon

Event 7 : 800m

11 July 2010

16:00

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Jackie JOYNER-KERSEE	7291	USA	Seoul	24/09/1988
Asian	Ghada SHOUBA	6942	SYR	Göteborg	26/05/1996
HK All Comer	Nguyễn Thị Thu CÚC	5343	VIE	Hong Kong	11/07/2004
Hong Kong	Sau Ying CHAN	4968	TCAA	Redding	22/05/1993

Women's 800m

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Jarmila KRATOCHVÍLOVÁ	1:53.28	TCH	München	26/07/1983
Asian	Dong LIU	1:55.54	CHN	Beijing	09/09/1993
HK All Comer	Margarita MATSKO	2:02.93	KAZ	Hong Kong	30/05/2009
Hong Kong	Yin Yee LI	2:11.92	HKJR Team	Hong Kong	03/11/1996

Rank	Lane	Bib No.	Name	姓名	YOB	Team	Result	Score	After 7 events
	1	627	MUI KA WAI	梅嘉慧	1995	HKT			
	2	698	CHENG YI TING	鄭伊婷	1996	WAC			
	3	704	LO WING HEI	盧穎熹	1991	WAC			