

HKAAA RECORDS

MEN		HKAAA RECORDS													
EVENT	PERF.	WS	ATHLETE	CLUB/TEAM	PLACE	DATE	EVENT	PERF.	WS	ATHLETE	CLUB/TEAM	PLACE	DATE		
OLYMPIC EVENTS															
100M	10.37	-0.8	CHIANG WAI HUNG	蔣偉洪	HKAAA TEAM	TIANJIN	03-May-2000	100M	11.73		CHAN SAU YING	陳秀英	TCAA	WALNUT	05-Mar-1994
200M	20.94	+0.6	TANG YIK CHUN	鄧亦峻	WAC	HONG KONG	16-Apr-2005	200M	11.73	+0.3	WAN KIN YEE	溫健儀	HKAAA TEAM	KAOHSIUNG	29-May-1999
400M	47.79		LEUNG KI HO	梁祺浩	HVAA	HONG KONG	02-Dec-2007	400M	23.79	+0.0	WAN KIN YEE	溫健儀	HKAAA TEAM	XIAN	16-May-1999
800M	1:52.17		LEUNG TAT WAI	梁達威	WAC	HONG KONG	18-Apr-1999	400M	55.03		WAN KIN YEE	溫健儀	HKAAA TEAM	ZHOHAI	02-Mar-1999
1500M	3:53.27		ROBERTO DE VIDO	羅拔圖	HKAAA TEAM	GUANGZHOU	23-Mar-1991	800M	2:11.92		LI YIN YEE	李燕儀	HK JR TEAM	HONG KONG	03-Nov-1996
5000M	14:53.58		ROBERTO DE VIDO	羅拔圖	HKAAA TEAM	GUANGZHOU	21-Mar-1993	1500M	4:21.60		CHAN MAN YEE MAGGIE	陳敏儀	HK TEAM	PALMA	08-Jul-1999
10,000M	31:00.77		TED TURNER		HKDRC	HONG KONG	25-Mar-1982	5000M	15:45.87		CHAN MAN YEE MAGGIE	陳敏儀		STANFORD	03-May-2002
110M HURDLES	14.32	+0.3	TANG HON SING	鄧漢昇	WAC	HONG KONG	06-Jun-2004	10000M	32:39.88		CHAN MAN YEE MAGGIE	陳敏儀		WALNUT	19-Apr-2002
400M HURDLES	52.06		TANG HON SING	鄧漢昇	HKT	SINGAPORE	06-Sep-2003	100M HURDLES	13.14		CHAN SAU YING	陳秀英	HKAAA TEAM	WALNUT	17-Apr-1994
3000M SC	9:10.90		TED TURNER		HKDRC	HONG KONG	24-Apr-1982	400M HURDLES	1:01.04		WAN KIN YEE	溫健儀	HK TEAM	PUSAN	17-May-1997
HIGH JUMP	2.17M		CHEN MARC	鄭邁	WAC	HONG KONG	03-Jul-1999	HIGH JUMP	1.78M		FUNG WAI YEE	馮惠儀	HKT	JAKARTA	13-Jun-2008
POLE VAULT	4.25M		POMPEN HANS		WAC	HONG KONG	13-Apr-2008	POLE VAULT	3.20M		LIN WAN NEI	林韻妮	TCAA	HONG KONG	10-Sep-2006
LONG JUMP	7.55M		MA YUET	馬越	WAC	HONG KONG	01-Sep-1991	LONG JUMP	6.09M	+1.8	HONG YIN	康燕	TCAA	HONG KONG	20-Apr-1997
TRIPLE JUMP	16.12M		MA YUET	馬越	WAC	HONG KONG	15-Jun-1991	TRIPLE JUMP	12.92M	-1.8	HONG YIN	康燕	TCAA	HONG KONG	20-Apr-1997
SHOT PUT	15.14M		W P SAMORA			HONG KONG	11-Apr-1970	SHOT PUT	13.28M		ELIZABETH ELLIOT		PAC	HONG KONG	13-Apr-1982
DISCUS	48.58M		ARTHUR MCKENZIE		HKDRC	HONG KONG	19-Mar-1978	DISCUS	39.85		LEE KA SHUN	李嘉萱	HKT	HONG KONG	05-Jul-2008
HAMMER	54.12M		FONG CHARM HUNG	方燦雄	WAC	HONG KONG	03-Nov-1996	HAMMER	50.16		LEUNG YEE MEI	梁綺薇	HVAA	HONG KONG	02-Dec-2007
JAVELIN	60.82M		KEVIN BAKER		HKAAA TEAM	GUANGZHOU	21-Mar-1992	JAVELIN	43.51M		WOO WING TING	胡泳彤	WAC	HONG KONG	02-Nov-2008
DECATHLON	6413PTS		CHANG YU HO	張宇浩	YLSA	HONG KONG	10-Jun-1996	HEPTATHLON	4968PTS		CHAN SAU YING	陳秀英	TCAA	REDDING	22-May-1993
			(11.18, 7.08M, 11.27M, 2.09M, 52.23, 16.10, 28.76M, 3.20M, 49.56M, 5:20.94)								(13.86, 1.57M, 9.70M, 25.25, 6.03M, 28.28M, 2:28.34)				
20KM WALK	1:36:15		TSE CHUN HUNG	謝振雄	HKT	Nomi	16-Mar-2008	20KM WALK	01:57:52		LO PO MAN	盧譜文	HKT	Nomi	16-Mar-2008
50KM WALK	5:07:54		SO KAM TONG		HK TEAM	TOKYO	18-Oct-1964								
4X100M RELAY	39.75		LEUNG CHUN WAI, TO WAI LOK, TANG YIK CHUN, CHIANG WAI HUNG	梁俊偉 杜韋諾 鄧亦峻 蔣偉洪	HK TEAM	Nanjing	19-Oct-2005	4X100M RELAY	46.48		LEUNG SHUK WA PANG HOK MAN WAN KIN YEE CHAN HO YEE	梁淑華 彭學敏 溫健儀 陳皓怡	HK TEAM	CHONGQING	14-May-2005
4X400M RELAY	3:16:70		FAN WAI HO LEUNG TAT WAI TANG YIK CHUN GEORGE DISIRLEY	范偉豪 梁達威 鄧亦峻 佐治戴韋尼	WAC	HONG KONG	28-May-2006	4X400M RELAY	3:55.20		SEZTO SHUK YEE, TO YUEN Y EE, TSE WAH SAU, EVELYN BUCKLEY	司徒淑儀 杜婉儀 謝華秀	HK TEAM	NEW DELHI	01-Dec-1982

BEST PERFORMANCE

MARATHON	2:17:27		TED TURNER		HKDRC	HONG KONG	20-Feb-1983
HONG KONG RECORDS OR BEST PERFORMANCE IN OTHER EVENTS							
MILE	4:19.54		ROBERTO DE VIDO	羅拔圖	PAC	HONG KONG	13-Jun-1993
3000M	8:29.13		MIKE QUINN		YMCA	HONG KONG	09-Mar-1985
10KM	31.17		LEE CHI WO	李致和	WAC	HONG KONG	21-Nov-2004
15KM	0:51:44		CHAN KA HO	陳家豪	TWAC	HONG KONG	12-Nov-2006
HALF-MARATHON	1:11:04		CHAN KA HO	陳家豪	HKT	Osaka	27-Jan-2008
3000M WALK	14:05.97		BILL PURVES	神行太保	HKLRRRC	HONG KONG	02-Mar-1986
4X200M RELAY	1:26.29		LAU YU LEONG, LUI KA HO, CHUNG KOON TING, TANG YIK CHUN	劉宇亮 呂家豪 鍾冠廷 鄧亦峻	WAC	HONG KONG	07-May-2006
4X800M RELAY	7:59.79		SO HOI NAM, WONG KAI TUNG, WONG KIN ON, LEUNG TAT WAI	蘇凱男 黃啟東 黃健安 梁達威	WAC	HONG KONG	27-May-2000
4X1500M RELAY	16:55.6 H		A TROWELL, T MINDNICHT, P ROBERTS, J FASHACHT		YMCA	HONG KONG	02-Mar-1980

HKAAA RECORDS

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OLYMPIC EVENTS													
100M	11.73		CHAN SAU YING	陳秀英		TCAA	WALNUT	05-Mar-1994					
200M	23.79	+0.3	WAN KIN YEE	溫健儀		HKAAA TEAM	KAOHSIUNG	29-May-1999					
400M	55.03	+0.0	WAN KIN YEE	溫健儀		HKAAA TEAM	XIAN	16-May-1999					
800M	2:11.92		LI YIN YEE	李燕儀		HK JR TEAM	HONG KONG	03-Nov-1996					
1500M	4:21.60		CHAN MAN YEE MAGGIE	陳敏儀		HK TEAM	PALMA	08-Jul-1999					
5000M	15:45.87		CHAN MAN YEE MAGGIE	陳敏儀			STANFORD	03-May-2002					
10000M	32:39.88		CHAN MAN YEE MAGGIE	陳敏儀			WALNUT	19-Apr-2002					
100M HURDLES	13.14		CHAN SAU YING	陳秀英		HKAAA TEAM	WALNUT	17-Apr-1994					
400M HURDLES	1:01.04		WAN KIN YEE	溫健儀		HK TEAM	PUSAN	17-May-1997					
HIGH JUMP	1.78M		FUNG WAI YEE	馮惠儀		HKT	JAKARTA	13-Jun-2008					
POLE VAULT	3.20M		LIN WAN NEI	林韻妮		TCAA	HONG KONG	10-Sep-2006					
LONG JUMP	6.09M	+1.8	HONG YIN	康燕		TCAA	HONG KONG	20-Apr-1997					
TRIPLE JUMP	12.92M	-1.8	HONG YIN	康燕		TCAA	HONG KONG	20-Apr-1997					
SHOT PUT	13.28M		ELIZABETH ELLIOT			PAC	HONG KONG	13-Apr-1982					
DISCUS	39.85		LEE KA SHUN	李嘉萱		HKT	HONG KONG	05-Jul-2008					
HAMMER	50.16		LEUNG YEE MEI	梁綺薇		HVAA	HONG KONG	02-Dec-2007					
JAVELIN	43.51M		WOO WING TING	胡泳彤		WAC	HONG KONG	02-Nov-2008					
HEPTATHLON	4968PTS		CHAN SAU YING	陳秀英		TCAA	REDDING	22-May-1993					
			(13.86, 1.57M, 9.70M, 25.25, 6.03M, 28.28M, 2:28.34)										
20KM WALK	01:57:52		LO PO MAN	盧譜文		HKT	Nomi	16-Mar-2008					
4X100M RELAY	46.48		LEUNG SHUK WA PANG HOK MAN WAN KIN YEE CHAN HO YEE	梁淑華 彭學敏 溫健儀 陳皓怡		HK TEAM	CHONGQING	14-May-2005					
4X400M RELAY	3:55.20		SEZTO SHUK YEE, TO YUEN Y EE, TSE WAH SAU, EVELYN BUCKLEY	司徒淑儀 杜婉儀 謝華秀		HK TEAM	NEW DELHI	01-Dec-1982					

BEST PERFORMANCE

MARATHON	2:35:49		CHAN MAN YEE MAGGIE	陳敏儀		USA	24-Apr-2004	
HONG KONG RECORDS OR BEST PERFORMANCE IN OTHER EVENTS								
MILE	4:58.91		CHAN MAN YEE MAGGIE	陳敏儀		WAC	HONG KONG	09-Dec-1994
3000M	9:14.00		CHAN MAN YEE MAGGIE	陳敏儀			WALNUT	16-Apr-1999
10KM	34:25		CHAN MAN YEE MAGGIE	陳敏儀		WAC	HONG KONG	03-Jan-1999
15KM	1:01:02		TOH SO LIANG	卓素玲		WAC	HONG KONG	22-Jan-2006
HALF-MARATHON	1:14:22		CHAN MAN YEE MAGGIE	陳敏儀			LAS VEGAS	03-Feb-2002
3000M WALK	17:14.27		MARGARET BROOKE			AVOHK	HONG KONG	24-Oct-1992
4X200M RELAY	1:43.59		LEUNG HIU YEE CHENG KA YU HUI MAN LING LEUNG HAU SZE	梁曉儀 鄭嘉瑜 許文玲 梁巧詩		WAC	HONG KONG	07-May-2006
4X800M RELAY	9:41.47		MA YIK SHIEUNG ANDIE YIU KIT CHING WU XIAN YAN QI HONG XIAN	馬奕常 姚潔貞 吳小燕 戚紅仙		WAC	HONG KONG	07-May-2006
4X1500M RELAY	20:38.80		YU YI MAN HUI WAI SUM NG HEI MAN LO WING HEI ROSEDA	余伊雯 許煒森 吳希雯 盧穎熹		WAC	HONG KONG	06-May-2007