

## ALL COMERS RECORDS

MEN						
EVENT	PERF.	WS	ATHLETE	CLUB/TEAM	PLACE	DATE
<b>OLYMPIC EVENTS</b>						
100M	10.28	+1.3	TSUI CHI HO 徐志豪	TCAA	HONG KONG	16-May-2010
200M	20.94	+0.6	TANG YIK CHUN 鄧亦峻	WAC	HONG KONG	16-Apr-2005
400M	46.76		MATHEW BIBIN	INDIA	HONG KONG	30-May-2009
400M	46.76		LIU XIAOSHENG 劉孝生	CHINA	HONG KONG	30-May-2009
800M	1:51.20		DING WEIFONG	DAILIAN		17-Dec-1989
1500M	3:48.86		TAGO YASUHIRO 田子康宏	JAPAN		25-Oct-2008
5000M	14:15.94		PAUL DAVIES-HALE	WEST MIDLANDS		28-Oct-1984
10,000M	31:00.77		TED TURNER	HKDRC		25-Mar-1982
110M HURDLES	13.63	+0.3	XIE WENJUM 謝文駿	CHINA	HONG KONG	30-May-2009
400M HURDLES	51.28		HUANG QI LONG 黃麒龍	FJCZ	HONG KONG	10-Jul-2010
3000M SC	8:54.85		RENE HERRERA	PATAFA	HONG KONG	10-Jul-2005
HIGH JUMP	2.28M		ZASSIMOVICH SERGEY	KAZAKHSTAN	HONG KONG	30-May-2009
POLE VAULT	5.21M		ZHANG HONGWEI 張宏偉	81 ATHLETIC TEAM		09-Jul-2000
LONG JUMP	8.16M		WANG CHENG 王成	CHONG QING	HONG KONG	09-Jul-2000
TRIPLE JUMP	16.97M		KIM DEOK- HYUN	KOREA	HONG KONG	30-May-2009
SHOT PUT	19.11M		CHANG MING HUANG 張銘煌	TAIPEI	HONG KONG	30-May-2009
DISCUS	57.86M		LI SHAO JIE	CHINA		13-Nov-1993
HAMMER	69.22M		YE KUIGANG 葉奎剛	81 ATHLETIC TEAM		09-Jul-2000
JAVELIN	81.75M		LI RONGXIANG 李榮祥	ZHEJIANG	HONG KONG	06-Oct-2001
DECATHLON	6844PTS		BUI VAN HA	VIETNAM		11-Jul-2004
			(11.27, 6.49M, 10.98M, 1.92M, 50.60, 15.24, 32.32M, 4.20M, 47.36M, 4:35.38)			
20KM WALK	1:37:11		TSE CHUN HUNG 謝振雄	HKT	HONG KONG	22-Nov-2009
50KM WALK	5:52:35		BILL PURVES 裨行太保	HKLRRRC		20-Feb-1993
4X100M RELAY	39.30		CHINESE TAIPEI TRACK AND FIELD ASSOCIATION	TAIPEI		11-Jul-2010
4X400M RELAY	3:05.20		YOSHIHIRO HIRIGOME 堀籠佳宏 YUZO KANEMARU 金丸祐三 HIDEYUKI HIROSE 廣瀬英行 KENJI FUJIMITSU 藤光謙司	JAPAN	HONG KONG	30-May-2009

**BEST PERFORMANCE**

MARATHON	2:13:09		WOLASHE BELAY	ETHIOPIA		22-Feb-1998
<b>HONG KONG RECORDS OR BEST PERFORMANCE IN OTHER EVENTS</b>						
MILE	3:59.44		ANTHONY WHITEMAN	BRITAIN		22-Oct-1995
3000M	8:07.22		SURENDER SINGH	INDIA		30-May-2009
10KM	30:19		EDUARODO BUENAVISTA	PHILIPPINES		10-Mar-2002
15KM	0:50:17		CHAN KA HO 陳家豪		HONG KONG	09-Nov-2008
15KM	0:50:17		STEFANO PASSARELLO		HONG KONG	09-Nov-2008
HALF-MARATHON	1:07:42		THOMAS KIPROTICH	ASA	HONG KONG	30-Nov-2008
3000M WALK	13:53.15		ZHANG HONG	SHENZHEN		07-Jul-2002
5000M WALK	23:25.35		TSE CHUN HUNG 張鴻	SHTB	HONG KONG	01-Jun-2008
10000M WALK	50:07.96		TSE CHUN HUNG 謝振雄	SHTB	HONG KONG	07-Jul-2007
4X200M RELAY	1:26.11		SZETO MAN HO, 司徒民浩 CHU WING TAK, 朱永德 YIP SIU KEUNG, 葉紹強 LEUNG KI HO, 梁祺浩	HVAA	HONG KONG	16-May-2010
4X800M RELAY	7:59.79		SO HOI NAM 蘇凱男 WONG KAI TUNG 黃啓東 WONG KIN ON 黃健安 LEUNG TAT WAI 梁達威	WAC		27-May-2000
4X1500M RELAY	16:55.28		LAU TAK LUNG 劉德龍 TAM HO YAN 譚浩恩 MAN SIU KIT 文少杰 GI KA MAN 紀嘉文	WAC	HONG KONG	03-May-2009

## ALL COMERS RECORDS

WOMEN						
EVENT	PERF.	WS	ATHLETE	CLUB/TEAM	PLACE	DATE
<b>OLYMPIC EVENTS</b>						
100M	11.19	+1.9	YAN JIAN KUI 嚴劍葵	GUANGXI		20-Apr-1998
200M	23.00	+1.0	HUANG MEI 黃梅	GUANGXI		19-Apr-1998
400M	53.25		HUANG XIAOXIAO 黃瀟瀟	CHINA	HONG KONG	30-May-2009
800M	2:02.93		MATSKO MARGARITA	KAZAKHSTAN	HONG KONG	30-May-2009
1500M	4:14.74		MA LING LING	CHINA		13-Nov-1993
5000M	17:02.95		CHAN MAN YEE MAGGIE 陳敏儀	WAC		13-Jul-1997
10000M	38:09.55		LEE HONG HA	KOR	HONG KONG	06-Jul-2008
100M HURDLES	13.31	+0.1	IVONINSKAYA NATALYA	KAZAKHSTAN	HONG KONG	30-May-2009
400M HURDLES	58.47		CHEN MEI LI 陳美麗	FJCZ	HONG KONG	10-Jul-2010
HIGH JUMP	1.91M		ZHENG XINGJUAN 鄭幸娟	CHINA	HONG KONG	30-May-2009
POLE VAULT	3.80M		LE THI PHOUNG	VIETNAM		11-Jul-2004
LONG JUMP	6.36M	+1.9	JIN YAN 金燕	SHANGHAISHI		07-Jul-2002
TRIPLE JUMP	14.25M	+1.6	XIE LIMEI 謝蕊梅	CHINA	HONG KONG	30-May-2009
SHOT PUT	18.87M		GONG LIJIAO 巩立姝	CHINA	HONG KONG	30-May-2009
DISCUS	62.91M		SONG AIMIN 宋愛民	CHINA	HONG KONG	30-May-2009
HAMMER	62.69M		MUROFUSHI YUKA 室伏由佳	JAPAN	HONG KONG	25-Oct-2008
JAVELIN	49.88M		CHEN YU SHIUN 陳瑀薰	CT-A	HONG KONG	10-Jul-2005
HEPTATHLON	5343PTS		NGUYEN THI THU CUC	VIETNAM		11-Jul-2004
			(14.80, 1.71M, 10.76M, 25.58, 5.80M, 33.67M, 2:17.35)			
20KM WALK	1:59:55		NG SAU MAN 吳秀雯	HKT	HONG KONG	22-Nov-2009
4X100M RELAY	44.05		SUNGWAN JAKSUNIN ORRANUCH KLOMDEE TASSAPORN WANNAKIJ NONENTUCH SANRAJ	THAILAND	HONG KONG	30-May-2009
4X400M RELAY	3:43.85		HUANG MEI LI XIU HUA WANG YUAN ZHOU WEI	CHINA		13-Nov-1993

**BEST PERFORMANCE**

MARATHON	2:33:43		BOGACHOVA IRINA	KYRGZSTAN		04-Feb-2001
<b>HONG KONG RECORDS OR BEST PERFORMANCE IN OTHER EVENTS</b>						
MILE	4:58.91		CHAN MAN YEE MAGGIE 陳敏儀	WAC		09-Dec-1994
3000M	9:15.42		WANG XIAO XIA	CHINA		14-Nov-1993
10KM	34:25		CHAN MAN YEE MAGGIE 陳敏儀	WAC		03-Jan-1999
15KM	58:46		GIOVANNA WHITE		HONG KONG	14-Nov-2004
HALF-MARATHON	1:15:11		TEGLA LOROUPE	KENYA	HONG KONG	27-Feb-2005
3000M WALK	17:14.27		MARGARET BROOKE	AVOHK		24-Oct-1992
5000M WALK	25:31.74		LO PO MAN 盧譜文	SCAA	HONG KONG	01-Jun-2008
10000M WALK	58:44		LO PO MAN 盧譜文	SCAA	HONG KONG	09-Dec-2007
4X200M RELAY	1:43.59		LEUNG HIU YEE 梁曉儀 CHENG KA YU 鄭嘉瑜 HUI MAN LING 許文玲 LEUNG HAU SZE 梁巧詩	WAC	HONG KONG	07-May-2006
4X800M RELAY	9:40.67		CHOI YAN YIN 蔡欣妍 CHAN CHI YAN 陳芷欣 CHUNG MAN TUNG 鍾敏彤 YIU KIT CHING 姚潔貞	PAC	HONG KONG	16-May-2010
4X1500M RELAY	20:34.09		CHAN YEE KI 陳綺琪 NG HEI MAN 吳希雯 FNA SUI PING 范瑞萍 CHEUNG HOI WAH 蔣凱華	WAC	HONG KONG	03-May-2009