

Hong Kong Inter-City Athletic Championships 2010

10 - 11 July, 2010

Tseung Kwan O Sports Ground, Hong Kong

**Women's Open Heptathlon**      **Event 1 : 100m Hurdles**      10 July 2010      08:30

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Jackie JOYNER-KERSEE	<b>7291</b>	USA	Seoul	24/09/1988
Asian	Ghada SHOUBA	<b>6942</b>	SYR	Götzis	26/05/1996
HK All Comer	Nguyễn Thi Thu CÚC	<b>5343</b>	VIE	Hong Kong	11/07/2004
Hong Kong	Sau Ying CHAN	<b>4968</b>	TCAA	Redding	22/05/1993

**Women's 100m Hurdles**

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Yordanka DONKOVA	<b>12.21</b>	BUL	Stara Zagora	20/08/1988
Asian	Olga SHISHIGINA	<b>12.44</b>	KAZ	Luzern	27/06/1995
HK All Comer	Natalya IVONINSKAYA	<b>13.31</b>	KAZ	Hong Kong	30/05/2009
Hong Kong	Sau Ying CHAN	<b>13.14</b>	HKAAA Team	Walnut	17/04/1994

Rank	Lane	Bib No.	Name	姓名	YOB	Team	Result	W.S.	Score
1	3	627	MUI KA WAI	梅嘉慧	1995	HKT	<b>19.20</b>	-1.1	<b>372</b>
2	4	698	CHENG YI TING	鄭伊婷	1996	WAC	<b>19.93</b>	-1.1	<b>308</b>
3	5	704	LO WING HEI	盧穎熹	1991	WAC	<b>20.10</b>	-1.1	<b>294</b>

**Women's Open Heptathlon**

**Event 2 : High Jump**

10 July 2010

10:15

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Jackie JOYNER-KERSEE	<b>7291</b>	USA	Seoul	24/09/1988
Asian	Ghada SHOUAA	<b>6942</b>	SYR	Götzis	26/05/1996
HK All Comer	Nguyễn Thi Thu CÚC	<b>5343</b>	VIE	Hong Kong	11/07/2004
Hong Kong	Sau Ying CHAN	<b>6968</b>	TCAA	Redding	22/05/1993

**Women's High Jump**

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Stefka KOSTADINOVA	<b>2.09</b>	BUL	Roma	30/08/1987
Asian	Marina AITOVA	<b>1.99</b>	KAZ	Athina (Olympic Stadium)	13/07/2009
HK All Comer	Xingjuan ZHENG	<b>1.91</b>	CHN	Hong Kong	30/05/2009
Hong Kong	Wai Yee FUNG	<b>1.78</b>	HKT	Jakarta	13/06/2008

Rank	Bib No.	Name	姓名	YOB	Team	1.10			1.15			1.18			1.21			1.24			1.27		
1	704	LO WING HEI	盧穎熹	1991	WAC	O			O			-			-			O			O		
2	627	MUI KA WAI	梅嘉慧	1995	HKT	O			X	O		X	X	O	X	X	X						
3	698	CHENG YI TING	鄭伊婷	1996	WAC	X	O		X	O		X	X	O	X	X	X						

Rank	Bib No.	Name	姓名	YOB	Team	1.30			1.33			1.36			1.39			1.42			1.45			Result	Score	After 2 events
1	704	LO WING HEI	盧穎熹	1991	WAC	O			O			O			O			O			X	X	X	1.42	534	828
2	627	MUI KA WAI	梅嘉慧	1995	HKT																			1.18	293	665
3	698	CHENG YI TING	鄭伊婷	1996	WAC																			1.18	293	601

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**Women's Open Heptathlon**

**Event 3 : Shot Put**

10 July 2010

15:00

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Jackie JOYNER-KERSEE	<b>7291</b>	USA	Seoul	24/09/1988
Asian	Ghada SHOUBA	<b>6942</b>	SYR	Götzis	26/05/1996
HK All Comer	Nguyễn Thi Thu CÚC	<b>5343</b>	VIE	Hong Kong	11/07/2004
Hong Kong	Sau Ying CHAN	<b>4968</b>	TCAA	Redding	22/05/1993

**Women's Shot Put**

RECORD	Name	PERFORMANCE	NATION	PLACE	DATE
World	Natalya LIISOVSKAYA	<b>22.63</b>	URS	Moskva	07/06/1987
Asian	Meisu LI	<b>21.76</b>	CHN	Shijiazhuang	23/04/1988
HK All Comer	Lijiao GONG	<b>18.87</b>	CHN	Hong Kong	30/05/2009
Hong Kong	Elizabeth ELLIOT	<b>13.28</b>	PAC	Hong Kong	13/04/1982

Rank	Bib No.	Name	姓名	YOB	Team	Round 1	Round 2	Round 3	Result	Score	After 3 events
1	704	LO WING HEI	盧穎熹	1991	WAC	7.04	X	X	<b>7.04</b>	<b>338</b>	<b>1166</b>
2	627	MUI KA WAI	梅嘉慧	1995	HKT	6.24	<b>6.20</b>	6.83	<b>6.83</b>	<b>324</b>	<b>989</b>
3	698	CHENG YI TING	鄭伊婷	1996	WAC	4.83	5.17	4.92	<b>5.17</b>	<b>219</b>	<b>820</b>

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**Women's Open Heptathlon****Event 4 : 200m**

10 July 2010

17:05

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Jackie JOYNER-KERSEE	<b>7291</b>	USA	Seoul	24/09/1988
Asian	Ghada SHOUAA	<b>6942</b>	SYR	Götzis	26/05/1996
HK All Comer	Nguyễn Thi Thu CÚC	<b>5343</b>	VIE	Hong Kong	11/07/2004
Hong Kong	Sau Ying CHAN	<b>4968</b>	TCAA	Redding	22/05/1993

**Women's 200m**

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Florence GRIFFITH-JOYNER	<b>21.34</b>	USA	Seoul	29/09/1988
Asian	Xuemei LI	<b>22.01</b>	CHN	Shanghai	22/10/1997
HK All Comer	Mei HUANG	<b>23.00</b>	Guangxi	Hong Kong	19/04/1998
Hong Kong	Kin Yee WAN	<b>23.79</b>	HKAT	Xian	16/05/1999

W.S.: -2.3

Rank	Lane	Bib No.	Name	姓名	YOB	Team	Result	Score	After 4 events
1	3	704	LO WING HEI	盧穎熹	1991	WAC	<b>28.44</b>	<b>597</b>	<b>1763</b>
2	4	627	MUI KA WAI	梅嘉慧	1995	HKT	<b>30.18</b>	<b>470</b>	<b>1459</b>
3	5	698	CHENG YI TING	鄭伊婷	1996	WAC	<b>31.52</b>	<b>381</b>	<b>1201</b>

**Women's Open Heptathlon**

**Event 5 : Long Jump**

11 July 2010 11:00

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Jackie JOYNER-KERSEE	<b>7291</b>	USA	Seoul	24/09/1988
Asian	Ghada SHOUBA	<b>6942</b>	SYR	Götzis	26/05/1996
HK All Comer	Nguyễn Thi Thu CÚC	<b>5343</b>	VIE	Hong Kong	11/07/2004
Hong Kong	Sau Ying CHAN	<b>4968</b>	TCAA	Redding	22/05/1993

**Women's Long Jump**

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Galina CHISTYAKOVA	<b>7.52</b>	URS	Leningrad	11/06/1988
Asian	Weili YAO	<b>7.01</b>	CHN	Jinan	05/06/1993
HK All Comer	Yan JIN	<b>6.36</b>	Shanghaishi	Hong Kong	07/07/2002
Hong Kong	Yin HONG	<b>6.09</b>	TCAA	Hong Kong	20/04/1997

Rank	Bib No.	Name	姓名	YOB	Team	Round 1	R-1 WS	Round 2	R-2 WS	Round 3	R-3 WS	Result	Score	After 5 events
1	627	MUI KA WAI	梅嘉慧	1995	HKT	4.26	<b>+0.3</b>	4.18	<b>+1.8</b>	4.37	+0.5	<b>4.37</b>	<b>396</b>	<b>1855</b>
2	704	LO WING HEI	盧穎熹	1991	WAC	4.02	<b>+1.6</b>	X		X		<b>4.02</b>	<b>312</b>	<b>2075</b>
3	698	CHENG YI TING	鄭伊婷	1996	WAC	X		X		3.48	+2.7	<b>3.48</b>	<b>196</b>	<b>1397</b>

**Women's Open Heptathlon****Event 6 : Javelin Throw** 11 July 2010 12:30

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Jackie JOYNER-KERSEE	<b>7291</b>	USA	Seoul	24/09/1988
Asian	Ghada SHOUBA	<b>6942</b>	SYR	Götzis	26/05/1996
HK All Comer	Nguyễn Thị Thu CÚC	<b>5343</b>	VIE	Hong Kong	11/07/2004
Hong Kong	Sau Ying CHAN	<b>4968</b>	TCAA	Redding	22/05/1993

**Women's Javelin Throw**

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Barbora ŠPOTÁKOVÁ	<b>72.28</b>	CZE	Stuttgart	13/09/2008
Asian	Li ZHANG	<b>70.42</b>	CHN	Tianjin	06/08/1990
HK All Comer	Yushun CHEN	<b>49.88</b>	CT-A	Hong Kong	10/07/2005
Hong Kong	Wing Tung WU	<b>47.22</b>	WAC	Hong Kong	15/02/2009

Rank	Bib No.	Name	姓名	YOB	Team	Round 1	Round 2	Round 3	Result	Score	After 6 events
1	704	LO WING HEI	盧穎熹	1991	WAC	X	X	17.99	<b>17.99</b>	<b>252</b>	<b>2327</b>
2	627	MUI KA WAI	梅嘉慧	1995	HKT	12.92	<b>15.05</b>	12.08	<b>15.05</b>	<b>198</b>	<b>2053</b>
3	698	CHENG YI TING	鄭伊婷	1996	WAC	X	<b>8.81</b>	13.74	<b>13.74</b>	<b>174</b>	<b>1571</b>

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**Women's Open Heptathlon**

**Event 7 : 800m**

11 July 2010

16:00

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Jackie JOYNER-KERSEE	<b>7291</b>	USA	Seoul	24/09/1988
Asian	Ghada SHOUBA	<b>6942</b>	SYR	Götzis	26/05/1996
HK All Comer	Nguyễn Thi Thu CUC	<b>5343</b>	VIE	Hong Kong	11/07/2004
Hong Kong	Sau Ying CHAN	<b>4968</b>	TCAA	Redding	22/05/1993

**Women's 800m**

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Jarmila KRATOCHVÍLOVÁ	<b>1:53.28</b>	TCH	München	26/07/1983
Asian	Dong LIU	<b>1:55.54</b>	CHN	Beijing	09/09/1993
HK All Comer	Margarita MATSKO	<b>2:02.93</b>	KAZ	Hong Kong	30/05/2009
Hong Kong	Yin Yee LI	<b>2:11.92</b>	HKJR Team	Hong Kong	03/11/1996

Rank	Lane	Bib No.	Name	姓名	YOB	Team	Result	Score	After 7 events
1	3	704	LO WING HEI	盧穎熹	1991	WAC	<b>2:32.37</b>	<b>663</b>	<b>2990</b>
2	1	627	MUI KA WAI	梅嘉慧	1995	HKT	<b>2:51.25</b>	<b>451</b>	<b>2504</b>
3	2	698	CHENG YI TING	鄭伊婷	1996	WAC	<b>2:58.15</b>	<b>383</b>	<b>1954</b>

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## Women's Open Heptathlon Summary

RECORD	NAME	PERFORMANCE	NATION	PLACE	DATE
World	Jackie JOYNER-KERSEE	<b>7291</b>	USA	Seoul	24/09/1988
Asian	Ghada SHOUAA	<b>6942</b>	SYR	Götzis	26/05/1996
HK All Comer	Nguyễn Thi Thu CÚC	<b>5343</b>	VIE	Hong Kong	11/07/2004
Hong Kong	Sau Ying CHAN	<b>4968</b>	TCAA	Redding	22/05/1993

Rank	Bib No.	Name	姓名	YOB	Team	100mH	High Jump	Shot Put	200m	Long Jump	Javelin	800m	Total
1	704	LO WING HEI	盧穎熹	1991	WAC	294	534	338	597	312	252	663	<b>2990</b>
2	627	MUI KA WAI	梅嘉慧	1995	HKT	372	293	324	470	396	198	451	<b>2504</b>
3	698	CHENG YI TING	鄭伊婷	1996	WAC	308	293	219	381	196	174	383	<b>1954</b>

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