

HKAAA Top 10 Ranking List 2009 (MEN)

order	Sex	Event	Athlete	Chi	S	J	Team	Rank	J_Rank	Perf.	WS	Name of Competition	Date	Venue
100M														
1	M	100M	TSUI CHI HO	徐志豪		J	HKT	1	J1	10.39	0.4	All China Youth Athletics Championships	27-Jun-09	JiangXi
1	M	100M	LAI CHUN HO	黎振浩	S		HKT	2		10.48	+0.2	11th National Game	21-Oct-09	Jinan
1	M	100M	WONG KA CHUN	王嘉俊	S		WAC	3		10.49	+0.6	IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
1	M	100M	TANG YIK CHUN	鄧亦峻	S		WAC	4		10.58	+0.6	IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
1	M	100M	YIP SIU KEUNG	葉紹強	S		HKG	5		10.59	-0.1	25th Universiade	7-Jul-09	Belgrade
1	M	100M	LAU YU LEONG	劉宇亮	S		WAC	6		10.61	+0.6	HK Athletic League Rd 1	15-Feb-09	Hong Kong
1	M	100M	CHIANG WAI HUNG	蔣偉洪	S		TCAA	7		10.66	+0.6	IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
1	M	100M	HO MAN LOK	何文樂		J	HKT	8	J2	10.71	0.4	All China Youth Athletics Championships	27-Jun-09	JiangXi
1	M	100M	NG KA FUNG	吳家鋒		J	HKT	9	J3	10.76	0.4	All China Youth Athletics Championships	27-Jun-09	JiangXi
1	M	100M	LEUNG CHUN WAI	梁俊偉	S		TCAA	10		10.78	-0.4	IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
1	M	100M	CHAN KEI FUNG	陳基鋒		J	East		J4	10.92	0.5	HK Game 2009	17-May-09	Hong Kong
1	M	100M	LI LUT YIN	李律言		J			J5	11.07	+1.1	TCAA Junior Athletic Meet Race 2	31-Oct-09	Hong Kong
1	M	100M	HO PING KWAN	何秉鋸		J	CGHCAC		J6	11.08	1.3	HK Inter-School Div 1	13-Mar-09	Hong Kong
1	M	100M	CHAN YAM LAM	陳胤霖		J	PAC		J6	11.08	-0.3	HK Junior Age Group Athletic Meet Race 2	11-Oct-09	Hong Kong
1	M	100M	YAU HUNG HOI	丘鴻海		J	SKSS		J8	11.11	0.8	HK Inter-School Div 1	13-Mar-09	Hong Kong
1	M	100M	TSU KA CHON	徐嘉駿		J	WAC		J9	11.15	-0.3	HK Junior Age Group Athletic Meet Race 2	11-Oct-09	Hong Kong
1	M	100M	TONG HANG	唐鏗		J	HVAA		J10	11.18	+0.6	HK Athletic League Rd 1	15-Feb-09	Hong Kong
1	M	100M	YIP SIU KEUNG	葉紹強	S		HVAA		WA	10.52	+2.3	IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
1	M	100M	NG KA FUNG	吳家鋒	J		WAC		WA	10.72	+3.1	HK Junior Age Group Athletic Meet Race 2	11-Oct-09	Hong Kong
200M														
2	M	200M	LEUNG KI HO	梁祺浩	S		HVAA	1		21.05	+0.2	IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
2	M	200M	TANG YIK CHUN	鄧亦峻	S		WAC	2		21.28	+1.8	HK Athletic League Rd 1	14-Feb-09	Hong Kong
2	M	200M	YIP SIU KEUNG	葉紹強	S		HVAA	3		21.97	+0.8	HK Athletic League Rd 1	14-Feb-09	Hong Kong
2	M	200M	NG KA FUNG	吳家鋒	J		HKT	4	J1	22.00	+0.3	Hong Kong Athletics Invitational Meet	22-Nov-09	Hong Kong
2	M	200M	HO MAN LOK	何文樂		J	HKT	5	J2	22.02	0.2	HK Inter City Athletics Championships	4-Jul-09	Hong Kong
2	M	200M	LAI CHUN HO	黎振浩	S		DBS	6		22.06	1.6	HK Inter-School Div 1	13-Mar-09	Hong Kong
2	M	200M	CHAN YAN LAM	陳胤霖		J	ST	7	J3	22.20	-0.3	HK Game 2009	16-May-09	Hong Kong
2	M	200M	NG CHI WAI	吳志偉	S		HVAA	8		22.32	+1.8	HK Athletic League Rd 1	14-Feb-09	Hong Kong
2	M	200M	SZETO MAN HO	司徒民浩	S		ST	8		22.32	-0.3	HK Game 2009	16-May-09	Hong Kong
2	M	200M	LAU YU LEONG	劉宇亮	S		City U	10		22.37	-0.1	48th USFHK	8-Mar-09	Hong Kong
2	M	200M	TSU KA CHON	徐嘉駿		J	WAC		J4	22.47	+1.1	HK Junior Age Group Athletic Meet Race 2	10-Oct-09	Hong Kong
2	M	200M	HO PING KWAN	何秉鋸		J	CGHCAC		J5	22.65	1.1	HK Inter-School Div 1	13-Mar-09	Hong Kong
2	M	200M	TSANG WING CHUNG	曾泳聰		J	HVAA		J6	22.78	-0.4	HK Athletic League Rd 2	21-Mar-09	Hong Kong
2	M	200M	CHAN SHUN HONG	陳信匡		J	TCAA		J6	22.78	+0.3	HK Junior Age Group Athletic Meet Race 2	10-Oct-09	Hong Kong
2	M	200M	CHAN CHUNG WANG	陳仲泓		J	KCMC		J8	22.82	+0.3	HK Junior Age Group Athletic Meet Race 2	10-Oct-09	Hong Kong
2	M	200M	TONG HANG	唐鏗		J	HVAA		J9	22.86	+0.5	HK Athletic League Rd 1	14-Feb-09	Hong Kong
2	M	200M	CHAN KA MING	陳家銘		J	WAC		J9	22.86	-1.2	HK Athletic League Rd 3	6-Jun-09	Hong Kong
2	M	200M	TONG HANG	唐鏗	J		HVAA		WA	22.46	+3.9	HK Junior Age Group Athletic Meet Race 1	10-Jan-09	Hong Kong
400M														
3	M	400M	CHAN SHUN HONG	陳信匡		J	TCAA	1	J1	0:49.52		HK Athletic League Final	24-Oct-09	Hong Kong
3	M	400M	YIU CHUNG KIN	姚鍾乾	S		City U	2		0:49.59		48th USFHK	8-Mar-09	Hong Kong
3	M	400M	CHU WING TAK	朱永德	S		HKT	3		0:49.68		HK Inter City Athletic Championships	5-Jul-09	Hong Kong
3	M	400M	SHIU CHAU PING	邵舟平		J	KCMC	3	J2	0:49.68		HK Inter City Athletic Championships	5-Jul-09	Hong Kong
3	M	400M	TANG YIK CHUN	鄧亦峻	S		BU	5		0:49.88		48th USFHK	8-Mar-09	Hong Kong
3	M	400M	CHAN YAN LAM	陳胤霖		J	PAC	6	J3	0:49.92		IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
3	M	400M	HO CHING HIM	何正謙	S		ST	7		0:50.09		HK Game 2009	17-May-09	Hong Kong
3	M	400M	LI WAI LAM	李慧霖	S		WAC	8		0:50.18		HK Athletic League Rd 2	22-Mar-09	Hong Kong
3	M	400M	LAU TAK KUNG	劉德龍	S		WAC	9		0:50.34		HK Athletic League Rd 2	22-Mar-09	Hong Kong
3	M	400M	TANG CHUN YIP	鄧駿業	S		PAC	10		0:50.35		HK Athletic League Final	24-Oct-09	Hong Kong
3	M	400M	DANIEL SI PAUL			J	KGV		J4	0:51.29		HK Inter-School Div1	13-Mar-09	Hong Kong
3	M	400M	YEUNG HON TAT	楊漢達		J	SKHSBS		J5	0:51.35		HK Junior Age Group Athletic Meet Race 2	11-Oct-09	Hong Kong
3	M	400M	EDWARD SI PAUL			J	KGV		J6	0:51.57		HK Inter-School Div1	13-Mar-09	Hong Kong
3	M	400M	LAU WAI NGAI	劉偉毅		J	TWAC		J7	0:51.58		IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
3	M	400M	LAM HING HO	林慶豪		J	YCK		J7	0:51.88		HK Inter-School Div1	13-Mar-09	Hong Kong
3	M	400M	AU YEUNG CHUN	歐陽俊		J	KCMC		J9	0:51.98		Hong Kong Open Athletics Meet 2009	08-Nov-09	Hong Kong
3	M	400M	CHUNG TAK LUN	鍾德鄰		J	KCMC		J10	0:52.30		HK Junior Age Group Athletic Meet Race 2	11-Oct-09	Hong Kong

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order	Sex	Event	Athlete	Chi	S	J	Team	Rank	J_Rank	Perf.	WS	Name of Competition	Date	Venue
800M														
4	M	800M	TSANG HON SING	曾漢聲			J ASA	1	J1	1:56.44		HK Athletic League Rd 2	21-Mar-09	Hong Kong
4	M	800M	LAU WAI NGAI	劉偉毅			J TWAC	2	J2	1:56.96		HK Athletic League Rd 2	21-Mar-09	Hong Kong
4	M	800M	YEUNG CHI WING	楊志榮			J LHYS	3	J3	1:58.96		HK Athletic League Rd 2	21-Mar-09	Hong Kong
4	M	800M	CHAN YE KO	陳以高	S		City U	4		1:59.65		48th USFHK	8-Mar-09	Hong Kong
4	M	800M	CHUNG TAK LUN	鍾德鄰			J KCMC	5	J4	2:01.37		Hong Kong Open AthleticsMeet 2009	08-Nov-09	Hong Kong
4	M	800M	POON KING HUNG	潘競雄	S		SCAA	6		2:01.95		HK Athletic League Rd 1	14-Feb-09	Hong Kong
4	M	800M	LO CHUN PONG	盧俊邦			J TCAA	7	J5	2:02.84		HK Junior Age Group Athletic Meet Race 2	10-Oct-09	Hong Kong
4	M	800M	LAM YEE HIN	林以軒			J TCAA	8	J6	2:02.95		Hong Kong Open AthleticsMeet 2009	08-Nov-09	Hong Kong
4	M	800M	KWAN CHI HO	關志濠	S		PAC	9		2:03.08		IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
4	M	800M	LI HONG CHING	李康政	S		IVE	10		2:03.38		48th USFHK	8-Mar-09	Hong Kong
4	M	800M	NG CHUNG YIN	伍頌研			J TWAC		J7	2:04.37		HK Junior Age Group Athletic Meet Race 2	10-Oct-09	Hong Kong
4	M	800M	TO KI FUNG	杜琪峰			J TCAA		J8	2:04.54		HK Junior Age Group Athletic Meet Race 2	10-Oct-09	Hong Kong
4	M	800M	CHAN LOK KAN	陳樂勤			J WAC		J9	2:04.85		IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
4	M	800M	CHO CHUNG YAN	曹頌恩			J KCMC		J10	2:05.39		Hong Kong Open AthleticsMeet 2009	08-Nov-09	Hong Kong
1500M														
5	M	1500M	KIPROTICH THOMAS				S ASA	1		4:01.11		HK Athletic League Rd 2	22-Mar-09	Hong Kong
5	M	1500M	GI KA MAN	紀嘉文	S		HKT	2		4:07.89		86th Malaysia Open Champs	10-Oct-09	Kuala Lumpur
5	M	1500M	TSANG HON SING	曾漢聲			J ASA	3	J1	4:09.28		HK Athletic League Rd 2	22-Mar-09	Hong Kong
5	M	1500M	MAN SIU KIT	文少杰	S		WAC	4		4:09.30		HK Athletic League Rd 2	22-Mar-09	Hong Kong
5	M	1500M	CHAN KA HO	陳家豪	S		HKG	5		4:11.15		25th Universiade	7-Jul-09	Belgrade
5	M	1500M	TAM HO YAN	譚浩恩	S		WAC	6		4:11.39		HK Athletic League Rd 2	22-Mar-09	Hong Kong
5	M	1500M	QUE YIN TIK	郭延迪	S		TCAA	7		4:11.53		Hong Kong Open AthleticsMeet 2009	08-Nov-09	Hong Kong
5	M	1500M	ING STEVEN				J WAC	8	J2	4:12.90		HK Junior Age Group Athletic Meet Race 2	11-Oct-09	Hong Kong
5	M	1500M	CHEUNG CHUN FAN	張振藩	S		WAC	9		4:13.54		Hong Kong Open AthleticsMeet 2009	08-Nov-09	Hong Kong
5	M	1500M	LEI HANG CHI	李幸志	S		PAC	10		4:14.94		HK Athletic League Rd 2	22-Mar-09	Hong Kong
5	M	1500M	LO CHUN BONG	盧焯邦			J KC		J3	4:15.88		HK Game 2009	16-May-09	Hong Kong
5	M	1500M	LIP YING KIT	聶英傑			J TCAA		J4	4:16.97		Hong Kong Open AthleticsMeet 2009	08-Nov-09	Hong Kong
5	M	1500M	CHAN LONG TING	陳朗庭	J		KT		J5	4:17.46		HK Game 2009	16-May-09	Hong Kong
5	M	1500M	YUEN HO YIN	袁浩然			J TCAA		J6	4:19.53		HK Athletic League Rd 3	7-Jun-09	Hong Kong
5	M	1500M	WAN SIU KUEN	尹兆權			J ST		J7	4:20.88		HK Game 2009	16-May-09	Hong Kong
5	M	1500M	WONG TSZ CHUNG	黃梓聰			J HPCCSS		J8	4:22.15		HK Inter-School Div 1	13-Mar-09	Hong Kong
5	M	1500M	PERRY WONG	黃俊堯			J LSC		J9	4:23.72		HK Inter-School Div 1	4-Mar-09	Hong Kong
5	M	1500M	NG CHUNG YIN	伍頌研			J TWAC		J10	4:24.38		HK Junior Age Group Athletic Meet Race 2	11-Oct-09	Hong Kong
5	M	1500M	CHAN KWOK HANG	陳國恆			J TWAC		J10	4:24.38		HK Junior Age Group Athletic Meet Race 2	11-Oct-09	Hong Kong
5000M														
6	M	5000M	KIPROTICH THOMAS				S ASA	1		14:38.60		HK Athletic League Rd 2	21-Mar-09	Hong Kong
6	M	5000M	GI KA MAN	紀嘉文	S		HKT	2		15:01.88		East Asian Games 2009	11-Dec-09	Hong Kong
6	M	5000M	CHAN KA HO	陳家豪	S		BU	3		15:16.01		48th USFHK	8-Mar-09	Hong Kong
6	M	5000M	MATTHEW JONES				S AVOHK	4		15:58.48		HK Athletic League Rd 2	21-Mar-09	Hong Kong
6	M	5000M	MAN SIU KIT	文少杰	S		WAC	5		15:59.36		HK Athletic League Rd 1	14-Feb-09	Hong Kong
6	M	5000M	CHAN KWOK CHEUNG	陳國璋	S		HKU	6		16:03.66		48th USFHK	8-Mar-09	Hong Kong
6	M	5000M	WUN YIU CHEONG	溫耀昌	S		Poly U	7		16:11.84		HK Inter City Athletic Championships	5-Jul-09	Hong Kong
6	M	5000M	WONG TIN YAU	王天佑	S		WAC	8		16:15.36		IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
6	M	5000M	ING STEVEN				J WAC	9	J1	16:15.80		HK Junior Age Group Athletic Meet Race 2	10-Oct-09	Hong Kong
6	M	5000M	YEUNG SIU LUN	楊肇麟	S		City U	10		16:21.94		48th USFHK	8-Mar-09	Hong Kong
6	M	5000M	HON CHUN SANG	韓俊生			J SHD		J2	16:23.48		HK Junior Age Group Athletic Meet Race 2	10-Oct-09	Hong Kong
6	M	5000M	YUEN HO YIN	袁浩然			J TCAA		J3	16:42.74		HK Junior Age Group Athletic Meet Race 2	10-Oct-09	Hong Kong
6	M	5000M	CHAN LONG TING	陳朗庭			J WAC		J4	16:48.65		Hong Kong Open AthleticsMeet 2009	08-Nov-09	Hong Kong
6	M	5000M	AU KA LUN	區嘉倫			J RRAC		J5	16:54.74		IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
6	M	5000M	CHAN KWOK HANG	陳國恆			J TWAC		J6	17:08.01		HK Junior Age Group Athletic Meet Race 2	10-Oct-09	Hong Kong
6	M	5000M	HAU MING YIN	夏銘賢			J RRAC		J7	17:11.24		HK Junior Age Group Athletic Meet Race 2	10-Oct-09	Hong Kong
6	M	5000M	LO CHUN BONG	盧焯邦			J LSC		J8	17:14.37		HK Inter-School Div 1	10-Mar-09	Hong Kong
6	M	5000M	WONG TSZ CHUNG	黃梓聰			J HVAA		J9	17:20.42		HK Junior Age Group Athletic Meet Race 2	10-Oct-09	Hong Kong
6	M	5000M	MAK YUN LEUNG	麥潤良			J TWAC		J10	17:25.70		HK Athletic League Rd 1	14-Feb-09	Hong Kong
10000M														
7	M	10000M	GI KA MAN	紀嘉文	S		HKT	1		31:34.78		East Asian Games 2009	12-Dec-09	Hong Kong
7	M	10000M	CHAN KA HO	陳家豪	S		HKT	2		32:20.77		East Asian Games 2009	12-Dec-09	Hong Kong
7	M	10000M	CHOI TAT MING	蔡達明	S		CSRA	3		34:07.11		HK Athletic League Rd 2	22-Mar-09	Hong Kong
7	M	10000M	CHAN KWOK CHEUNG	陳國璋	S		TWAC	4		34:28.49		HK Athletic League Rd 2	22-Mar-09	Hong Kong
7	M	10000M	YIP TUNG HOI	葉東海	S		WAC	5		35:15.28		HK Athletic League Final	24-Oct-09	Hong Kong
7	M	10000M	CHUNG TAK LUN	鍾德鄰	S		FSSC	6		35:27.09		HK Athletic League Rd 1	15-Feb-09	Hong Kong
7	M	10000M	LAI HO KI	黎可基	S		TCAA	7		35:54.49		HK Athletic League Rd 4	20-Sep-09	Hong Kong
7	M	10000M	WUN YIU CHEONG	溫耀昌	S		TCAA	8		35:59.05		HK Athletic League Rd 4	20-Sep-09	Hong Kong
7	M	10000M	AU KA LUN	區嘉倫			J RRAC	9	J1	36:35.22		HK Athletic League Rd 1	15-Feb-09	Hong Kong
7	M	10000M	MAN CHUN HIM	萬進謙	S		WAC	10		36:44.56		HK Athletic League Final	24-Oct-09	Hong Kong
7	M	10000M	LEE CHEUK HIM	李卓謙			J TWAC		J2	37:36.73		HK Athletic League Rd 4	20-Sep-09	Hong Kong
7	M	10000M	HA MING YIN	夏銘賢			J		J3	37:55.74		HK Athletic League Rd 3	7-Jun-09	Hong Kong
7	M	10000M	HO KWOK LUNG	何國龍			J KCMC		J4	38:46.99		HK Athletic League Rd 3	7-Jun-09	Hong Kong
7	M	10000M	LIP YING KIT	聶英傑			J TCAA		J5	39:13.36		HK Athletic League Rd 2	22-Mar-09	Hong Kong
7	M	10000M	CHAN LOK KAN	陳樂勤			J WAC		J6	39:17.24		HK Athletic League Rd 3	7-Jun-09	Hong Kong
7	M	10000M	SZE TSZ CHIU	施子超			J RRAC		J7	40:04.03		HK Athletic League Rd 2	22-Mar-09	Hong Kong
7	M	10000M	MAK YUN LEUNG	麥潤良			J TWAC		J8	40:16.26		HK Athletic League Rd 4	20-Sep-09	Hong Kong
7	M	10000M	LAI MING KAI	黎銘楷			J TWAC		J9	40:18.38		HK Athletic League Rd 3	7-Jun-09	Hong Kong
7	M	10000M	LAU KIN HANG	劉建亨			J TWAC		J10	41:15.33		HK Inter City Athletics Championships	4-Jul-09	Hong Kong

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order	Sex	Event	Athlete	Chi	S	J	Team	Rank	J_Rank	Perf.	WS	Name of Competition	Date	Venue
110M HURDLES														
9	M	110MH	LEUNG KA HEI	梁家熙	S		TCAA	1		14.49	+1.6	IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
9	M	110MH	LEUNG CHI CHEONG	梁志鏘	S		WAC	2		14.59	+1.4	IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
9	M	110MH	TANG HON SING	鄧漢昇	S		WAC	3		14.87	+1.4	IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
9	M	110MH	LO NGAI FUNG	盧倪鋒	S		WAC	4		14.93	+1.5	HK Athletic League Rd 4	20-Sep-09	Hong Kong
9	M	110MH	SHUM CHIK LAI	岑植禮	J		HVAA	5	J1	14.94		HK Inter City Athletic Championships	5-Jul-09	Hong Kong
9	M	110MH	WONG CHEUK BUN	黃焯彬	S		TCAA	6		15.35	-1.4	HK Athletic League Rd 2	22-Mar-09	Hong Kong
9	M	110MH	CHAN KA CHUN	陳嘉駿	S		WAC	7		15.42	+1.6	HK Athletic League Rd 1	15-Feb-09	Hong Kong
9	M	110MH	TSANG CHI KWONG	曾志光	S		WAC	7		15.42	+1.6	IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
9	M	110MH	CHAN CHUNG WANG	陳仲泓	J		KCMC	9	J2	15.48	+0.6	Hong Kong Open AthleticsMeet 2009	08-Nov-09	Hong Kong
9	M	110MH	LAI TSZ CHUNG	黎子聰	S		WAC	10		15.65	+0.6	Hong Kong Open AthleticsMeet 2009	08-Nov-09	Hong Kong
9	M	110MH	LUI CHUN YAN	呂俊人	J		E	J3		16.40	0.7	HK Game 2009	17-May-09	Hong Kong
9	M	110MH	TONG HANG	唐饒	J		KwT	J4		16.43	0.9	HK Game 2009	17-May-09	Hong Kong
9	M	110MH	KWONG MING KIN	鄺銘健	J		KCMC	J5		16.49	+1.4	IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
9	M	110MH	WONG CHI YUNG	黃智勇	J		SCAA	J6		16.52	+1.2	IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
9	M	110MH	MOCK CHU YUNG	莫殊勇	J		HVAA	J7		16.75	-1.4	HK Athletic League Rd 2	22-Mar-09	Hong Kong
9	M	110MH	TONG TSZ MING	方子銘	J		NWCSS	J8		17.24	-2.4	HK Athletic League Rd 3	7-Jun-09	Hong Kong
9	M	110MH	CHAN KA FAI	陳家輝	J		WAC	J9		17.62	-2.4	HK Athletic League Rd 3	7-Jun-09	Hong Kong
400M HURDLES														
10	M	400MH	CHU WING TAK	朱永德	S		HVAA	1		0:54.32		HK Athletic League Rd 3	6-Jun-09	Hong Kong
10	M	400MH	FUNG CHUN YU	馮鎮宇	S		WAC	2		0:54.43		HK Athletic League Rd 2	21-Mar-09	Hong Kong
10	M	400MH	FAN WAI HO	范偉豪	S		HKT	3		0:55.70		East Asian Games 2009	12-Dec-09	Hong Kong
10	M	400MH	CHU WING YAT	朱永日	S		CGHCAC	4		0:55.75		HK Athletic League Rd 2	21-Mar-09	Hong Kong
10	M	400MH	CHENG CHI KIN	鄭智健	S			5		0:56.11		IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
10	M	400MH	NG CHIT WING	吳哲穎	S			6		0:56.71		IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
10	M	400MH	LEUNG HOI KIT	梁凱傑	J		WAC	7	J1	0:57.24		Hong Kong Open AthleticsMeet 2009	08-Nov-09	Hong Kong
10	M	400MH	LAI CHI LEUNG	黎子樑	S		BU	8		0:58.24		48th USFHK	8-Mar-09	Hong Kong
10	M	400MH	WONG KA KIT	黃家傑	S		HKIED	9		0:58.33		48th USFHK	8-Mar-09	Hong Kong
10	M	400MH	LAM HIP	林協	J		WAC	10	J2	0:58.65		HK Junior Age Group Athletic Meet Race 2	10-Oct-09	Hong Kong
10	M	400MH	CHAN CHUN YEUNG	陳俊揚	J		WAC	J3		0:58.73		HK Athletic League Rd 1	14-Feb-09	Hong Kong
10	M	400MH	WONG MAN HONG	黃文康	J		WAC	J4		0:58.93		HK Athletic League Rd 2	21-Mar-09	Hong Kong
10	M	400MH	KWONG MING KIN	鄺銘健	J		KCMC	J5		0:59.50		Hong Kong Open AthleticsMeet 2009	08-Nov-09	Hong Kong
10	M	400MH	HUI SHIU LUN	許兆舜	J		NWCSS	J6		1:00.88		HK Athletic League Final	24-Oct-09	Hong Kong
10	M	400MH	LAU HO FAI	劉浩輝	J		WAC	J7		1:01.47		Hong Kong Open AthleticsMeet 2009	08-Nov-09	Hong Kong
10	M	400MH	CHONG YIN LOK	莊賢樂	J		SJAC	J8		1:01.48		HK Junior Age Group Athletic Meet Race 1	10-Jan-09	Hong Kong
10	M	400MH	SZETO PAK MING	司徒伯明	J		CGHCAC	J9		1:01.60		HK Athletic League Rd 1	14-Feb-09	Hong Kong
10	M	400MH	CHONG PUI HANG	莊沛衡	J			J10		1:01.93		IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
3000M STEEPLECHASE														
11	M	3000MSC	GI KA MAN	紀嘉文	S		HKT	1		9:22.01		East Asian Games 2009	13-Dec-09	Hong Kong
11	M	3000MSC	POON KING HUNG	潘競雄	S		SCAA	2		10:04.30		HK Athletic League Rd 2	21-Mar-09	Hong Kong
11	M	3000MSC	CHEUNG CHUN FAN	張振藩	S		WAC	3		10:08.83		HK Athletic League Final	24-Oct-09	Hong Kong
11	M	3000MSC	WUN YIU CHEONG	溫耀昌	S		TCAA	4		10:22.69		HK Athletic League Rd 2	21-Mar-09	Hong Kong
11	M	3000MSC	CHEUNG CHUN NGAI	張振毅	S		TWAC	5		10:25.21		HK Athletic League Rd 1	15-Feb-09	Hong Kong
11	M	3000MSC	YUEN HO YIN	袁浩然	J		HKT	6	J1	10:31.60		Hong Kong Athletics Invitational Meet	22-Nov-09	Hong Kong
11	M	3000MSC	TANG MAN WA	鄧敏華	J		WAC	7	J2	10:32.88		HK Athletic League Final	24-Oct-09	Hong Kong
11	M	3000MSC	TSANG HON SING	曾漢聲	J		ASA	8	J3	10:39.57		HK Athletic League Rd 4	20-Sep-09	Hong Kong
11	M	3000MSC	WONG TSZ CHUNG	黃梓聰	J		HVAA	9	J4	10:54.15		HK Athletic League Final	24-Oct-09	Hong Kong
11	M	3000MSC	YIP TUNG HOI	葉東海	S		WAC	10		11:04.81		HK Athletic League Rd 2	21-Mar-09	Hong Kong
11	M	3000MSC	WONG CHUNG HIN	黃仲軒	J		KCMC	J5		11:10.87		HK Athletic League Rd 1	15-Feb-09	Hong Kong
11	M	3000MSC	LIP YING KIT	聶英傑	J		TCAA	J6		11:13.88		HK Athletic League Rd 4	20-Sep-09	Hong Kong
11	M	3000MSC	NG CHUNG YIN	伍頌研	J		TWAC	J7		11:28.67		HK Athletic League Rd 3	7-Jun-09	Hong Kong
11	M	3000MSC	LAU KIN HANG	劉建亨	J		TWAC	J8		11:38.37		HK Athletic League Rd 3	7-Jun-09	Hong Kong
11	M	3000MSC	SHAO HUNG LEONG	邵雄亮	J		KCMC	J9		11:41.28		HK Athletic League Rd 2	21-Mar-09	Hong Kong
11	M	3000MSC	LEE CHEUK HIM	李卓謙	J		LKCC	J10		11:43.40		HK Athletic League Rd 1	15-Feb-09	Hong Kong

HKAAA Top 10 Ranking List 2009 (MEN)

order	Sex	Event	Athlete	Chi	S	J	Team	Rank	J_Rank	Perf.	WS	Name of Competition	Date	Venue
HIGH JUMP														
12	M	HJ	LUI TSZ HIN	呂子軒	S		HKT	1		2.14		East Asian Games 2009	12-Dec-09	Hong Kong
12	M	HJ	CHAN CHI SHING	陳志成		J	WAC	2	J1	2.06		HK Athletic League Final	24-Oct-09	Hong Kong
12	M	HJ	LAM HO FUNG	林昊鋒	S		TCAA	3		2.04		HK Athletic League Rd 2	22-Mar-09	Hong Kong
12	M	HJ	NG CHIT WING	吳哲穎	S		WAC	4		2.03		HK Athletic League Rd 2	22-Mar-09	Hong Kong
12	M	HJ	CHAN KA HO	陳嘉豪	S		WAC	5		2.00		IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
12	M	HJ	AU HOI HIN	歐凱軒		J	WAC	5	J2	2.00		HK Junior Age Group Athletic Meet Race 2	11-Oct-09	Hong Kong
12	M	HJ	YUEN WAI LOK	阮偉樂	J		HPCCS	7	J3	1.93		HK Junior Age Group Athletic Meet Race 2	11-Oct-09	Hong Kong
12	M	HJ	YUEN CHUN PONG	原振邦	S		HVAA	8		1.90		HK Athletic League Rd 1	15-Feb-09	Hong Kong
12	M	HJ	WONG KIN CHUNG	王健忠	J		TCAA	8	J4	1.90		HK Athletic League Rd 3	7-Jun-09	Hong Kong
12	M	HJ	CHAN WAI MING	陳偉明	S		WAC	8		1.90		HK Inter City Athletic Championships	4-Jul-09	Hong Kong
12	M	HJ	FUNG YIN HANG	馮彥衡	J		HPCCSS		J5	1.88		TCAA Junior Athletic Meet	10-May-09	Hong Kong
12	M	HJ	BORIS ANTHONY FINAN	范栢康	J		WAC	J6		1.85		HK Athletic League Rd 3	7-Jun-09	Hong Kong
12	M	HJ	CHAN KA WAI	陳家偉	J		SCAA	J7		1.80		HK Athletic League Rd 1	15-Feb-09	Hong Kong
12	M	HJ	MA CHUN PONG	馬俊柳	J		WAC	J7		1.80		HK Junior Age Group Athletic Meet Race 1	10-Jan-09	Hong Kong
12	M	HJ	CHIN CHING YIU	錢正耀	J		SKSS	J7		1.80		HK Inter-School Div 1	13-Mar-09	Hong Kong
12	M	HJ	LAM WING CHUN	林榮進	J			J7		1.80		HK Athletic League Rd 3	7-Jun-09	Hong Kong
12	M	HJ	YUNG YAM CHUN	戎欽俊	J			J7		1.80		TCAA Junior Athletic Meet Race 2	31-Oct-09	Hong Kong
POLE VAULT														
13	M	PV	NG CHIT WING	吳哲穎	S		WAC	1		4.28		IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
13	M	PV	MAK CHUN YIU	麥鐫耀	S		HKIED	2		4.00		48th USFHK	8-Mar-09	Hong Kong
13	M	PV	LUI YICK CHI	呂益誌	S		TCAA	3		3.90		Hong Kong Open AthleticsMeet 2009	08-Nov-09	Hong Kong
13	M	PV	NGKAYUNG	吳嘉勇	S		Poly U	4		3.80		48th USFHK	8-Mar-09	Hong Kong
13	M	PV	LAM KAI LING	林啟令	S		WAC	5		3.70		HK Athletic League Rd 2	21-Mar-09	Hong Kong
13	M	PV	WONG SUI WAI	王緒威	S		HKU	5		3.70		HK Athletic League Rd 3	7-Jun-09	Hong Kong
13	M	PV	YAU WAI HUNG	邱威雄	S		TCAA	5		3.70		HK Athletic League Rd 3	7-Jun-09	Hong Kong
13	M	PV	CHENG SAN CHI	鄭新智	S		WAC	8		3.60		HK Athletic League Rd 2	21-Mar-09	Hong Kong
13	M	PV	TANG CHUN LING	鄧振齡	S		TCAA	8		3.60		IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
13	M	PV	CHUNG CHI HANG	鍾智恒	S		WAC	8		3.60		IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
13	M	PV	LAW CHAK HIN	羅澤軒	J		TCAA		J1	2.80		Hong Kong Open AthleticsMeet 2009	08-Nov-09	Hong Kong
13	M	PV	CHEUNG PUI YIN	張培賢	J		SMS	J2		2.60		HK Athletic League Rd 3	7-Jun-09	Hong Kong
13	M	PV	MO WING YIN	毛永彥	J		SMS	J2		2.60		HK Inter City Athletic Championships	5-Jul-09	Hong Kong
13	M	PV	KWONG MING KIN	鄺銘健	J		KCMC	J4		2.00		HK Athletic League Rd 2	22-Mar-09	Hong Kong
LONG JUMP														
14	M	LJ	JIAN WEIJIE	簡偉傑	S		HKU	1		7.03	+0.1	Hong Kong Open AthleticsMeet 2009	08-Nov-09	Hong Kong
14	M	LJ	WONG MAN YUI	黃文銳	S		TCAA	2		6.96	+0.3	HK Athletic League Rd 3	6-Jun-09	Hong Kong
14	M	LJ	HO TAI YIN	何泰然	S		WAC	2		6.96	+1.5	HK Athletic League Rd 3	6-Jun-09	Hong Kong
14	M	LJ	PANG YING KIT	彭英杰	J		WAC	4	J1	6.94	+1.3	HK Athletic League Rd 2	22-Mar-09	Hong Kong
14	M	LJ	NG CHIT WING	吳哲穎	S		WAC	5		6.91	1	HK Athletic League Rd 2	22-Mar-09	Hong Kong
14	M	LJ	TANG HON SING	鄧漢昇	S		WAC	6		6.90	1.2	IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
14	M	LJ	TSE KAI MING	謝繼明	S		WAC	6		6.90	+1.1	HK Athletic League Rd 4	19-Sep-09	Hong Kong
14	M	LJ	SHUM CHIK LAI	岑植禮	J		HVAA	8	J2	6.81	+1.5	HK Junior Age Group Athletic Meet Race 1	11-Jan-09	Hong Kong
14	M	LJ	NG HIN KAN	伍顯勤	S		WAC	9		6.77	-0.1	HK Athletic League Rd 4	19-Sep-09	Hong Kong
14	M	LJ	WONG HON LEUNG	黃漢良	S		CUHK	10		6.73		48th USFHK	8-Mar-09	Hong Kong
14	M	LJ	WONG LOK HEI	汪駱禧	S		WAC	10		6.73	+1.5	Hong Kong Open AthleticsMeet 2009	08-Nov-09	Hong Kong
14	M	LJ	SO SHEK HANG	蘇碩恆	J		WAC	J3		6.50	+2.0	HK Athletic League Rd 3	6-Jun-09	Hong Kong
14	M	LJ	SO CHUN HONG	蘇進康	J		FK1SS	J4		6.43	1.5	TCAA Junior Athletic Meet	10-May-09	Hong Kong
14	M	LJ	CHAN WING FU	陳永富	J		SJAC	J5		6.40	-2.6	HK Inter-School Div 1	10-Mar-09	Hong Kong
14	M	LJ	KWAN TSZ HIM	關子謙	J		DBS	J6		6.39	-1	HK Inter-School Div 1	10-Mar-09	Hong Kong
14	M	LJ	NGAN CHUN YIN	顏晉彥	J		LSC	J7		6.37	0.8	HK Inter-School Div 1	10-Mar-09	Hong Kong
14	M	LJ	CHAN WAI YIN	陳韋賢	J		WAC	J8		6.32	+2.0	HK Athletic League Rd 4	19-Sep-09	Hong Kong
14	M	LJ	NG CHUN KIT	吳俊傑	J		TCAA	J9		6.30	+0.9	HK Athletic League Rd 4	19-Sep-09	Hong Kong
14	M	LJ	YAU HUNG HAI	丘鴻海	J		SKSS	J10		6.29	+1.7	HK Junior Age Group Athletic Meet Race 2	10-Oct-09	Hong Kong
14	M	LJ	NG HIN KAN	伍顯勤	S		WAC	WA		7.02	+2.3	HK Athletic League Rd 4	19-Sep-09	Hong Kong
TRIPLE JUMP														
15	M	TJ	IP YUI SUN	葉銳新	S		WAC	1		14.71	-0.7	IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
15	M	TJ	WONG KIN NANG	黃見能	S		TCAA	2		14.66	-1.1	IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
15	M	TJ	HO TAI YIN	何泰然	S		WAC	3		14.36	+0.6	HK Athletic League Rd 2	21-Mar-09	Hong Kong
15	M	TJ	LUI TSZ HIN	呂子軒	S		WAC	4		14.32	-1.6	IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
15	M	TJ	WONG LOK HEI	汪駱禧	S		HKT	5		14.10	+0.6	East Asian Games 2009	13-Dec-09	Hong Kong
15	M	TJ	JIAN WEIJIE	簡偉傑	S		HKU	6		13.97	0	Hong Kong Open AthleticsMeet 2009	08-Nov-09	Hong Kong
15	M	TJ	WONG MAN YUI	黃文銳	S		IVE	7		13.88	0	48th USFHK	8-Mar-09	Hong Kong
15	M	TJ	TSO KA HO	曹嘉豪	S		City U	8		13.69	0.3	48th USFHK	8-Mar-09	Hong Kong
15	M	TJ	PANG YING KIT	彭英杰	J		LSC	9	J1	13.67	-0.1	HK Inter-School Div 1	4-Mar-09	Hong Kong
15	M	TJ	SO SHEK HANG	蘇碩恆	J		WAC	10	J2	13.58	+0.8	HK Athletic League Rd 3	7-Jun-09	Hong Kong
15	M	TJ	CHAN CHI SHING	陳志成	J		WAC	J3		13.53	+0.1	HK Athletic League Rd 2	21-Mar-09	Hong Kong
15	M	TJ	YUNG RON	翁朗	J		DBS	J4		13.44	0.4	HK Inter-School Div 1	13-Mar-09	Hong Kong
15	M	TJ	KWOK HO SANG	郭昊生	J		WYK	J5		13.24	-0.5	HK Inter-School Div 1	13-Mar-09	Hong Kong
15	M	TJ	LAM LOK FUNG	林樂烽	J		LSC	J6		12.97	-0.3	HK Inter-School Div 1	13-Mar-09	Hong Kong
15	M	TJ	KWAN TSZ KIT	關子傑	J		DBS	J7		12.96	-1.1	HK Inter-School Div 1	13-Mar-09	Hong Kong
15	M	TJ	LIU TIN WAI	廖天偉	J		TCAA	J8		12.86	+0.3	HK Junior Age Group Athletic Meet Race 1	11-Jan-09	Hong Kong
15	M	TJ	CHAN WAI YIN	陳韋賢	J		HPCCS	J8		12.86	+0.1	HK Inter-School Div 1	13-Mar-09	Hong Kong
15	M	TJ	LUI CHUN YAN	呂俊人	J		CGHCAC	J9		12.80	-0.6	HK Inter-School Div 1	4-Mar-09	Hong Kong
15	M	TJ	FONG CHUN HO		J		WAC	WA		13.01	+2.8	HK Junior Age Group Athletic Meet Race 2	11-Oct-09	Hong Kong

HKAAA Top 10 Ranking List 2009 (MEN)

order	Sex	Event	Athlete	Chi	S	J	Team	Rank	J_Rank	Perf.	WS	Name of Competition	Date	Venue
SHOT PUT														
16	M	SP	CHIU LAP SAN	招立新	S		HKT	1		14.48		East Asian Games 2009	11-Dec-09	Hong Kong
16	M	SP	LAM WAI	林瑋	J		WAC	2	J1	13.75		HK Athletic League Rd 4	19-Sep-09	Hong Kong
16	M	SP	HONG PAK TO	康栢濤	J		WAC	3	J2	13.25		HK Athletic League Rd 4	19-Sep-09	Hong Kong
16	M	SP	YU CHI SIU	于子猷	S		HKU	4		12.51		48th USFHK	8-Mar-09	Hong Kong
16	M	SP	CHIN HO FUNG	錢浩峰	S		HKIED	5		12.13		48th USFHK	8-Mar-09	Hong Kong
16	M	SP	TSANG KWUN KAU	曾冠球	S		HVAA	6		12.08		HK Athletic League Rd 3	7-Jun-09	Hong Kong
16	M	SP	LI SIU WA	李兆樺	S		WAC	7		11.74		HK Inter City Athletics Championships	4-Jul-09	Hong Kong
16	M	SP	LEUNG HOI KIT	梁愷傑	S		IVE	8		11.57		48th USFHK	8-Mar-09	Hong Kong
16	M	SP	ROBERT JAMES WALSH	羅拔積	S		WAC	9		11.47		HK Athletic League Rd 4	19-Sep-09	Hong Kong
16	M	SP	WONG MING MING	王名明	S		SCAA	10		11.28		HK Athletic League Rd 1	15-Feb-09	Hong Kong
16	M	SP	YU CHI YEUNG	余致揚	J		WAC		J3	11.20		Hong Kong Open AthleticsMeet 2009	08-Nov-09	Hong Kong
16	M	SP	CHU LIN KAM	朱連錦	J		LKCC		J4	10.86		HK Athletic League Final	24-Oct-09	Hong Kong
16	M	SP	SUEN CHI KIN	孫子健	J		HVAA		J5	9.47		HK Athletic League Rd 1	15-Feb-09	Hong Kong
16	M	SP	LAU WING SAN	劉榮榮	J		KwT		J6	9.26		HK Game 2009	17-May-09	Hong Kong
16	M	SP	CHOW PONG WAI	周邦煒	J		WAC		J7	9.12		IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
16	M	SP	WONG TSZ KIN	黃子健	J		LKCC		J8	8.49		HK Athletic League Rd 2	22-Mar-09	Hong Kong
16	M	SP	VITAL RAYNIEL SAJOR	溫偉倫	J		KCMC		J9	8.32		HK Game 2009	17-May-09	Hong Kong
16	M	SP	CHAN NGAN CHUEN	陳銀川	J		WAC		J10	7.97		HK Athletic League Rd 2	22-Mar-09	Hong Kong
DISCUS THROW														
17	M	DT	CHIU LAP SAN	招立新	S		HKT	1		45.24		East Asian Games 2009	12-Dec-09	Hong Kong
17	M	DT	ROBERT JAMES WALSH	羅拔積	S		WAC	2		41.19		HK Inter City Athletics Championships	4-Jul-09	Hong Kong
17	M	DT	CHIN HO FUNG	錢浩峰	S		HKIED	3		39.84		48th USFHK	8-Mar-09	Hong Kong
17	M	DT	LEUNG HOI KIT	梁愷傑	S		HVAA	4		39.50		HK Athletic League Rd 2	22-Mar-09	Hong Kong
17	M	DT	LEE YAT KAM	李溢錦	J		CGHCAC	5	J1	38.84		IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
17	M	DT	TSANG KWUN KAU	曾冠球	S		HVAA	6		36.16		IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
17	M	DT	LAM WAI	林瑋	J		WAC	7	J2	34.57		HK Athletic League Rd 3	7-Jun-09	Hong Kong
17	M	DT	YU CHI YEUNG	余致揚	J		WAC	8	J3	34.32		HK Athletic League Rd 3	7-Jun-09	Hong Kong
17	M	DT	LAM WAI SHING	藍偉誠	J		TM	9	J4	33.70		HK Game 2009	16-May-09	Hong Kong
17	M	DT	CHEUNG CHO LUNG	張祖龍	S		SCAA	10		33.67		HK Athletic League Rd 1	14-Feb-09	Hong Kong
17	M	DT	CHU LIN KAM	朱連錦	J		LKCC		J5	32.14		IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
17	M	DT	CHOW PONG WAI	周邦煒	J		WAC		J6	31.57		Hong Kong Open AthleticsMeet 2009	08-Nov-09	Hong Kong
17	M	DT	HONG PAK TO	康栢濤	J		WAC		J7	30.49		HK Athletic League Rd 4	20-Sep-09	Hong Kong
17	M	DT	VITAL RAYNIEL SAJOR	溫偉倫	J		KCMC		J8	29.00		IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
17	M	DT	KOON SHING KWONG	官成廣	J		N		J9	27.90		HK Game 2009	16-May-09	Hong Kong
17	M	DT	CHOW TAK HEI	周德熹	J		WAC		J10	27.87		HK Athletic League Rd 1	14-Feb-09	Hong Kong
JAVELIN THROW														
18	M	JT	YIU CHI PANG	姚志鵬	J		E	1	J1	53.88		HK Game 2009	17-May-09	Hong Kong
18	M	JT	YUEN HON MO	楊翰武	S		HVAA	2		52.54		IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
18	M	JT	YU CHI SIU	于子猷	S		ST	3		51.09		HK Game 2009	17-May-09	Hong Kong
18	M	JT	NG HON MING	吳翰鳴	S		HKUST	4		51.03		48th USFHK	8-Mar-09	Hong Kong
18	M	JT	CHEUNG TAK LEUNG	張德良	S		TCAA	5		50.73		HK Athletic League Rd 4	19-Sep-09	Hong Kong
18	M	JT	HA CHUN TUNG STANLEY	夏震東	S		TCAA	6		50.26		Hong Kong Open AthleticsMeet 2009	08-Nov-09	Hong Kong
18	M	JT	NG KWOK CHEUNG	吳國彰	J		WAC	7	J2	50.23		HK Junior Age Group Athletic Meet Race 1	11-Jan-09	Hong Kong
18	M	JT	NG SIU YING	吳兆盈	S		TM	8		46.56		HK Game 2009	17-May-09	Hong Kong
18	M	JT	CHOW WAI KIN	周偉健	S		E	9		46.21		HK Game 2009	17-May-09	Hong Kong
18	M	JT	NG CHENG MING	吳松明	J		WAC	10	J3	45.57		HK Junior Age Group Athletic Meet Race 1	11-Jan-09	Hong Kong
18	M	JT	MAN KO CHUN	文高俊	J		LCW		J4	45.35		TCAA Athletic Meet	10-May-09	Hong Kong
18	M	JT	KOON SHING KWONG	官成廣	J		WAC		J5	44.63		IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
18	M	JT	TANG WAI LAM	鄧煒霖	J		SCAA		J6	43.59		HK Junior Age Group Athletic Meet Race 1	11-Jan-09	Hong Kong
18	M	JT	FUNG YAT LONG	馮日朗	J		NWCSS		J7	43.09		HK Athletic League Final	24-Oct-09	Hong Kong
18	M	JT	ALI SADDAM HUSSAIU	阿禮	J		TCAA		J8	43.00		HK Athletic League Rd 4	19-Sep-09	Hong Kong
18	M	JT	KWONG KEUM HWAN	鄺錦煥	J		SCAA		J9	42.74		HK Junior Age Group Athletic Meet Race 1	11-Jan-09	Hong Kong
18	M	JT	YUNG CHI LUNG	翁志龍	J		WAC		J10	42.06		HK Junior Age Group Athletic Meet Race 1	11-Jan-09	Hong Kong
HAMMER THROW														
19	M	HT	LAM WAI	林瑋	J		WAC	1	J1	54.84		Hong Kong Open AthleticsMeet 2009	08-Nov-09	Hong Kong
19	M	HT	FONG CHARM HUNG	方燦雄	S		SCAA	2		48.49		IAAF World Athletic Day and Open Meet	3-May-09	Hong Kong
19	M	HT	LEUNG WAI KIN	梁偉健	J		SCAA	3	J2	42.74		HK Athletic League Rd 3	7-Jun-09	Hong Kong
19	M	HT	YIP YIU CHUNG	葉耀聰	S		WAC	4		22.44		HK Athletic League Final	24-Oct-09	Hong Kong
19	M	HT	LI YU TAT	李瑜達	J			5	J3	21.89		HK Athletic League Rd 3	7-Jun-09	Hong Kong
19	M	HT	LEE CHI WAI	李志煒	S		TCAA	6		21.62		HK Athletic League Rd 2	21-Mar-09	Hong Kong
19	M	HT	VITAL RAYNIEL SAJOR	溫偉倫	J		KCMC	7	J4	21.28		HK Athletic League Rd 3	7-Jun-09	Hong Kong
19	M	HT	CHIM YAN CHIU	詹欣釗	S			8		18.88		HK Athletic League Rd 3	7-Jun-09	Hong Kong
19	M	HT	TSE YUE TUNG	謝于東	S		====	9		14.61		HK Athletic League Rd 1	15-Feb-09	Hong Kong
19	M	HT	LAM WING KEI	林榮基	J			10	J5	12.82		HK Athletic League Rd 3	7-Jun-09	Hong Kong
19	M	HT	NG WA SING	吳華星	J				J6	11.99		HK Athletic League Rd 3	7-Jun-09	Hong Kong
DECATHLON														
21	M	DECA	NG CHIT WING	吳哲穎	S		WAC	1		6469		HK Athletic League Rd 2	21-Mar-09	Hong Kong
21	M	DECA	WONG SUI WAI	王緒威	S		HKU	2		4773		HK Athletic League Rd 2	21-Mar-09	Hong Kong
21	M	DECA	CHAN WAI MING	陳偉明	S		WAC	3		4158		HK Inter City Athletic Championships	5-Jul-09	Hong Kong
21	M	DECA	CHUNG CHI HANG	鍾智恆	S		WAC	4		4099		HK Inter City Athletic Championships	5-Jul-09	Hong Kong
21	M	DECA	KWONG MING KIN	鄺銘健	J		KCMC	5	J1	4000		HK Athletic League Rd 2	21-Mar-09	Hong Kong
21	M	DECA	MO WING YIN	毛永彥	J		SMS	6	J2	3649		HK Athletic League Rd 2	21-Mar-09	Hong Kong
21	M	DECA	YU TSZ HIN	余子軒	J		SMS	7	J3	2856		HK Athletic League Rd 2	21-Mar-09	Hong Kong
21	M	DECA	TSE WING LUNG	謝永龍	S		WAC	8		2800		HK Inter City Athletic Championships	5-Jul-09	Hong Kong
21	M	DECA	YUEN KWOK KEUNG	阮國強	S		TCAA	9		2458		HK Athletic League Rd 2	21-Mar-09	Hong Kong
21	M	DECA	CHEUNG PUI YIN	張培賢	J		SMS	10	J4	1898		HK Athletic League Rd 2	21-Mar-09	Hong Kong

HKAAA Top 10 Ranking List 2009 (MEN)

order	Sex	Event	Athlete	Chi	S	J	Team	Rank	J_Rank	Perf.	WS	Name of Competition	Date	Venue
22	M	10KM	THOMAS KIPROTICH		S		ASA	1		0:31:01		HKMP Shatin 10K Riverside Race 2009	8-Mar-09	Hong Kong
22	M	10KM	STEFANO PASSARELLO		S		AVOHK	2		0:31:27		HKMP Shatin 10K Riverside Race 2009	8-Mar-09	Hong Kong
22	M	10KM	CHAN KA HO	陳家豪	S		TWAC	3		0:32:16		HK 10k Challenge 2009	15-Nov-09	Hong Kong
22	M	10KM	ANDY NAYLOR		S			4		0:32:33		HKMP Shatin 10K Riverside Race 2009	8-Mar-09	Hong Kong
22	M	10KM	GI KA MAN	紀嘉文	S			5		0:32:46		Unicef Charity Run 2009	29-Nov-09	Hong Kong
22	M	10KM	MATTHEW JONES		S			6		0:32:46		HKMP Shatin 10K Riverside Race 2009	8-Mar-09	Hong Kong
22	M	10KM	KEVIN CLARK		S			7		0:33:30		HKMP Shatin 10K Riverside Race 2009	8-Mar-09	Hong Kong
22	M	10KM	QUE YIN TIK	郭延廷	S			8		0:33:46		HK 10k Challenge 2009	15-Nov-09	Hong Kong
22	M	10KM	CHEUNG CHUN FAN	張振藩	S			9		0:33:47		HK 10k Challenge 2009	15-Nov-09	Hong Kong
22	M	10KM	MAN SIU KIT	文少杰	S		WAC	10		0:33:56		Standard Chartered Marathon 2009	8-Feb-09	Hong Kong
22	M	10KM	CHAN LONG TING	陳朗庭		J	WAC		J1	0:34:25		HK 10k Challenge 2009	15-Nov-09	Hong Kong
22	M	10KM	AU KA LUN	區嘉倫		J	RRAC		J2	0:34:52		HK 10k Challenge 2009	15-Nov-09	Hong Kong
22	M	10KM	HON CHUN SANG	韓俊生		J	SHDC		J3	0:34:58		HK 10k Challenge 2009	15-Nov-09	Hong Kong
22	M	10KM	LEE CHEUK HIM	李卓謙		J			J4	0:35:32		HK 10k Challenge 2009	15-Nov-09	Hong Kong
22	M	10KM	MAK YUN LEUNG	麥潤良		J			J5	0:35:45		HK 10k Challenge 2009	15-Nov-09	Hong Kong
22	M	10KM	YUEN HO YIN	袁浩然		J			J6	0:35:51		HK 10k Challenge 2009	15-Nov-09	Hong Kong
22	M	10KM	WONG TSZ CHUNG	黃梓聰		J	HVAA		J7	0:35:53		HK 10k Challenge 2009	15-Nov-09	Hong Kong
22	M	10KM	TSANG HON SING	曾漢聲		J	ASA		J8	0:35:55		Standard Chartered Marathon 2009	8-Feb-09	Hong Kong
22	M	10KM	TANG MAN WA	鄧敏華		J			J9	0:36:08		HK 10k Challenge 2009	15-Nov-09	Hong Kong
22	M	10KM	HA MING YIN	夏銘賢		J			J10	0:36:11		Unicef Charity Run 2009	29-Nov-09	Hong Kong
MARATHON														
24	M	HM	KIPROTICH THOMAS		S		ASA	1		1:09:17		Standard Chartered Marathon 2009	8-Feb-09	Hong Kong
24	M	HM	CHAN KA HO	陳家豪	S		TWAC	2		1:09:50		Incheon International Half Marathon	29-Mar-09	Incheon
24	M	HM	GI KA MAN	紀嘉文	S		WAC	3		1:11:48		Standard Chartered Marathon 2009	8-Feb-09	Hong Kong
24	M	HM	LAI HOK YAN	賴學恩	S		Police AC	4		1:12:16		Gold Coast Airport Marathon	5-Jul-09	Queensland
24	M	HM	NAYLOR ANDY		S			5		1:12:51		Mizuno Half Marathon 2009	4-Jan-09	Hong Kong
24	M	HM	CHOI TAT MING	蔡達明	S			6		1:13:49		Fubon Taipei International Marathon	20-Dec-09	Hong Kong
24	M	HM	CHAN KWOK CHEUNG	陳國璋	S		TWAC	7		1:15:06		Mizuno Half Marathon 2009	4-Jan-09	Hong Kong
24	M	HM	WONG WANG KEUNG	黃宏強	S			8		1:15:08		Unicef Charity Run 2009	29-Nov-09	Hong Kong
24	M	HM	YIP TUNG HOI	葉東海	S		WAC	9		1:15:13		Mizuno Half Marathon 2009	4-Jan-09	Hong Kong
24	M	HM	WUN YIU CHEONG	溫耀昌	S			10		1:15:15		Mizuno Half Marathon 2009	4-Jan-09	Hong Kong
24	M	HM	AU KA LUN	區嘉倫		J	RRAC		J1	1:16:59		Yangzhou China Jianzhen International HM	26-Apr-09	Yangzhou
24	M	HM	LAU KIN HANG	劉建亨	J		TWAC		J2	1:20:24		Unicef Charity Run 2009	29-Nov-09	Hong Kong
24	M	HM	HA MING YIN	夏銘賢	J		RRAC		J3	1:21:46		Macau Galaxy International Marathon	6-Dec-09	Macau
24	M	HM	KWOK YUK TING	郭昱廷	J		WAC		J4	1:22:08		Standard Chartered Marathon 2009	8-Feb-09	Hong Kong
24	M	HM	WONG MENG FAT	黃明發	J				J5	1:22:16		Mizuno Half Marathon 2009	4-Jan-09	Hong Kong
24	M	HM	LIP YING KIT	聶英傑	J		TCAA		J6	1:22:54		Mizuno Half Marathon 2009	4-Jan-09	Hong Kong
24	M	HM	SZE TSZ CHIU	施子超	J		RRAC		J7	1:23:31		Standard Chartered Marathon 2009	8-Feb-09	Hong Kong
24	M	HM	YUEN HO YIN	袁浩然	J		TCAA		J8	1:23:39		Mizuno Half Marathon 2009	4-Jan-09	Hong Kong
24	M	HM	CHING KONG HANG	程光恆	J		WAC		J9	1:23:51		Mizuno Half Marathon 2009	4-Jan-09	Hong Kong
24	M	HM	CHAN MIN TIN	陳勉廷	J		WAC		J10	1:24:10		Mizuno Half Marathon 2009	4-Jan-09	Hong Kong
MARATHON														
25	M	MARA	STEFANO PASSARELLO		S			1		2:28:12		Standard Chartered Marathon 2009	8-Feb-09	Hong Kong
25	M	MARA	LAI HOK YAN	賴學恩	S		Police AC	2		2:32:06		Standard Chartered Marathon 2009	8-Feb-09	Hong Kong
25	M	MARA	NAYLOR ANDY		S			3		2:32:39		Flora London Marathon	26-Apr-09	London
25	M	MARA	MARTIN KENNARDO		S			4		2:36:22		64rd Fukuoka International Marathon	6-Dec-09	Fukuoka
25	M	MARA	LAI HO KI	黎可基	S		TCAA	5		2:38:05		2009 Nagano Marathon	19-Apr-09	Nagano
25	M	MARA	CHOI TAT MING	蔡達明	S		CSRA	6		2:38:32		C&D Xiamen International Marathon	3-Jan-09	Xiamen
25	M	MARA	WILLIAM MARK		S			7		2:41:00		Standard Chartered Marathon 2009	8-Feb-09	Hong Kong
25	M	MARA	WUN YIU CHEONG	溫耀昌	S		TCAA	8		2:42:17		Macau Galaxy International Marathon	6-Dec-09	Macau
25	M	MARA	HORVATH ADRIAN		S		AVOHK	9		2:43:06		Standard Chartered Marathon 2009	8-Feb-09	Hong Kong
25	M	MARA	GI KA MAN	紀嘉文	S		WAC	10		2:43:46		Okinawa Marathon	21-Feb-09	Okinawa

HKAAA Top 10 Ranking List 2009 (MEN)

order	Sex	Event	Athlete	Chi	S	J	Team	Rank	J_Rank	Perf.	WS	Name of Competition	Date	Venue
26	M	3000M WALK	FAN MING YAN	樊銘恩		J		J1		17:30.75		HK Race Walking Competition 2009-Race1	31-May-09	Hong Kong
26	M	3000M WALK	LEE CHO WAI JIMMY	李祖維		J		J2		17:32.84		HK Race Walking Competition 2009-Race1	31-May-09	Hong Kong
26	M	3000M WALK	CHONG HIU FUNG	莊曉灝		J	SHTB	J3		17:35.14		HK Race Walking Competition 2009-Race1	31-May-09	Hong Kong
26	M	3000M WALK	YUEN HO MING	袁皓明		J		J4		18:21.25		HK Race Walking Competition 2009-Race1	31-May-09	Hong Kong
26	M	3000M WALK	WONG KIN TAO JONATHAN	王建滔		J	SHTB	J5		18:25.69		HK Race Walking Competition 2009-Race1	31-May-09	Hong Kong
26	M	3000M WALK	CHAN YUNG CHI	陳勇志		J		J6		18:54.51		HK Race Walking Competition 2009-Race1	31-May-09	Hong Kong
26	M	3000M WALK	WU KIT SING	胡吉星		J		J7		19:31.92		HK Race Walking Competition 2009-Race1	31-May-09	Hong Kong
26	M	3000M WALK	SIU MAN SHUN GENESIS	蕭文舜		J		J8		19:52.68		HK Race Walking Competition 2009-Race1	31-May-09	Hong Kong
26	M	3000M WALK	CHEUNG CHI NGO	張智邈		J		J9		20:14.23		HK Race Walking Competition 2009-Race1	31-May-09	Hong Kong
26	M	3000M WALK	MAK TING CHUNG	麥庭彰		J		J10		20:32.28		HK Race Walking Competition 2009-Race1	31-May-09	Hong Kong
27	M	5000M WALK	TSE CHUN HUNG	謝振雄	S		SHTB	1		23:41.72		HK Race Walking Competition 2009-Race1	31-May-09	Hong Kong
27	M	5000M WALK	CHEUNG WAI TAK	張維德	S		SHTB	2		23:49.75		HK Race Walking Competition 2009-Race1	31-May-09	Hong Kong
27	M	5000M WALK	CHAN CHI KIN STANLEY	陳志堅	S			3		27:22.90		HK Race Walking Competition 2009-Race1	31-May-09	Hong Kong
27	M	5000M WALK	LEE CHUN WAI	李振威	S		SHTB	4		27:33.78		HK Race Walking Competition 2009-Race1	31-May-09	Hong Kong
27	M	5000M WALK	CHAN KA YIU	陳家耀	S		SHTB	5		28:21.87		HK Race Walking Competition 2009-Race1	31-May-09	Hong Kong
27	M	5000M WALK	YEUNG CHAM HOI	楊湛海	S		SHTB	6		29:28.61		HK Race Walking Competition 2009-Race1	31-May-09	Hong Kong
27	M	5000M WALK	GREGORIE PTETER JOHN		S			7		29:43.27		HK Race Walking Competition 2009-Race1	31-May-09	Hong Kong
27	M	5000M WALK	YU WAI KEE	余偉基	S		SHTB	8		29:47.07		HK Race Walking Competition 2009-Race1	31-May-09	Hong Kong
27	M	5000M WALK	CHEUNG WING HIN DANEIL	張永軒	S		SHTB	9		30:27.82		HK Race Walking Competition 2009-Race1	31-May-09	Hong Kong
27	M	5000M WALK	LEUNG TING KIN	梁丁健	S			10		30:39.85		HK Race Walking Competition 2009-Race1	31-May-09	Hong Kong
27	M	5000M WALK	LEE CHO WAI JIMMY	李祖維		J		J1		31:05:53		HK Race Walking Competition 2009-Race 2	13-Sep-09	Hong Kong
27	M	5000M WALK	FAN MING YAN	樊銘恩		J		J2		31:05:93		HK Race Walking Competition 2009-Race 2	13-Sep-09	Hong Kong
27	M	5000M WALK	CHONG HIU FUNG	莊曉灝		J	SHTB	J3		31:27:90		HK Race Walking Competition 2009-Race 2	13-Sep-09	Hong Kong
27	M	5000M WALK	YUEN HO MING	袁皓明		J	SHTB	J4		31:55:37		HK Race Walking Competition 2009-Race 2	13-Sep-09	Hong Kong
27	M	5000M WALK	YIM CHI LOK	嚴志樂		J	SHTB	J5		35:31:33		HK Race Walking Competition 2009-Race 2	13-Sep-09	Hong Kong
28	M	10000M WALK												
28	M	10000M WALK	CHEUNG WAI TAK	張維德	S		SHTB	1		0:51:11		HK Race Walking Competition 2009-Race 2	13-Sep-09	Hong Kong
28	M	10000M WALK	TSE CHUN HUNG	謝振雄	S		SHTB	1		0:51:29		HK Race Walking Competition 2009-Race 2	13-Sep-09	Hong Kong
29	M	10KM WALK												
		20KM WALK												
30	M	20KM WALK	TSE CHUN HUNG	謝振雄	S		HKT	1		1:34:50		AAA 20km Race Walking Championships	15-Mar-09	Nomi
30	M	20KM WALK	CHEUNG WAI TAK	張維德	S		SHTB	2		1:38:52		Hong Kong Road Race Walking Championships 2009	22-Nov-09	Hong Kong
30	M	20KM WALK	NG HANG TAT	吳恆達				3		1:57:45		Hong Kong Road Race Walking Championships 2009	22-Nov-09	Hong Kong
30	M	20KM WALK	CHAN KA YIU	陳家耀			SHTB	4		2:01:01		Hong Kong Road Race Walking Championships 2009	22-Nov-09	Hong Kong
30	M	20KM WALK	CHAN WAI ON	陳偉安			SHTB	5		2:05:42		Hong Kong Road Race Walking Championships 2009	22-Nov-09	Hong Kong
30	M	20KM WALK	PURVES BILL				HKLRR	6		2:06:00		Hong Kong Road Race Walking Championships 2009	22-Nov-09	Hong Kong
30	M	20KM WALK	LEUNG TING KIN	梁丁健				7		2:08:04		Hong Kong Road Race Walking Championships 2009	22-Nov-09	Hong Kong
30	M	20KM WALK	CHEUNG WING HIN DANIEL	張永軒			SHTB	8		2:10:21		Hong Kong Road Race Walking Championships 2009	22-Nov-09	Hong Kong
30	M	20KM WALK	IU CHEUNG KIT	姚章傑			SHTB	9		2:10:57		Hong Kong Road Race Walking Championships 2009	22-Nov-09	Hong Kong
30	M	20KM WALK	CHOW FUNG CHUEN	周鋒全			SHTB	10		2:15:41		Hong Kong Road Race Walking Championships 2009	22-Nov-09	Hong Kong