

Latest Hong Kong Age Group Record

GIRLS	A1	A2	B	C	D	WIND	ATHLETE	CHI	CLUB/TEAM	YOB	DATE
60M				7.80		+1.6	LEUNG HAU SZE	梁巧詩	WAC	90	09-Oct-04
60M					8.39	+0.7	CHU HIU YUNG	朱曉彤	HVAA	97	6-Dec-08
					8.39	+1.7	POON HANG WEI	潘幸慧	PAC	98	10-Oct-09
100M	12.26					+1.8	FONG YEE PUI	方綺蓓	HVAA	91	11-Oct-09
100M		12.30				+1.3	LEUNG HAU SZE	梁巧詩	WAC	91	21-Jan-07
100M			12.29			+1.5	LEUNG HAU SZE	梁巧詩	WAC	91	29-Oct-06
100M				12.52		-0.4	LEUNG HAU SZE	梁巧詩	WAC	90	10-Oct-04
100M					13.40	+1.6	LEE MING YAN JACQUELINE	李明昕	WAC	96	25-Nov-07
200M	25.26					+1.5	FONG YEE PUI	方綺蓓	HVAA	91	10-Oct-09
200M		25.20				+0.3	LEUNG HAU SZE	梁巧詩	WAC	91	20-Jan-07
200M			24.89			+1.6	LEUNG HAU SZE	梁巧詩	WAC	91	28-Oct-06
200M				25.40		+1.4	LEUNG HAU SZE	梁巧詩	WAC	91	09-Oct-04
200M					27.70	+1.5	POON HANG WEI	潘幸慧	PAC	98	10-Oct-09
400M	59.46						FONG YEE PUI	方綺蓓	HVAA	91	25-Nov-07
400M		58.19					LAM KA IM	林嘉艷	PAC	92	11-Oct-09
400M			59.38				LEUNG HAU SZE	梁巧詩	WAC	91	06-Nov-05
400M				1:01.38			LAM SAU YUK	林秀玉	WAC	95	07-Dec-08
800M	2:25.73						CHAN SIN HUNG	陳偉紅	WAC	91	10-Oct-09
800M		2:16.42					LO WING HEI	盧穎熹	WAC	91	20-Jan-07
800M			2:15.89				LO WING HEI	盧穎熹	WAC	91	14-Jan-06
800M				2:21.92			LO WING HEI	盧穎熹	WAC	91	09-Oct-04
1500M	4:52.05						YIU KIT CHING	姚潔貞	PAC	88	14-Oct-07
1500M		4:53.78					LO WING HEI	盧穎熹	WAC	91	13-Jan-08
1500M			4:57.30				LO WING HEI	盧穎熹	WAC	91	29-Oct-06
			4:52.8(H)				LO WING HEI	盧穎熹	WAC	91	10-Dec-06
1500M				5:01.30			CHAN YEE KI	陳綺琪	WAC	96	11-Oct-09
5000M	18:39.32						YIU KIT CHING	姚潔貞	PAC	88	13-Oct-07
5000M		19:36.30					NG HEI MAN	吳希雯	WAC	90	28-Oct-06
100MH	0.84	14.53				0.8	WONG WING SUM	王穎芯	WAC	89	25-Nov-07
100MH	0.762		14.71			+1.3	LEUNG HIU YEE	梁曉儀	WAC	90	29-Oct-06
100MH	0.762			14.96		+1.1	LEUNG HIU YEE	梁曉儀	WAC	90	06-Nov-05
100MH	0.762				16.65	-0.4	HUI CHEUK YEE	許焯怡	WAC	94	14-Oct-07
400MH	0.76	1:06.25					LEUNG ELEANA	梁穎瑜	HVAA		04-Nov-00
400MH	0.762		1:07.36				KWOK CHING YIN	郭靜然	WAC	90	13-Oct-07
4X100M		50.86					WAC		WAC		14-Oct-01
4X100M			49.96				WAC		WAC		20-Jan-07
4X100M				49.08			WAC		WAC		29-Oct-06
4X100M					50.44		WAC		WAC		10-Oct-04
4X100M						54.23	PAC		PAC		24-Nov-07
4X400M	4:18.18						PAC		PAC		28-Mar-04
4X400M		4:18.76					PAC		PAC		06-Nov-05
4X400M			4:06.36				WAC		WAC		06-Nov-05
4X400M				4:19.54			WAC-A		WAC		28-Mar-04
HJ	1.69						LAM LAI SHAN	林驪珊	TCAA	88	09-Dec-06
HJ		1.75					FUNG WAI YEE	馮惠儀	TCAA	94	24-Oct-10
HJ			1.70				FUNG WAI YEE	馮惠儀	TCAA	94	12-Oct-08
HJ				1.66			FUNG WAI YEE	馮惠儀	TCAA	94	25-Nov-07
HJ					1.43		WONG MANDY	王敏而	GHSPS		28-Nov-04
LJ	5.50					+0.8	WONG HIU YAN	汪曉茵	WAC	91	01-Nov-09
LJ		5.46				+2.0	LAI TSUI SHAN	黎翠珊	WAC	86	30-Mar-03
LJ			5.40			-0.5	WONG HIU YAN	汪曉茵	WAC	91	28-Oct-06
LJ				5.07		-0.5	WU HOI TING	胡凱婷	WAC	95	07-Dec-08
LJ					4.61	-0.3	YIU HOI YAN	姚海恩	LMSCPS	96	14-Oct-07
TJ	11.79					+0.7	LOH MEI SZE	羅美思	TCAA	89	13-Oct-07
TJ		11.75				+1.8	LOH MEI SZE	羅美思	TCAA	89	28-Oct-06
SP	4.0	12.01					TIN KA YIN	田嘉賢	WAC	87	09-Dec-06
SP	4.0		11.41				TIN KA YIN	田嘉賢	WAC	87	10-Jan-04
SP	3.0			11.58			FLORENCE HO	賀賢昭	WAC	94	10-Oct-09
SP	3.0				10.99		AU PUI LAM	區佩琳	WAC	96	11-Oct-09
DT	1.0	36.32					LEE KA SHUN	李嘉萱	SCAA	89	13-Oct-07
DT	1.0		37.18				WOO WING YAN	胡泳欣	WAC	92	10-Oct-09
DT	1.0			31.92			LEE KA SHUN	李嘉萱	SCAA	89	10-Oct-04
DT	1.0				27.14		YIP PO YAN	葉寶欣	WAC	94	25-Nov-07
JT	600	42.94					WOO WING TUNG	胡泳彤	WAC	90	10-Jan-09
JT	600		40.87				WONG MAN YIU	黃敏瑤	HVAA	89	10-Dec-06
JT	600			39.80			WOO WING TUNG	胡泳彤	WAC	90	09-Oct-04
JT	500				37.90		LAU HEI TING	劉希庭	WAC	96	10-Oct-09

(For enquiries, please contact HKAAA