

Men's Senior 100m Heats

First 2 of each heat (Q) plus 2 fastest times (q) qualified

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Usain BOLT	9.56	JAM	Berlin	16/08/2009
Asian	Samuel FRANCIS	9.99	QAT	Amman	26/07/2007
HK All Comer	Chi Ho TSUI	10.28	TCAA	Hong Kong	16/05/2010
Hong Kong	Chi Ho TSUI	10.28	TCAA	Hong Kong	16/05/2010

Men's Senior 100m Heat 1

11 July 2010

10:30

Heat Pos.	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Rmark
1	6	213	TSUI CHI HO	徐志豪	1990	HKT	10.77	-1.9	Q
3	3	108	ZHAO SHENG WEI	趙成威	1989	ZJIANG	10.82	-1.9	Q,10.815
2	4	139	WANG WEN TANG	王文堂	1987	TPE	10.82	-1.9	q,10.815
4	1	196	AMIRRUDIN JAMAL		1987	SIN	10.91	-1.9	10.907
5	7	195	MUHD ELFI MUSTAPA		1987	SIN	10.95	-1.9	10.944
6	5	170	MOHD ZABIDI GHAZALI		1986	MAS	11.01	-1.9	11.010
7	8	214	LEUNG CHUN WAI	梁俊偉	1984	HKT	11.13	-1.9	
8	2	159	NG CHI WAI	伍志偉	1989	MAT	11.84	-1.9	

Men's Senior 100m Heat 2

11 July 2010

10:30

Heat Pos.	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Rmark
1	5	230	LAI CHUN HO	黎振浩	1989	HKT	10.98	-3.2	Q
2	6	136	LIU YUAN KAI	劉元凱	1981	TPE	10.99	-3.2	Q
3	4	138	YI WEI CHEN	易緯鎮	1988	TPE	11.01	-3.2	11.005
4	7	193	GARY YEO		1986	SIN	11.20	-3.2	11.194
5	8	107	ZHONG SHENG	鍾昇	1988	ZJIANG	11.22	-3.2	
6	3	231	LAU YU LEONG	劉宇亮	1986	HKT	11.54	-3.2	
7	2	161	LOU CHI WAI	盧梓維	1986	MAT	12.08	-3.2	
	1	156	PAO HIN FONG	鮑顯峰	1985	MAC	DNS		

Men's Senior 100m Heat 3

11 July 2010

10:30

Heat Pos.	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Rmark
1	5	169	MOHD NOR IMRAN A HADI		1985	MAS	10.76	-1.5	Q
2	3	137	TSAI MENG LIN	蔡孟霖	1978	TPE	10.89	-1.5	Q
3	4	234	TANG YIK CHUN	鄧亦峻	1986	HKT	10.91	-1.5	q,10.905
4	6	202	YIP SIU KEUNG	葉紹強	1987	HKT	10.95	-1.5	10.949
5	7	140	LIANG TSE CHING	梁澤敬	1990	TPE	11.00	-1.5	
6	1	199	UK SHYAM		1976	SIN	11.20	-1.5	
7	8	194	LEE CHENG WEI		1987	SIN	11.28	-1.5	
	2	124	GUO YU HUA	郭玉華	1987	BAT	DNS		

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World	Usain BOLT	9.56	JAM	Berlin	16/08/2009
Asian	Samuel FRANCIS	9.99	QAT	Amman	26/07/2007
HK All Comer	Chi Ho TSUI	10.28	TCAA	Hong Kong	16/05/2010
Hong Kong	Chi Ho TSUI	10.28	TCAA	Hong Kong	16/05/2010

Overall Pos.	Heat Pos.	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Remark
1	1	5	169	MOHD NOR IMRAN A HADI		1985	MAS	10.76	-1.5	Q
2	1	6	213	TSUI CHI HO	徐志豪	1990	HKT	10.77	-1.9	Q
3	3	3	108	ZHAO SHENG WEI	趙成威	1989	ZJIANG	10.82	-1.9	Q,10.815
4	2	3	137	TSAI MENG LIN	蔡孟霖	1978	TPE	10.89	-1.5	Q
5	1	5	230	LAI CHUN HO	黎振浩	1989	HKT	10.98	-3.2	Q
6	2	6	136	LIU YUAN KAI	劉元凱	1981	TPE	10.99	-3.2	Q
7	2	4	139	WANG WEN TANG	王文堂	1987	TPE	10.82	-1.9	q,10.815
8	3	4	234	TANG YIK CHUN	鄧亦峻	1986	HKT	10.91	-1.5	q,10.905
9	4	1	196	AMIRRUDIN JAMAL		1987	SIN	10.91	-1.9	10.907
10	5	7	195	MUHD ELFI MUSTAPA		1987	SIN	10.95	-1.9	10.944
11	4	6	202	YIP SIU KEUNG	葉紹強	1987	HKT	10.95	-1.5	10.949
12	5	7	140	LIANG TSE CHING	梁澤敬	1990	TPE	11.00	-1.5	
13	6	5	170	MOHD ZABIDI GHAZALI		1986	MAS	11.01	-1.9	11.010
14	3	4	138	YI WEI CHEN	易緯鎮	1988	TPE	11.01	-3.2	11.005
15	7	8	214	LEUNG CHUN WAI	梁俊偉	1984	HKT	11.13	-1.9	
16	4	7	193	GARY YEO		1986	SIN	11.20	-3.2	11.194
17	6	1	199	UK SHYAM		1976	SIN	11.20	-1.5	
18	5	8	107	ZHONG SHENG	鍾昇	1988	ZJIANG	11.22	-3.2	
19	7	8	194	LEE CHENG WEI		1987	SIN	11.28	-1.5	
20	6	3	231	LAU YU LEONG	劉宇亮	1986	HKT	11.54	-3.2	
21	8	2	159	NG CHI WAI	伍志偉	1989	MAT	11.84	-1.9	
22	7	2	161	LOU CHI WAI	盧梓維	1986	MAT	12.08	-3.2	
		1	156	PAO HIN FONG	鮑顯峰	1985	MAC	DNS		
		2	124	GUO YU HUA	郭玉華	1987	BAT	DNS		

Men's Senior 100m Final

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Usain BOLT	9.56	JAM	Berlin	16/08/2009
Asian	Samuel FRANCIS	9.99	QAT	Amman	26/07/2007
HK All Comer	Chi Ho TSUI	10.28	TCAA	Hong Kong	16/05/2010
Hong Kong	Chi Ho TSUI	10.28	TCAA	Hong Kong	16/05/2010

Position	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Remark
1	3	213	TSUI CHI HO	徐志豪	1990	HKT	10.63	-1.0	
2	7	137	TSAI MENG LIN	蔡孟霖	1978	TPE	10.70	-1.0	
3	5	230	LAI CHUN HO	黎振浩	1989	HKT	10.75	-1.0	
4	6	169	MOHD NOR IMRAN A HADI		1985	MAS	10.76	-1.0	
5	1	139	WANG WEN TANG	王文堂	1987	TPE	10.79	-1.0	10.788
6	8	136	LIU YUAN KAI	劉元凱	1981	TPE	10.79	-1.0	10.786
7	4	108	ZHAO SHENG WEI	趙成威	1989	ZJIANG	10.80	-1.0	
8	2	234	TANG YIK CHUN	鄧亦峻	1986	HKT	11.00	-1.0	

Men's Junior 100m Heats

First 2 of each heat (Q) plus 2 fastest times (q) qualified

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Darrel BROWN	10.01	TRI	Paris Saint-Denis	24/08/2003
Hong Kong	Chun Ho LAI	10.38	WAC	Hong Kong	01/06/2008

Men's Junior 100m Heat 1

11 July 2010

10:05

Heat Pos.	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Remark
1	3	243	NG KA FUNG	吳家峰	1992	HKT	11.01	-3.0	Q
2	5	242	LI LUT YIN	李律言	1994	HKT	11.36	-3.0	Q
3	4	388	TSU KA CHON	徐嘉駿	1994	WAC	11.68	-3.0	q
4	8	391	WONG HAO KING	黃厚景	1992	WAC	11.81	-3.0	
5	7	262	AU YEUNG CHEUNG YUK	歐陽張煜	1994	HVAA	11.99	-3.0	
6	6	164	SIU KAM HO	蕭錦豪	1992	MAT	12.01	-3.0	
7	2	165	CHU WAI IN	朱偉賢	1994	MAT	12.12	-3.0	

Men's Junior 100m Heat 2

11 July 2010

10:05

Heat Pos.	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Remark
1	6	240	HO PING KWAN	何秉鋸	1993	HKT	11.37	-1.5	Q
2	4	162	AO CHUN HONG	歐振鴻	1991	MAT	11.56	-1.5	Q
3	3	130	CAI ZHI QUN		1992	ZHAI	11.71	-1.5	
4	8	263	TSOI YUN FAI	蔡潤發	1994	HVAA	11.75	-1.5	
5	2	387	TO TSZ KEUNG	杜梓強	1996	WAC	12.02	-1.5	
6	7	318	CHENG WAI PANG	鄭偉鵬	1994	TCAA	12.06	-1.5	
	5	366	CHAN KA MING	陳家銘	1991	WAC	DNS		

Men's Junior 100m Heat 3

11 July 2010

10:05

Heat Pos.	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Remark
1	5	206	KWAN TSZ HIM	關子謙	1992	HKT	11.35	+0.8	Q
2	8	264	LAM WANG CHUN	林宏駿	1994	HVAA	11.53	+0.8	Q
3	6	265	MOK HUNG FAI	莫鴻輝	1992	HVAA	11.58	+0.8	q
4	3	163	CHAN KIN SAN	陳健新	1991	MAT	11.73	+0.8	
5	7	379	LEE HO WING	李浩榮	1994	WAC	11.94	+0.8	
6	2	380	LEE KA HO	李嘉豪	1994	WAC	12.27	+0.8	
7	1	192	BRANDON THAYER		1994	WCE	12.93	+0.8	
	4	261	CHAK SHU FAI	翟樹輝	1992	HVAA	DNS		

Men's Junior 100m Heats Summary

First 2 of each heat (Q) plus 2 fastest times (q) qualified

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Darrel BROWN	10.01	TRI	Paris Saint-Denis	24/08/2003
Hong Kong	Chun Ho LAI	10.38	WAC	Hong Kong	01/06/2008

Overall Pos.	Heat Pos.	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Remark
1	1	3	243	NG KA FUNG	吳家峰	1992	HKT	11.01	-3.0	Q
2	1	5	206	KWAN TSZ HIM	關子謙	1992	HKT	11.35	+0.8	Q
3	2	5	242	LI LUT YIN	李律言	1994	HKT	11.36	-3.0	Q
4	1	6	240	HO PING KWAN	何秉鋸	1993	HKT	11.37	-1.5	Q
5	2	8	264	LAM WANG CHUN	林宏駿	1994	HVAA	11.53	+0.8	Q
6	2	4	162	AO CHUN HONG	歐振鴻	1991	MAT	11.56	-1.5	Q
7	3	6	265	MOK HUNG FAI	莫鴻輝	1992	HVAA	11.58	+0.8	q
8	3	4	388	TSU KA CHON	徐嘉駿	1994	WAC	11.68	-3.0	q
9	3	3	130	CAI ZHI QUN		1992	ZHAI	11.71	-1.5	
10	4	3	163	CHAN KIN SAN	陳健新	1991	MAT	11.73	+0.8	
11	4	8	263	TSOI YUN FAI	蔡潤發	1994	HVAA	11.75	-1.5	
12	4	8	391	WONG HAO KING	黃厚景	1992	WAC	11.81	-3.0	
13	5	7	379	LEE HO WING	李浩榮	1994	WAC	11.94	+0.8	
14	5	7	262	AU YEUNG CHEUNG YUK	歐陽張煜	1994	HVAA	11.99	-3.0	
15	6	6	164	SIU KAM HO	蕭錦豪	1992	MAT	12.01	-3.0	
16	5	2	387	TO TSZ KEUNG	杜梓強	1996	WAC	12.02	-1.5	
17	6	7	318	CHENG WAI PANG	鄭偉鵬	1994	TCAA	12.06	-1.5	
18	7	2	165	CHU WAI IN	朱偉賢	1994	MAT	12.12	-3.0	
19	6	2	380	LEE KA HO	李嘉豪	1994	WAC	12.27	+0.8	
20	7	1	192	BRANDON THAYER		1994	WCE	12.93	+0.8	
		5	366	CHAN KA MING	陳家銘	1991	WAC	DNS		
		4	261	CHAK SHU FAI	翟樹輝	1992	HVAA	DNS		

Men's Junior 100m Final

11 July 2010

16:50

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Usain BOLT	9.69	JAM	Beijing (National Stadium)	16/08/2008
Asian	Samuel FRANCIS	9.99	QAT	Amman	26/07/2007
HK All Comer	Masashi ERIGUCHI	10.36	JPN	Hong Kong	08/07/2007
Hong Kong	Wai Hung Chiang	10.37	HKAAA Team	Tianjin	03/05/2000

Position	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Remark
1	4	243	NG KA FUNG	吳家峰	1992	HKT	10.99	-2.3	
2	5	206	KWAN TSZ HIM	關子謙	1992	HKT	11.31	-2.3	
3	3	242	LI LUT YIN	李律言	1994	HKT	11.32	-2.3	
4	6	240	HO PING KWAN	何秉鋸	1993	HKT	11.35	-2.3	
5	7	264	LAM WANG CHUN	林宏駿	1994	HVAA	11.50	-2.3	
6	2	388	TSU KA CHON	徐嘉駿	1994	WAC	11.68	-2.3	
7	1	265	MOK HUNG FAI	莫鴻輝	1992	HVAA	11.69	-2.3	
8	8	162	AO CHUN HONG	歐振鴻	1991	MAT	11.71	-2.3	

Men's Senior 200m Final

First 2 of each heat (Q) plus 2 fastest times (q) qualified

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Usain BOLT	19.19	JAM	Berlin	20/08/2009
Asian	Shingo SUETSUGU	20.03	JPN	Yokohama	07/06/2003
HK All Comer	Yik Chun TANG	20.94	WAC	Hong Kong	16/04/2005
Hong Kong	Yik Chun TANG	20.94	WAC	Hong Kong	16/04/2005

Men's Senior 200m Heat 1

10 July 2010

10:40

Heat Pos.	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Remark
1	4	234	TANG YIK CHUN	鄧亦峻	1986	HKT	21.46	+1.2	Q
2	6	129	SU PENG FEI	蘇鵬飛	1989	LAAC	21.60	+1.2	Q
3	3	254	NG CHI WAI	吳志偉	1985	HVAA	22.88	+1.2	
4	7	305	CHAN HO WING	陳浩榮	1988	TCAA	22.96	+1.2	
	5	353	CHEUNG PUI LIM	張沛廉	1985	WAC	DNS		

Men's Senior 200m Heat 2

10 July 2010

10:40

Heat Pos.	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Remark
1	4	141	LIU YUNG	劉勇	1985	TPE	21.50	+2.1	Q
2	6	203	LEUNG KI HO	梁祺浩	1988	HKT	21.95	+2.1	Q
3	2	195	MUHD ELFI MUSTAPA		1987	SIN	22.10	+2.1	q
4	5	127	HUO GUANG	霍光	1989	LAAC	22.76	+2.1	
5	7	352	CHAN YIN TO	陳硯濤	1989	WAC	24.08	+2.1	
	3	277	CHAO UN KEI	周遠棋	1982	PAC	DNS		

Men's Senior 200m Heat3

10 July 2010

10:40

Heat Pos.	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Remark
1	3	140	LIANG TSE CHING	梁澤敬	1990	TPE	21.35	+2.2	Q
2	2	194	LEE CHENG WEI		1987	SIN	22.00	+2.2	Q
3	5	109	ZHANG QIAN	張乾	1989	ZJIANG	22.12	+2.2	q
4	6	230	LAI CHUN HO	黎振浩	1989	HKT	22.23	+2.2	
5	4	256	SZETO MAN HO	司徒民浩	1984	HVAA	22.82	+2.2	
6	7	160	WONG CHOK WA	黃焯華	1986	MAT	23.95	+2.2	

Men's Senior 200m Heats Summary

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RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Usain BOLT	19.19	JAM	Berlin	20/08/2009
Asian	Shingo SUETSUGU	20.03	JPN	Yokohama	07/06/2003
HK All Comer	Yik Chun TANG	20.94	WAC	Hong Kong	16/04/2005
Hong Kong	Yik Chun TANG	20.94	WAC	Hong Kong	16/04/2005

Overall Pos.	Heat Pos.	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Remark
1	1	3	140	LIANG TSE CHING	梁澤敬	1990	TPE	21.35	+2.2	Q
2	1	4	234	TANG YIK CHUN	鄧亦峻	1986	HKT	21.46	+1.2	Q
3	1	4	141	LIU YUNG	劉勇	1985	TPE	21.50	+2.1	Q
4	2	6	129	SU PENG FEI	蘇鵬飛	1989	LAAC	21.60	+1.2	Q
5	2	6	203	LEUNG KI HO	梁祺浩	1988	HKT	21.95	+2.1	Q
6	2	2	194	LEE CHENG WEI		1987	SIN	22.00	+2.2	Q
7	3	2	195	MUHD ELFI MUSTAPA		1987	SIN	22.10	+2.1	q
8	3	5	109	ZHANG QIAN	張乾	1989	ZJIANG	22.12	+2.2	q
9	4	6	230	LAI CHUN HO	黎振浩	1989	HKT	22.23	+2.2	
10	4	5	127	HUO GUANG	霍光	1989	LAAC	22.76	+2.1	
11	5	4	256	SZETO MAN HO	司徒民浩	1984	HVAA	22.82	+2.2	
12	3	3	254	NG CHI WAI	吳志偉	1985	HVAA	22.88	+1.2	
13	4	7	305	CHAN HO WING	陳浩榮	1988	TCAA	22.96	+1.2	
14	6	7	160	WONG CHOK WA	黃焯華	1986	MAT	23.95	+2.2	
15	5	7	352	CHAN YIN TO	陳靦濤	1989	WAC	24.08	+2.1	
		5	353	CHEUNG PUI LIM	張沛廉	1985	WAC	DNS		
		3	277	CHAO UN KEI	周遠棋	1982	PAC	DNS		

Men's Senior 200m Final

10 July 2010

17:15

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Usain BOLT	19.19	JAM	Berlin	20/08/2009
Asian	Shingo SUETSUGU	20.03	JPN	Yokohama	07/06/2003
HK All Comer	Yik Chun TANG	20.94	WAC	Hong Kong	16/04/2005
Hong Kong	Yik Chun TANG	20.94	WAC	Hong Kong	16/04/2005

Position	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Remark
1	3	234	TANG YIK CHUN	鄧亦峻	1986	HKT	21.41	-1.4	
2	5	140	LIANG TSE CHING	梁澤敬	1990	TPE	21.49	-1.4	
3	6	129	SU PENG FEI	蘇鵬飛	1989	LAAC	21.67	-1.4	
4	4	141	LIU YUNG	劉勇	1985	TPE	21.79	-1.4	
5	8	203	LEUNG KI HO	梁祺浩	1988	HKT	22.06	-1.4	
6	1	109	ZHANG QIAN	張乾	1989	ZJIANG	22.12	-1.4	
7	7	194	LEE CHENG WEI		1987	SIN	22.30	-1.4	
	2	195	MUHD ELFI MUSTAPA		1987	SIN	DQ		

Men's Junior 200m Heats

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RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Usain BOLT	19.93	JAM	Devonshire	11/04/2004
Hong Kong	Yik Chun TANG	20.94	WAC	Hong Kong	16/04/2005

Men's Junior 200m Heat 1

10 July 2010

10:15

Heat Pos.	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Remark
1	4	266	TSAN WING CHUNG	曾泳聰	1993	HVAA	23.51	+1.4	Q
2	5	163	CHAN KIN SAN	陳健新	1991	MAT	23.83	+1.4	Q
3	2	318	CHENG WAI PANG	鄭偉鵬	1994	TCAA	24.59	+1.4	
	3	366	CHAN KA MING	陳家銘	1991	WAC	DNS		
	6	261	CHAK SHU FAI	翟樹輝	1992	HVAA	DNS		

Men's Junior 200m Heat 2

10 July 2010

10:15

Heat Pos.	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Remark
1	4	207	CHAN YAN LAM	陳胤霖	1994	HKT	22.01	+3.4	Q
2	5	263	TSOI YUN FAI	蔡潤發	1994	HVAA	23.12	+3.4	Q
3	6	379	LEE HO WING	李浩榮	1994	WAC	23.35	+3.4	q
4	3	130	CAI ZHI QUN		1992	ZHAI	23.80	+3.4	
5	2	165	CHU WAI IN	朱偉賢	1994	MAT	24.05	+3.4	
6	7	319	LUK TITIAN	陸子麟	1994	TCAA	25.17	+3.4	

Men's Junior 200m Heat 3

10 July 2010

10:15

Heat Pos.	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Remark
1	4	105	XIE ZHEN YE	謝震業	1993	ZJIANG	21.18	+1.8	Q
2	5	265	MOK HUNG FAI	莫鴻輝	1992	HVAA	22.47	+1.8	Q
3	6	133	JIANG LONG	姜龍	1993	FJCZ	23.26	+1.8	q
4	3	382	LEUNG KING HUNG	梁景雄	1995	WAC	23.43	+1.8	
5	7	262	AU YEUNG CHEUNG YUK	歐陽張煜	1994	HVAA	23.78	+1.8	
6	2	164	SIU KAM HO	蕭錦豪	1992	MAT	23.79	+1.8	

Hong Kong Inter-City Athletic Championships 2010

10 - 11 July, 2010

Tseung Kwan O Sports Ground, Hong Kong

Men's Junior 200m Heats Summary

First 2 of each heat (Q) plus 2 fastest times (q) qualified

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Usain BOLT	19.93	JAM	Devonshire	11/04/2004
Hong Kong	Yik Chun TANG	20.94	WAC	Hong Kong	16/04/2005

Overall Pos.	Heat Pos.	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Remark
1	1	4	105	XIE ZHEN YE	謝震業	1993	ZJIANG	21.18	+1.8	Q
2	1	4	207	CHAN YAN LAM	陳胤霖	1994	HKT	22.01	+3.4	Q
3	2	5	265	MOK HUNG FAI	莫鴻輝	1992	HVAA	22.47	+1.8	Q
4	2	5	263	TSOI YUN FAI	蔡潤發	1994	HVAA	23.12	+3.4	Q
5	3	6	133	JIANG LONG	姜龍	1993	FJCZ	23.26	+1.8	q
6	3	6	379	LEE HO WING	李浩榮	1994	WAC	23.35	+3.4	q
7	4	3	382	LEUNG KING HUNG	梁景雄	1995	WAC	23.43	+1.8	
8	1	4	266	TSAN WING CHUNG	曾泳聰	1993	HVAA	23.51	+1.4	Q
9	5	7	262	AU YEUNG CHEUNG YUK	歐陽張煜	1994	HVAA	23.78	+1.8	
10	6	2	164	SIU KAM HO	蕭錦豪	1992	MAT	23.79	+1.8	
11	4	3	130	CAI ZHI QUN		1992	ZHAI	23.80	+3.4	
12	2	5	163	CHAN KIN SAN	陳健新	1991	MAT	23.83	+1.4	Q
13	5	2	165	CHU WAI IN	朱偉賢	1994	MAT	24.05	+3.4	
14	3	2	318	CHENG WAI PANG	鄭偉鵬	1994	TCAA	24.59	+1.4	
15	6	7	319	LUK TITIAN	陸子麟	1994	TCAA	25.17	+3.4	
		3	366	CHAN KA MING	陳家銘	1991	WAC	DNS		
		6	261	CHAK SHU FAI	翟樹輝	1992	HVAA	DNS		

Men's Junior 200m Final

10 July 2010

17:15

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Usain BOLT	19.93	JAM	Devonshire	11/04/2004
Hong Kong	Yik Chun TANG	20.94	WAC	Hong Kong	16/04/2005

Position	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Remark
1	5	105	XIE ZHEN YE	謝震業	1993	ZJIANG	21.77	-1.3	
2	6	207	CHAN YAN LAM	陳胤霖	1994	HKT	22.54	-1.3	
3	7	133	JIANG LONG	姜龍	1993	FJCZ	22.80	-1.3	
4	2	266	TSAN WING CHUNG	曾泳聰	1993	HVAA	23.30	-1.3	
5	4	265	MOK HUNG FAI	莫鴻輝	1992	HVAA	23.39	-1.3	
6	3	263	TSOI YUN FAI	蔡潤發	1994	HVAA	23.60	-1.3	
7	8	379	LEE HO WING	李浩榮	1994	WAC	23.67	-1.3	
8	1	163	CHAN KIN SAN	陳健新	1991	MAT	23.80	-1.3	

Men's Senior 400m Heats

First 3 of each heat (Q) plus 2 fastest times (q) qualified

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Michael JOHNSON	43.18	USA	Sevilla	26/08/1999
Asian	Mohamed Amer AL-MALKY	44.56	OMA	Budapest	12/08/1988
HK All Comer	Bibin MATHEW	46.76	IND	Hong Kong	30/05/2009
Hong Kong	Ki Ho LEUNG	47.79	HVAA	Hong Kong	02/12/2007

Men's Senior 400m Heat 1

11 July 2010

11:55

Heat Pos.	Lane	Bib No.	Name	姓名	YOB	Team	Result	Remark
1	3	126	SUN YI	孫毅	1988	LAAC	48.76	Q
2	4	172	MOHD ZAIFUL ZAINAL ABIDIN		1982	MAS	49.09	Q
3	6	129	SU PENG FEI	蘇鵬飛	1989	LAAC	49.20	Q
4	8	135	HUANG ZHI HUI	黃智惠	1989	FJAT	49.71	q
5	5	314	CHAN SHUN HONG	陳信匡	1990	TCAA	50.08	q
6	2	312	CHENG CHEUNG CHUN	鄭翔駿	1986	TCAA	55.22	
	7	353	CHEUNG PUI LIM	張沛廉	1985	WAC	DNS	

Men's Senior 400m Heat 2

11 July 2010

11:55

Heat Pos.	Lane	Bib No.	Name	姓名	YOB	Team	Result	Remark
1	6	198	P. YUVARAAJ		1989	MAS	48.50	Q
2	3	128	WANG XIAOLONG	王小龍	1988	LAAC	49.44	Q
3	5	201	CHU WING TAK	朱永德	1984	HKT	50.19	Q
4	1	276	TANG CHUN YIP	鄧駿業	1983	PAC	51.15	
5	2	313	SHIU CHAU PING	邵舟平	1990	TCAA	52.63	
	4	127	HUO GUANG	霍光	1989	LAAC	DNS	
	7	363	NG SAI WAH FELIX	伍世華	1989	WAC	DNS	
	8	361	LEUNG HOI KIT	梁凱傑	1990	WAC	DNS	

Men's Senior 400m Heats Summary

First 3 of each heat (Q) plus 2 fastest times (q) qualified

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Michael JOHNSON	43.18	USA	Sevilla	26/08/1999
Asian	Mohamed Amer AL-MALKY	44.56	OMA	Budapest	12/08/1988
HK All Comer	Bibin MATHEW	46.76	IND	Hong Kong	30/05/2009
Hong Kong	Ki Ho LEUNG	47.79	HVAA	Hong Kong	02/12/2007

Overall Pos.	Heat Pos.	Lane	Bib No.	Name	姓名	YOB	Team	Result	Remark
1	1	6	198	P. YUVARAAJ		1989	MAS	48.50	Q
2	1	3	126	SUN YI	孫毅	1988	LAAC	48.76	Q
3	2	4	172	MOHD ZAIFUL ZAINAL ABIDIN		1982	MAS	49.09	Q
4	3	6	129	SU PENG FEI	蘇鵬飛	1989	LAAC	49.20	Q
5	2	3	128	WANG XIAOLONG	王小龍	1988	LAAC	49.44	Q
6	3	5	201	CHU WING TAK	朱永德	1984	HKT	50.19	Q
7	4	8	135	HUANG ZHI HUI	黃智惠	1989	FJAT	49.71	q
8	5	5	314	CHAN SHUN HONG	陳信匡	1990	TCAA	50.08	q
9	4	1	276	TANG CHUN YIP	鄧駿業	1983	PAC	51.15	
10	5	2	313	SHIU CHAU PING	邵舟平	1990	TCAA	52.63	
11	6	2	312	CHENG CHEUNG CHUN	鄭翔駿	1986	TCAA	55.22	
		7	353	CHEUNG PUI LIM	張沛廉	1985	WAC	DNS	
		4	127	HUO GUANG	霍光	1989	LAAC	DNS	
		7	363	NG SAI WAH FELIX	伍世華	1989	WAC	DNS	
		8	361	LEUNG HOI KIT	梁凱傑	1990	WAC	DNS	

Men's Senior 400m Final

11 July 2010

18:05

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Michael JOHNSON	43.18	USA	Sevilla	26/08/1999
Asian	Mohamed Amer AL-MALKY	44.56	OMA	Budapest	12/08/1988
HK All Comer	Bibin MATHEW	46.76	IND	Hong Kong	30/05/2009
Hong Kong	Ki Ho LEUNG	47.79	HVAA	Hong Kong	02/12/2007

Position	Lane	Bib No.	Name	姓名	YOB	Team	Result	Remark
1	1	135	HUANG ZHI HUI	黃智惠	1989	FJAT	47.37	
2	5	126	SUN YI	孫毅	1988	LAAC	47.66	
3	3	198	P. YUVARAAJ		1989	MAS	47.69	
4	7	129	SU PENG FEI	蘇鵬飛	1989	LAAC	47.91	
5	6	172	MOHD ZAIFUL ZAINAL ABIDIN		1982	MAS	48.25	
6	8	201	CHU WING TAK	朱永德	1984	HKT	49.66	
7	2	314	CHAN SHUN HONG	陳信匡	1990	TCAA	50.37	
	4	128	WANG XIAOLONG	王小龍	1988	LAAC	DNS	

Hong Kong Inter-City Athletic Championships 2010

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Men's Junior 400m Final

11 July 2010

17:55

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Steve LEWIS	43.87	USA	Seoul	28/09/1988
Hong Kong	Ki Ho LEUNG	47.79	HVAA	Hong Kong	02/12/2007

Position	Lane	Bib No.	Name	姓名	YOB	Team	Result	Remark
1	3	133	JIANG LONG	姜龍	1993	FJCZ	48.81	
2	5	245	YEUNG YUE HANG	楊雨衡	1991	HKT	49.37	
3	4	382	LEUNG KING HUNG	梁景雄	1995	WAC	51.14	
4	6	384	SHING KIU FUNG	成喬風	1992	WAC	52.00	
5	7	191	DEREK FREDERE		1993	WCE	55.66	
6	2	192	BRANDON THAYER		1994	WCE	59.64	

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Men's Senior 800m Final

10 July 2010

18:20

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Wilson KIPKETER	1:41.11	DEN	Köln	24/08/1997
Asian	Youssef Saad KAMEL	1:42.79	BRN	Monaco	29/07/2008
HK All Comer	Weifong DING	1:51.20	Dalian	Hong Kong	17/12/1989
Hong Kong	Tat Wai LEUNG	1:52.17	WAC	Hong Kong	18/04/1999

Position	Lane	Bib No.	Name	姓名	YOB	Team	Result	Remark
1	6	247	TSANG HON SING	曾漢聲	1990	HKT	2:02.73	
2	3	398	CHUNG TAK LUN	鍾德焜	1990	ASA	2:04.29	
3	2	278	KWAN CHI HOU	關志濠	1988	PAC	2:05.98	
4	5	397	CHAN KA PO	陳嘉寶	1989	ASA	2:08.58	
5	7	363	NG SAI WAH FELIX	伍世華	1989	WAC	2:18.06	
	4	396	YEUNG CHI WING	楊志榮	1990	ASA	DNS	

Hong Kong Inter-City Athletic Championships 2010

10 - 11 July, 2010

Tseung Kwan O Sports Ground, Hong Kong

Men's Junior 800m Final

10 July 2010

18:05

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Abubaker KAKI	1:42.69	SUD	Oslo (Bislett)	06/06/2008
Hong Kong	Tat Wai LEUNG	1:54.54	HKAAA Team	Bangkok	04/12/1997

Position	Bib No.	Name	姓名	YOB	Team	Result	Remark
1	190	COLTON BERRY		1993	WCE	2:00.09	
2	205	LEE CHO WAI	李祖維	1994	HKT	2:01.23	
3	324	LO CHUN BONG	盧焯邦	1991	TCAA	2:07.25	
4	326	CHUNG MAN KIN	鍾文健	1994	TCAA	2:08.94	
5	336	HO CHO WAI	何祖煒	1993	WAC	2:12.83	
6	370	CHE HEI	車曦	1995	WAC	2:13.19	
7	389	TSUN TSZ HO	秦梓豪	1995	WAC	2:32.51	
	338	LAI WING CHI	黎榮智	1995	WAC	DNS	
	153	TSAI HONG YING	蔡宏瑩	1992	TTUNG	DNS	

Hong Kong Inter-City Athletic Championships 2010

10 - 11 July, 2010

Tseung Kwan O Sports Ground, Hong Kong

Men's Senior 1500m Final

11 July 2010

11:10

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Hicham EL GUERROUJ	3:26.00	MAR	Roma	14/07/1998
Asian	Rashid RAMZI	3:29.14	BRN	Roma	14/07/2006
HK All Comer	Yasuhiro TAGO	3:48.86	JPN	Hong Kong	25/10/2008
Hong Kong	De Vido ROBERTO	3:53.27	HKAAA Team	Guangzhou	23/03/1991

Position	Bib No.	Name	姓名	YOB	Team	Result	Remark
1	142	CHANG CHIA HSING	張家興	1987	TPE	3:56.49	
2	221	GI KA MAN	紀嘉文	1984	HKT	4:12.50	
3	216	WUN YIU CHEONG	溫耀昌	1985	TCAA	4:15.40	
4	279	LEI HANG CHI	李幸志	1985	PAC	4:21.16	
	217	YUEN HO YIN	袁浩然		HKT	4:23.24	Ref
	310	HO KA YIN	何嘉賢	1990	TCAA	DNS	
	396	YEUNG CHI WING	楊志榮	1990	ASA	DNS	
	311	TSE LUNG HIN	謝龍軒	1988	TCAA	DNS	

Men's Junior 1500m Final

11 July 2010

11:00

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Cornelius CHIRCHIR	3:30.24	KEN	Monaco	19/07/2002
Hong Kong	Glen HORTSTEAD	3:53.27	HK Team	Manila	07/03/1972

Position	Bib No.	Name	姓名	YOB	Team	Result	Remark
1	190	COLTON BERRY		1993	WCE	4:15.66	
2	122	CHEN KUAN YU	陳冠宇	1993	MCYHS	4:17.32	
3	117	CHIU SHANG MING	邱上銘	1991	MCYHS	4:23.59	
4	220	CHAN LONG TING	陳朗庭	1994	HKT	4:25.75	
5	205	LEE CHO WAI	李祖維	1994	HKT	4:29.55	
6	227	WONG YUNG CHU	王容儲	1991	HKT	4:35.18	
7	120	CHANG YING HUNG	張盈宏	1991	MCYHS	4:39.18	
8	393	WONG YEUNG WAI	黃揚璋	1992	WAC	4:49.79	
9	335	FONG TSZ LOK	方子樂	1994	WAC	5:05.80	
10	344	WAN HAU CHUNG	溫孝聰	1993	WAC	5:15.78	
11	389	TSUN TSZ HO	秦梓豪	1995	WAC	5:18.73	
	338	LAI WING CHI	黎榮智	1995	WAC	DNS	
	336	HO CHO WAI	何祖煒	1993	WAC	DNS	
	217	YUEN HO YIN	袁浩然	1992	HKT	DNS	
	153	TSAI HONG YING	蔡宏瑩	1992	TTUNG	DNS	
	385	SO MAN HO	蘇文浩	1994	WAC	DNS	
	346	WU WIK HON	胡域瀚	1993	WAC	DNS	

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Men's Open**5000m Final**

11 July 2010

8:40

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Kenenisa BEKELE	12:37.35	ETH	Hengelo	31/05/2004
Asian	Saif Saaed SHAHEEN	12:51.98	QAT	Roma	14/07/2006
HK All Comer	Paul DAVIES-HALE	14:15.94	West Midlands	Hong Kong	28/10/1984
Hong Kong	Andrian TROWELL	14:56.3 H	YMCA	Hong Kong	19/02/1978
Hong Kong Junior	Simon PARSONS	17:47.67	WAC	Hong Kong	17/12/1993

Position	Bib No.	Name	姓名	YOB	Team	Result	Remark
1	181	HWANG JUN SUK	黃俊錫	1983	KOR	15:21.12	
2	248	THOMAS KIPROTICH		1987	HKT	15:41.63	
3	399	CURTIS BARCLAY		1970	ASA	16:54.81	
4	250	CHOI TAT MING	蔡達明	1973	CSRA	16:56.24	
5	341	MAN CHUN HIM	萬進謙	1976	WAC	17:50.06	
6	331	CHAN ARTHUR HOK MAN	陳學文	1996	WAC	18:00.61	
7	330	CHAN AFLRED HOK MAN	陳翰文	1996	WAC	18:00.91	
8	345	WU CHUN FAI	鄔棕輝	1971	WAC	18:39.71	
9	227	WONG YUNG CHU	王容儲	1991	HKT	18:54.95	
	119	LIU PO CHUN	劉柏均	1992	MCYHS	DNF	
	220	CHAN LONG TING	陳朗庭	1994	HKT	DNF	
	282	HA MING YIN	夏銘賢	1991	RRAC	DNS	
	283	POON KING HUNG	潘競雄	1980	SCAA	DNS	
	281	CHENG CHEUK HANG	張卓興	1969	RRAC	DNS	
	235	LAU KIN HANG	劉健享	1991	HKT	DNS	
	344	WAN HAU CHUNG	溫孝聰	1993	WAC	DNS	

Hong Kong Inter-City Athletic Championships 2010

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Tseung Kwan O Sports Ground, Hong Kong

Men's Open 3000m Steeplechase Final 10 July 2010 17:40

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Saif Saaeed SHAHEEN	7:53.63	QAT	Bruxelles	03/09/2004
Asian	Saif Saaeed SHAHEEN	7:53.63	QAT	Bruxelles	03/09/2004
HK All Comer	Rene HERRERA	8:54.85	Patafa	Hong Kong	10/07/2005
Hong Kong	Ted TURNER	9:10.90	HKDRC	Hong Kong	24/04/1982
Hong Kong Junior	David COWAN	9:21.85	PAC	Hong Kong	16/12/1982

Position	Bib No.	Name	姓名	YOB	Team	Result	Remark
1	173	KATHIK JAYARAMAN		1989	MAS	9:40.31	
2	122	CHEN KUAN YU	陳冠宇	1993	MCYHS	10:29.22	
3	343	TANG MAN WAH	鄧敏華	1993	WAC	10:44.95	
4	337	HO HOI TO	何海濤	1977	WAC	10:59.74	
5	235	LAU KIN HANG	劉健享	1991	HKT	11:16.75	
6	338	LAI WING CHI	黎榮智	1995	WAC	11:57.33	
	293	CHAN KA HIN	陳嘉軒	1993	TCAA	DQ	
	335	FONG TSZ LOK	方子樂	1994	WAC	DNF	
	283	POON KING HUNG	潘競雄	1980	SCAA	DNS	
	336	HO CHO WAI	何祖煒	1993	WAC	DNS	
	346	WU WIK HON	胡域瀚	1993	WAC	DNS	
	217	YUEN HO YIN	袁浩然	1992	HKT	DNS	

Men's Senior 110m Hurdles Heats

First 2 of each heat (Q) plus 2 fastest times (q) qualified

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Dayron ROBLES	12.87	CUB	Ostrava	12/06/2008
Asian	Xiang LIU	12.88	CHN	Lausanne	11/07/2006
HK All Comer	Wenjun XIE	13.63	CHN	Hong Kong	30/05/2009
Hong Kong	Hon Sing TANG	14.32	WAC	Hong Kong	06/06/2004

Men's Senior 110m Hurdles Heat 1

11 July 2010

9:30

Heat Pos.	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Remark
1	4	103	YI JING	尹靖	1988	CDSU	14.39	-1.9	Q
2	7	134	ZHANG ZHI XIONG	張志雄	1991	FJAT	14.56	-1.9	Q
3	3	215	LEUNG KA HEI	梁家熙	1986	HKT	14.86	-1.9	q
4	6	362	LO NGAI FUNG	盧倪峰	1987	WAC	15.80	-1.9	
5	2	308	CHEUK WAI YUI	卓惠銳	1987	TCAA	16.70	-1.9	
6	5	258	NG KIM HANG	伍劍恆	1986	HVAA	16.91	-1.9	

Men's Senior 110m Hurdles Heat 2

11 July 2010

9:30

Heat Pos.	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Remark
1	5	166	JAMRAS RITTIDET		1989	THA	14.62	-3.3	Q
2	4	175	MOHD ROHAIZAT JAMIL		1990	MAS	14.85	-3.3	Q
3	3	253	SHUM CHIK LAI	岑植禮	1990	HVAA	15.21	-3.3	q
4	7	286	TSOI CHI SHING	蔡志誠	1989	SCAA	17.34	-3.3	
5	2	309	WONG CHI YEUNG	黃稚陽	1990	TCAA	17.49	-3.3	
	6	349	CHAN KA CHUN	陳嘉駿	1989	WAC	DQ		

Men's Senior 110m Hurdles Heat 3

11 July 2010

9:30

Heat Pos.	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Remark
1	4	143	KO WEN BIN	葛文斌	1984	TPE	14.51	-0.8	Q
2	6	124	GUO YU HUA	郭玉華	1987	BAT	14.96	-0.8	Q
3	3	155	IONG KIM FAI	容儉輝	1989	MAC	15.37	-0.8	
4	5	158	WONG WAI IN	黃偉然	1988	MAT	16.35	-0.8	
5	2	364	TSANG CHI KONG	曾志光	1983	WAC	16.56	-0.8	
6	7	287	WONG CHI YUNG	黃智勇	1990	SCAA	17.01	-0.8	

Men's Senior 110m Hurdles Heats Summary First 2 of each heat (Q) plus 2 fastest times (q) qualified

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Dayron ROBLES	12.87	CUB	Ostrava	12/06/2008
Asian	Xiang LIU	12.88	CHN	Lausanne	11/07/2006
HK All Comer	Wenjun XIE	13.63	CHN	Hong Kong	30/05/2009
Hong Kong	Hon Sing TANG	14.32	WAC	Hong Kong	06/06/2004

Overall Pos.	Heat Pos.	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Remark
1	1	4	103	YI JING	尹靖	1988	CDSU	14.39	-1.9	Q
2	1	4	143	KO WEN BIN	葛文斌	1984	TPE	14.51	-0.8	Q
3	2	7	134	ZHANG ZHI XIONG	張志雄	1991	FJAT	14.56	-1.9	Q
4	1	5	166	JAMRAS RITTIDET		1989	THA	14.62	-3.3	Q
5	2	4	175	MOHD ROHAIZAT JAMIL		1990	MAS	14.85	-3.3	Q
6	3	3	215	LEUNG KA HEI	梁家熙	1986	HKT	14.86	-1.9	q
7	2	6	124	GUO YU HUA	郭玉華	1987	BAT	14.96	-0.8	Q
8	3	3	253	SHUM CHIK LAI	岑植禮	1990	HVAA	15.21	-3.3	q
9	3	3	155	IONG KIM FAI	容儉輝	1989	MAC	15.37	-0.8	
10	4	6	362	LO NGAI FUNG	盧倪峰	1987	WAC	15.80	-1.9	
11	4	5	158	WONG WAI IN	黃偉然	1988	MAT	16.35	-0.8	
12	5	2	364	TSANG CHI KONG	曾志光	1983	WAC	16.56	-0.8	
13	5	2	308	CHEUK WAI YUI	卓惠銳	1987	TCAA	16.70	-1.9	
14	6	5	258	NG KIM HANG	伍劍恆	1986	HVAA	16.91	-1.9	
15	6	7	287	WONG CHI YUNG	黃智勇	1990	SCAA	17.01	-0.8	
16	4	7	286	TSOI CHI SHING	蔡志誠	1989	SCAA	17.34	-3.3	
17	5	2	309	WONG CHI YEUNG	黃稚陽	1990	TCAA	17.49	-3.3	
		6	349	CHAN KA CHUN	陳嘉駿	1989	WAC	DQ		

Men's Senior 110m Hurdles Final

11 July 2010

16:35

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Dayron ROBLES	12.87	CUB	Ostrava	12/06/2008
Asian	Xiang LIU	12.88	CHN	Lausanne	11/07/2006
HK All Comer	Wenjun XIE	13.63	CHN	Hong Kong	30/05/2009
Hong Kong	Hon Sing TANG	14.32	WAC	Hong Kong	06/06/2004

Position	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Remark
1	6	166	JAMRAS RITTIDET		1989	THA	14.02	-0.5	
2	4	103	YI JING	尹靖	1988	CDSU	14.03	-0.5	
3	5	143	KO WEN BIN	葛文斌	1984	TPE	14.35	-0.5	
4	7	175	MOHD ROHAIZAT JAMIL		1990	MAS	14.40	-0.5	
5	3	134	ZHANG ZHI XIONG	張志雄	1991	FJAT	14.43	-0.5	14.421
6	1	124	GUO YU HUA	郭玉華	1987	BAT	14.43	-0.5	14.422
7	8	215	LEUNG KA HEI	梁家熙	1986	HKT	14.99	-0.5	
8	2	253	SHUM CHIK LAI	岑植禮	1990	HVAA	15.45	-0.5	

Men's Junior 110m Hurdles Heats

First 3 of each heat (Q) plus 2 fastest times (q) qualified

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Xiang LIU	13.12	CHN	Lausanne	02/07/2002
Hong Kong	Chik Lai SHUM	14.68	HVAA	Hong Kong	02/11/2008

Men's Junior 110m Hurdles Heat 1

11 July 2010

9:20

Heat Pos.	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Remark
1	6	116	WU CHUN FU	吳駿甫	1991	MCYHS	15.07	-1.9	Q
2	4	260	MUI CHING YEUNG	梅政楊	1993	HVAA	15.63	-1.9	Q
3	2	269	KWONG MING KIN	鄭銘健	1993	KCMC	15.91	-1.9	Q
4	5	383	LUI CHUN YAN	呂俊人	1993	WAC	16.49	-1.9	q
5	3	320	YU KWAN CHING	余君正	1992	TCAA	16.61	-1.9	q

Men's Junior 110m Hurdles Heat 2

11 July 2010

9:20

ACR

Heat Pos.	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Remark
1	4	204	CHAN CHUNG WANG	陳仲泓	1991	HKT	14.98	-0.7	Q
2	3	259	MOCK CHU YUNG	莫珠勇	1992	HVAA	15.82	-0.7	Q
3	6	273	LAW MAN KIN	羅文健	1992	KCMC	16.25	-0.7	Q
4	5	274	NG WAI TAK	吳偉德	1992	KCMC	16.83	-0.7	
	2	321	YU YIU FAI	余耀輝	1992	TCAA	DNS		

Men's Junior 110m Hurdles Heats Summary

First 3 of each heat (Q) plus 2 fastest times (q) qualified

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Xiang LIU	13.12	CHN	Lausanne	02/07/2002
Hong Kong	Chik Lai SHUM	14.68	HVAA	Hong Kong	02/11/2008

Overall Pos.	Heat Pos.	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Remark
	1	4	204	CHAN CHUNG WANG	陳仲泓	1991	HKT	14.98	-0.7	Q
	2	6	116	WU CHUN FU	吳駿甫	1991	MCYHS	15.07	-1.9	Q
	3	4	260	MUI CHING YEUNG	梅政楊	1993	HVAA	15.63	-1.9	Q
	4	3	259	MOCK CHU YUNG	莫珠勇	1992	HVAA	15.82	-0.7	Q
	5	2	269	KWONG MING KIN	鄭銘健	1993	KCMC	15.91	-1.9	Q
	6	6	273	LAW MAN KIN	羅文健	1992	KCMC	16.25	-0.7	Q
	7	5	383	LUI CHUN YAN	呂俊人	1993	WAC	16.49	-1.9	q
	8	3	320	YU KWAN CHING	余君正	1992	TCAA	16.61	-1.9	q
	9	5	274	NG WAI TAK	吳偉德	1992	KCMC	16.83	-0.7	
		2	321	YU YIU FAI	余耀輝	1992	TCAA	DNS		

Men's Junior 110m Hurdles Final

11 July 2010

16:30

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Xiang LIU	13.12	CHN	Lausanne	02/07/2002
Hong Kong	Chik Lai SHUM	14.68	HVAA	Hong Kong	02/11/2008

Position	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Remark
1	4	204	CHAN CHUNG WANG	陳仲泓	1991	HKT	15.08	-3.6	15.075
2	5	116	WU CHUN FU	吳駿甫	1991	MCYHS	15.08	-3.6	15.079
3	7	269	KWONG MING KIN	鄭銘健	1993	KCMC	15.49	-3.6	
4	3	260	MUI CHING YEUNG	梅政楊	1993	HVAA	15.79	-3.6	
5	1	383	LUI CHUN YAN	呂俊人	1993	WAC	16.14	-3.6	
6	6	259	MOCK CHU YUNG	莫珠勇	1992	HVAA	16.24	-3.6	
7	2	320	YU KWAN CHING	余君正	1992	TCAA	16.58	-3.6	
	8	273	LAW MAN KIN	羅文健	1992	KCMC	DNS		

Hong Kong Inter-City Athletic Championships 2010

10 - 11 July, 2010

Tseung Kwan O Sports Ground, Hong Kong

Men's Senior 400m Hurdles Final

10 July 2010

16:45

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Kevin YOUNG	46.78	USA	Barcelona	06/08/1992
Asian	Hadi Soua'an AL-SOMAILY	47.53	KSA	Sydney	27/09/2000
HK All Comer	Jirachai LINGLOM	52.02	THA	Hong Kong	03/07/1999
Hong Kong	Hon Sing TANG	52.06	HKT	Singapore	06/09/2003

Position	Lane	Bib No.	Name	姓名	YOB	Team	Result	Remark
1	6	126	SUN YI	孫毅	1988	LAAC	53.55	
2	4	201	CHU WING TAK	朱永德	1984	HKT	54.31	
3	7	128	WANG XIAOLONG	王小龍	1988	LAAC	55.41	
4	3	359	LAM HIP	林協	1990	WAC	55.86	
5	8	361	LEUNG HOI KIT	梁凱傑	1990	WAC	59.37	
6	5	252	YANG KING HUNG	楊競雄	1987	HVAA	1:00.15	
7	2	309	WONG CHI YEUNG	黃稚陽	1990	TCAA	1:01.04	
8	1	358	KWAN KA HO	關家豪	1989	WAC	1:03.45	

Men's Junior 400m Hurdles Final

10 July 2010

16:35

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Danny HARRIS	46.78	USA	Los Angeles, CA	17/06/1984
Hong Kong	Chun Yu FUNG	54.08	HKT	Chongqing	14/05/2005

Position	Lane	Bib No.	Name	姓名	YOB	Team	Result	Remark
1	6	132	HUANG QI LONG	黃麒龍	1991	FJCZ	51.28	ACR
2	1	123	YU CHIA HSUAN	余嘉軒	1995	MCYHS	54.71	
3	5	269	KWONG MING KIN	鄺銘健	1993	KCMC	58.11	
4	8	400	LAI HO TAT	黎浩達	1993	CGHCAC	58.95	
5	3	218	WONG MAN HONG	黃文康	1992	HKT	1:02.00	
6	2	381	LEE PING HUNG	李秉鴻	1991	WAC	1:03.76	
	4	377	HUI SHIU LUN	許兆舜	1992	WAC	DNS	
	7	367	CHAN MEI YIU	陳美耀	1992	WAC	DNS	

Hong Kong Inter-City Athletic Championships 2010

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Men's Senior 4 X 100m Final

11 July 2010

18:45

RECORD	Team	PERFORMANCE	NATION	PLACE	DATE
World	Jamaica	37.10	JAM	Beijing (National Stadium)	22/08/2008
Asian	Japan	38.03	JPN	Osaka	01/09/2007
HK All Comer	Thailand	39.38	THA	Hong Kong	03/07/1999
Hong Kong	HK Team	39.42	HKT	Bangalore	05/06/2010

Position	Lane	Team	Result	Remark
1	5	TPE	39.30	ACR
2	4	HKT-A	39.41	HKR, HKAAAR
3	3	FJAT	39.50	
4	6	ZJIANG	39.89	
5	7	SIN	40.42	
6	1	HKT-B	40.87	
7	2	TCAA	43.41	
8	8	MAT	45.01	

Men's Junior 4 X 100m Final

11 July 2010

18:25

RECORD	Team	PERFORMANCE	NATION	PLACE	DATE
World	United States Junior	38.66	USA	Grosseto	18/07/2004
Hong Kong	HK JR TEAM	40.51	HK JR TEAM	Jiangxi	29/06/2009
	HK JR TEAM	40.51	HK JR TEAM	Hanoi, Vietnam	04/07/2010

Position	Lane	Team	Result	Remark
1	3	MAT	43.85	
2	6	HVAA	44.51	
3	5	WAC	50.34	
	4	HKT	DNS	

Men's Senior 4 X 400m Final

10 July 2010

18:40

RECORD	Team	PERFORMANCE	NATION	PLACE	DATE
World	United States	2:54.29	USA	Stuttgart	22/08/1993
Asian	Japan	3:00.76	JPN	Atlanta, GA	03/08/1996
HK All Comer	Japan	3:05.20	JPN	Hong Kong	30/05/2009
Hong Kong	WAC	3:16.70	WAC	Hong Kong	28/05/2006

Position	Lane	Team	Result	Remark
1	4	LAAC	3:16.42	
2	5	HKT	3:23.09	
3	3	TCAA	3:31.32	
4	6	WAC	3:33.51	