



## Hong Kong Athletic Team - Notice

### 香港田徑隊 – 通告

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To: All HKAT Members

#### **Standard Chartered Hong Kong Marathon (28 February 2010) Advices for athletes**

The following advices will help you to avoid infringement of any Technical Rules that render athletes liable to disqualification.

##### **Rule 144.2.(a) - Assistance to Athletes**

- Pacing in races by persons not participating in the same race, by athletes lapped or about to be lapped or by any kind of technical device.

##### **Rule 240.8.(f) – Drinking/Sponging and Refreshment Stations**

- An athlete who collects refreshment from a place other than the refreshment stations renders himself liable to disqualification.

Further information about these rules can be found in the attached documents. And more competition rules can be obtained from the website of the International Association of Athletics Federations (IAAF).

[http://www.iaaf.org/mm/Document/AboutIAAF/Publications/05/47/80/20091027085725\\_httpostedfile\\_CompRules-BAT\\_17164.pdf](http://www.iaaf.org/mm/Document/AboutIAAF/Publications/05/47/80/20091027085725_httpostedfile_CompRules-BAT_17164.pdf)

Should you have any enquiry, please contact us at 25048215.

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