

HKAAA Top 10 Ranking List 2010 (WOMEN)

order	Sex	Event	Athlete	Chi	S	J	Team	Rank	J_Rank	Perf.	WS	Name of Competition	Date	Venue
1	W	100M	100M											
1	W	100M	WAN KIN YEE	溫健儀	S		TCAA	1		11.95	+2.0	IAAF Wolrd Athletic Day and Open Meet	16-May-10	Hong Kong
1	W	100M	LAM ON KI	林安琪	J		HKT	2	J1	12.02	0.0	Asian Grand Prix-1	1-Jun-10	Pune
1	W	100M	LEUNG HAU SZE	梁巧詩	J		DGS	3	J2	12.05	+0.5	Inter-Schol Div I	12-Mar-10	Hong Kong
1	W	100M	POON PAK YAN	潘柏茵	S		PAC	4		12.09	+2.0	IAAF Wolrd Athletic Day and Open Meet	16-May-10	Hong Kong
1	W	100M	CHAN HO YEE	陳皓怡	S		HVAA	5		12.25	+1.6	49th USFHK	14-Mar-10	Hong Kong
1	W	100M	LO KA LAM	盧嘉琳	J		PAC	6	J3	12.30	+2.0	IAAF Wolrd Athletic Day and Open Meet	16-May-10	Hong Kong
1	W	100M	HUI MAN LING	許文玲	J		WAC	7	J4	12.37	+1.1	Xtep Hong Kong Athletics League 2010-Rd 2	11-Apr-10	Hong Kong
1	W	100M	YAN HOI TUNG	殷愷桐	J		PAC	8	J5	12.50	+2.0	IAAF Wolrd Athletic Day and Open Meet	16-May-10	Hong Kong
1	W	100M	HUI HOI MAN	許愷雯	S		HKU	9		12.52	+1.6	49th USFHK	14-Mar-10	Hong Kong
1	W	100M	FONG YEE PUI	方綺蓓	J		HKT		J6	12.57	0.0	Asian Grand Prix-2	5-Jun-10	Bangalore
1	W	100M	TANG UEN SHAN	鄧宛珊	S		WAC	10		12.64	-1.8	Xtep Hong Kong Athletics League 2010-Rd 1	21-Mar-10	Hong Kong
1	W	100M	LUI LAI YIU	呂麗瑤	J		WAC		J7	12.76	+1.3	IAAF Wolrd Athletic Day and Open Meet	16-May-10	Hong Kong
1	W	100M	CHAN HIU TUNG	陳曉彤	J		PAC		J8	12.85	+0.6	IAAF Wolrd Athletic Day and Open Meet	16-May-10	Hong Kong
1	W	100M	MOK ELITE	莫伊烈	J		TCAA		J8	12.85	+0.6	IAAF Wolrd Athletic Day and Open Meet	16-May-10	Hong Kong
1	W	100M	WONG HIU YAN	汪曉茵	J		DGS		J10	12.86	+0.5	Inter-Schol Div I	12-Mar-10	Hong Kong
2	W	200M	200M											
2	W	200M	LEUNG HAU SZE	梁巧詩	J		DGS	1	J1	25.04	+0.5	Inter-Schol Div I	12-Mar-10	Hong Kong
2	W	200M	WAN KIN YEE	溫健儀	S		TCAA	2		25.46	-0.4	Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong
2	W	200M	POON PAK YAN	潘柏茵	S		PAC	3		25.78	-0.2	Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong
2	W	200M	LO KA LAM	盧嘉琳	J			4	J2	25.86	-2.5	TCAA Junior Athletic Meet 2010	21-May-10	Hong Kong
2	W	200M	TANG UEN SHAN	鄧宛珊	S		WAC	5		25.90	-1.2	Xtep Hong Kong Athletics League 2010-Rd 1	20-Mar-10	Hong Kong
2	W	200M	HUI MAN LING	許文玲	J		DGS	6	J3	25.98	+0.5	Inter-Schol Div I	12-Mar-10	Hong Kong
2	W	200M	YAN HOI TUNG	殷愷桐	J		PAC	7	J4	26.00	-0.2	Xtep Hong Kong Athletics League 2010-Rd 3	29-Mar-10	Hong Kong
2	W	200M	LAM HO YAN	林浩茵	J		CSRA	8	J5	26.06	+1.6	IAAF Wolrd Athletic Day and Open Meet	16-May-10	Hong Kong
2	W	200M	CHAN HO YEE	陳皓怡	S		City U	9		26.13	-0.3	49th USFHK	14-Mar-10	
2	W	200M	TSANG WING YAN	曾詠茵	S		TCAA	10		26.36	+1.6	IAAF Wolrd Athletic Day and Open Meet	16-May-10	Hong Kong
2	W	200M	LUI LAI YIU	呂麗瑤	J		PCMS		J6	26.45	+1.1	Inter-Schol Div I	12-Mar-10	Hong Kong
2	W	200M	LO YUK TING	盧玉婷	J		TCAA		J7	26.47	+1.6	IAAF Wolrd Athletic Day and Open Meet	16-May-10	Hong Kong
2	W	200M	CHAN YIN TING	陳彥婷	J		WAC		J8	26.53	-1.2	Xtep Hong Kong Athletics League 2010-Rd 1	20-Mar-10	Hong Kong
2	W	200M	CHAN KA SIN	陳家倩	J		CSRA		J9	26.70	-0.2	Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong
2	W	200M	LI WINKIE	李偉靚	J		GHS		J10	26.75	+0.5	Inter-Schol Div I	12-Mar-10	Hong Kong
2	W	200M	FONG YEE PUI	方綺蓓	J		HKT		NW	25.85	NW	14th Asian Junior Athletics Championships	3-Jul-10	Hanoi
2	W	200M	LUI LAI YIU	呂麗瑤	J		PCMS		WA	26.35	+3.1	Inter-Schol Div I	9-Mar-10	Hong Kong
3	W	400M	400M											
3	W	400M	HUI MAN LING	許文玲	J		DGS	1	J1	0:59.52		Inter-Schol Div I	12-Mar-10	Hong Kong
3	W	400M	CHAN CHI YAN	陳芷欣	J		HYS	2	J2	0:59.78		Inter-Schol Div I	3-Mar-10	Hong Kong
3	W	400M	CHAN YIN TING	陳彥婷	J		WAC	3	J3	0:59.89		Xtep Hong Kong Athletics League 2010-Rd 1	21-Mar-10	Hong Kong
3	W	400M	CHENG HEI YI	鄭唏爾	S		CU	4		1:01.25		49th USFHK	14-Mar-10	Hong Kong
3	W	400M	LO YUK TING	盧玉婷	J		TCAA	5	J4	1:01.32		Xtep Hong Kong Athletics League 2010-Rd 1	21-Mar-10	Hong Kong
3	W	400M	CHAN YEE KI	陳綺琪	J		WAC	6	J5	1:01.34		Xtep Hong Kong Athletics League 2010-Rd 1	21-Mar-10	Hong Kong
3	W	400M	YUEN HIU YI	袁曉兒	S		SY	7		1:02.11		49th USFHK	14-Mar-10	Hong Kong
3	W	400M	LI WINKIE	李偉靚	J		GHS	8	J6	1:02.12		Inter-Schol Div I	12-Mar-10	Hong Kong
3	W	400M	POON HANG WAI	潘幸慧	J		PAC	9	J7	1:02.26		TCAA Junior Athletic Meet 2010	21-May-10	Hong Kong
3	W	400M	CHAN KA SIN	陳家倩	J		CSRA	10	J8	1:02.55		Xtep Hong Kong Athletics League 2010-Rd 3	30-May-10	Hong Kong
3	W	400M	CHUA YAN CHING	蔡仁靖	J		TCAA		J9	1:02.83		Xtep Hong Kong Athletics League 2010-Rd 3	30-May-10	Hong Kong
3	W	400M	LEUNG HOI YIN	梁愷妍	J		DGS		J10	1:03.08		Inter-Schol Div I	12-Mar-10	Hong Kong

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order	Sex	Event	Athlete	Chi	S	J	Team	Rank	J_Rank	Perf.	WS	Name of Competition	Date	Venue
4	W	800M	800M											
4	W	800M	YIU KIT CHING	姚潔貞	S		CU	1		2:17.94		49th USFHK	14-Mar-10	Hong Kong
4	W	800M	CHAN YEE KI	陳綺琪		J	WAC	2	J1	2:21.66		Xtep Hong Kong Athletics League 2010-Rd 3	29-May-10	Hong Kong
4	W	800M	CHUNG MAN TUNG	鍾敏彤		J	GHS	3	J2	2:22.22		Inter-Schol Div I	12-Mar-10	Hong Kong
4	W	800M	CHAN SIN HUNG	陳倩紅		J	WAC	4	J3	2:23.18		IAAF Wolrd Athletic Day and Open Meet	16-May-10	Hong Kong
4	W	800M	CHEUNG HOI WAH	蔣凱華	S		ASA	5		2:23.62		Xtep Hong Kong Athletics League 2010-Rd 1	20-Mar-10	Hong Kong
4	W	800M	CHAN CHI YAN	陳芷欣		J	HYS	6	J4	2:24.90		Inter-Schol Div I	12-Mar-10	Hong Kong
4	W	800M	CHOI YAN YI	蔡欣妍		J	HYS	7	J5	2:24.93		Inter-Schol Div I	12-Mar-10	Hong Kong
4	W	800M	YU WING HAY	余穎曦	S		HKU	8		2:25.59		49th USFHK	14-Mar-10	Hong Kong
4	W	800M	RACHEL MASON			J	IS	9	J6	2:27.44		Inter-Schol Div I	12-Mar-10	Hong Kong
4	W	800M	TSO SZE MING	曹詩明		J	WAC	10	J7	2:28.14		Xtep HK Junior Age Group Athletic Meet Race 1	23-Jan-10	Hong Kong
4	W	800M	SARAH STAMP			J	IS		J8	2:28.42		Inter-Schol Div I	12-Mar-10	Hong Kong
4	W	800M	ANTHEA WONG	王嘉儀		J	WAC		J9	2:29.20		Xtep Hong Kong Athletics League 2010-Rd 3	29-May-10	Hong Kong
4	W	800M	ELLA MORRISON			J	WIS		J10	2:30.67		Inter-Schol Div I	12-Mar-10	Hong Kong
5	W	1500M	1500M											
5	W	1500M	YIU KIT CHING	姚潔貞	S		CU	1		4:44.53		49th USFHK	14-Mar-10	Hong Kong
5	W	1500M	CHAN YEE KI	陳綺琪		J	WAC	2	J1	4:58.02		Xtep Hong Kong Athletics League 2010-Rd 3	30-May-10	Hong Kong
5	W	1500M	CHEUNG HOI WAH	蔣凱華	S		WAC	3		5:03.07		Xtep Hong Kong Athletics League 2010-Rd 2	11-Apr-10	Hong Kong
5	W	1500M	CHUNG MAN TUNG	鍾敏彤		J	GHS	4	J2	5:04.58		Inter-Schol Div I	3-Mar-10	Hong Kong
5	W	1500M	CHEUNG TING YAN	張庭欣	S		BU	5		5:06.53		49th USFHK	14-Mar-10	Hong Kong
5	W	1500M	OGILVIE NADIA			J	HKU	6	J3	5:09.06		Inter-Schol Div I	3-Mar-10	Hong Kong
5	W	1500M	TSO SZE MING	曹詩明		J	WAC	7	J4	5:12.90		Xtep HK Junior Age Group Athletic Meet Race 1	24-Jan-10	Hong Kong
5	W	1500M	ANTHEA WONG	王嘉儀		J	WAC	8	J5	5:15.58		Xtep Hong Kong Athletics League 2010-Rd 3	30-May-10	Hong Kong
5	W	1500M	CHUI PUI YAN			J	SHCC	9	J6	5:15.96		Inter-Schol Div I	3-Mar-10	Hong Kong
5	W	1500M	KONG LAI MING	江麗明		J	HKIED	10		5:16.76		49th USFHK	14-Mar-10	Hong Kong
5	W	1500M	CHOI YAN YIN	蔡欣妍		J	HYS		J7	5:16.99		Inter-Schol Div I	3-Mar-10	Hong Kong
5	W	1500M	CHAN SIU HUNG	陳倩紅		J	WAC		J8	5:17.53		Xtep Hong Kong Athletics League 2010-Rd 2	11-Apr-10	Hong Kong
5	W	1500M	HUI WAI SUM	許瑋森		J	DGS		J9	5:18.06		Inter-Schol Div I	3-Mar-10	Hong Kong
5	W	1500M	LEE YUK YING AGGIE	李鈺盈		J	HYS		J10	5:21.62		Inter-Schol Div I	3-Mar-10	Hong Kong
5.5	W	3000M	3000M											
6	W	5000M	5000M											
6	W	5000M	YIU KIT CHING	姚潔貞	S		PAC	1		18:34.93		Xtep Hong Kong Athletics League 2010-Rd 3	26-May-10	Hong Kong
6	W	5000M	NADIA OGILVIE			J	HKU	2	J1	19:02.01		Xtep Hong Kong Athletics League 2010-Rd 1	17-Mar-10	Hong Kong
6	W	5000M	HODGSKIN JANE			S	HKLRRC3			19:07.62		Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong
6	W	5000M	LEONG YUEN FAN	梁婉芬	S		RRAC	4		19:11.44		Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong
6	W	5000M	LEUNG YING SUET	梁影雪	S		TCAA	5		19:34.83		Xtep Hong Kong Athletics League 2010-Rd 3	26-May-10	Hong Kong
6	W	5000M	CHOY MAN TSE	蔡雯斯	S		RRAC	6		19:39.26		Xtep Hong Kong Athletics League 2010-Rd 3	26-May-10	Hong Kong
6	W	5000M	CHAN PUI SHAN	陳佩珊	S		WAC	7		19:59.71		Xtep Hong Kong Athletics League 2010-Rd 3	26-May-10	Hong Kong
6	W	5000M	WONG CHING YEE	黃靜儀		J	WAC	8	J2	20:08.84		Xtep Hong Kong Athletics League 2010-Rd 3	26-May-10	Hong Kong
6	W	5000M	KONG LAI MING	江麗明	S		WAC	9		20:20.83		IAAF Wolrd Athletic Day and Open Meet	16-May-10	Hong Kong
6	W	5000M	LEE SHET YING	李雪盈		J	WAC	10	J3	20:25.70		Xtep Hong Kong Athletics League 2010-Rd 1	17-Mar-10	Hong Kong
6	W	5000M	MUMBA HINZANO	蒙卓絲		J	WAC		J4	21:33.41		IAAF Wolrd Athletic Day and Open Meet	16-May-10	Hong Kong
6	W	5000M	LO JIAN LING JAYNE	盧劍玲		J	WAC		J5	22:01.02		HK Inter-City Athletics Championships	10-Jul-10	Hong Kong
6	W	5000M	MUMBA HINZANO CHELESA	蒙卓絲		J	WAC		J6	23:22.52		HK Inter-City Athletics Championships	10-Jul-10	Hong Kong
6	W	5000M	HUI WING WAI VIVIAN	許永慧		J	TCAA		J7	23:28.35		Xtep Hong Kong Athletics League 2010-Rd 3	26-May-10	Hong Kong
7	W	10000M	10000M											
7	W	10000M	YIU KIT CHING	姚潔貞	S		PAC	1		38:52.78		Xtep Hong Kong Athletics League 2010-Rd 2	7-Apr-10	Hong Kong
7	W	10000M	LEONG YUEN FAN	梁婉芬	S		RRAC	2		39:47.21		Xtep Hong Kong Athletics League 2010-Rd 2	7-Apr-10	Hong Kong
7	W	10000M	MOK CHI LING	莫紫凌	S		TCAA	3		41:58.05		Xtep Hong Kong Athletics League 2010-Rd 2	7-Apr-10	Hong Kong
7	W	10000M	CHAN PUI SHAN	陳佩珊	S		WAC	4		42:25.01		Xtep Hong Kong Athletics League 2010-Rd 3	30-May-10	Hong Kong
7	W	10000M	WONG CHING YEE	黃靜儀		J	WAC	5	J1	42:38.43		Xtep Hong Kong Athletics League 2010-Rd 2	7-Apr-10	Hong Kong
7	W	10000M	YEUNG MEI LUN	楊美倫	S		WAC	6		43:28.54		Xtep Hong Kong Athletics League 2010-Rd 2	7-Apr-10	Hong Kong
7	W	10000M	CHEUNG PUI LING	張佩玲	S		LWRC	7		44:16.24		Xtep Hong Kong Athletics League 2010-Rd 2	7-Apr-10	Hong Kong
7	W	10000M	FAN CHING YEE	范倩怡	S		TCAA	8		45:47.43		Xtep Hong Kong Athletics League 2010-Rd 2	7-Apr-10	Hong Kong
7	W	10000M	WONG NGA MAN	黃雅文		J	WAC	9	J2	50:57.07		Xtep Hong Kong Athletics League 2010-Rd 2	7-Apr-10	Hong Kong

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8	W	100M HURDLES												
8	W	100MH	WONG WING SUM	王穎芯	S		WAC	1		14.18	+1.4	Xtep Hong Kong Athletics League 2010-Rd 2	11-Apr-10	Hong Kong
8	W	100MH	LUI LAI YIU	呂麗瑤		J	WAC	2	J1	14.96	+1.5	IAAF Wolrd Athletic Day and Open Meet	16-May-10	Hong Kong
8	W	100MH	LEUNG HIU YEE	梁曉儀	S		IVE	3		15.41	+1.4	49th USFHK	14-Mar-10	Hong Kong
8	W	100MH	WONG YING KI	黃穎淇		J	WAC	4	J2	15.94	+1.1	IAAF Wolrd Athletic Day and Open Meet	16-May-10	Hong Kong
8	W	100MH	LO WING YEE	盧詠儀		J	TCAA	5	J3	16.20	-0.2	Xtep Hong Kong Athletics League 2010-Rd 3	30-May-10	Hong Kong
8	W	100MH	HUI CHEUK YEE	許焯怡		J	WAC	6	J4	16.45	+0.7	IAAF Wolrd Athletic Day and Open Meet	16-May-10	Hong Kong
8	W	100MH	CHOI SIN TING	蔡倩婷	S		City U	7		16.48	+1.4	49th USFHK	14-Mar-10	Hong Kong
8	W	100MH	TING HO KIU	丁可翹	S		WAC	8		16.90	+1.4	Xtep Hong Kong Athletics League 2010-Rd 2	11-Apr-10	Hong Kong
8	W	100MH	LI TZE FAI	李芷暉		J	WAC	9	J5	17.01	-0.1	Xtep Hong Kong Athletics League 2010-Rd 1	21-Mar-10	Hong Kong
8	W	100MH	LEUNG HOI YIN	梁愷妍		J	WAC	10	J6	17.15	+1.1	IAAF Wolrd Athletic Day and Open Meet	16-May-10	Hong Kong
8	W	100MH	YAM YEE TING	譚以婷		J	PAC			17.31	+1.0	Xtep HK Junior Age Group Athletic Meet Race 1	24-Jan-10	Hong Kong
8	W	100MH	LAM WING KIU	林穎翹		J	HVAA			17.80	+1.5	IAAF Wolrd Athletic Day and Open Meet	16-May-10	Hong Kong
8	W	100MH	CHAK KA YAN	翟嘉恩		J	WAC			17.85	-2.1	Xtep Hong Kong Athletics League 2010-Rd 2	11-Apr-10	Hong Kong
8	W	100MH	LEUNG HIU LAM	梁曉琳		J	WAC		J10	18.08	-0.2	Xtep Hong Kong Athletics League 2010-Rd 2	11-Apr-10	Hong Kong
10	W	400M HURDLES												
10	W	400MH	KWONG SHU TING	鄺舒婷	S		HVAA	1		1:08.04		IAAF Wolrd Athletic Day and Open Meet	16-May-10	Hong Kong
10	W	400MH	MUI KA WAI	梅嘉慧		J	WAC	2	J1	1:08.23		Xtep Hong Kong Athletics League 2010-Rd 3	29-May-10	Hong Kong
10	W	400MH	LUI LAI YIU	呂麗瑤		J	WAC	3	J2	1:08.44		Xtep Hong Kong Athletics League 2010-Rd 1	20-Mar-10	Hong Kong
10	W	400MH	CHAN KA WAI	陳嘉慧		J	WAC	4	J3	1:15.23		Xtep Hong Kong Athletics League 2010-Rd 3	29-May-10	Hong Kong
10	W	400MH	TING HO KIU	丁可翹	S		WAC	5		1:15.30		Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong
10	W	400MH	CHENG YI TING	鄭伊婷		J	WAC	6	J4	1:15.33		IAAF Wolrd Athletic Day and Open Meet	16-May-10	Hong Kong
10	W	400MH	LI YUET YAN	李玥恩		J	HYS	7	J5	1:16.32		Xtep Hong Kong Athletics League 2010-Rd 3	29-May-10	Hong Kong
10	W	400MH	WONG DORCAS	黃念施	S		SCAA	8		1:16.65		Xtep Hong Kong Athletics League 2010-Rd 1	20-Mar-10	Hong Kong
10	W	400MH	LEUNG HIU LAM	梁曉琳		J	WAC	9	J6	1:23.52		Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong
10	W	400MH	CHAN MUNG LAM	陳夢琳		J	KCMC	10	J7	1:24.44		Xtep HK Junior Age Group Athletic Meet Race 1	23-Jan-10	Hong Kong
10	W	400MH	LEUNG TZE CHING	梁芷晴		J	WAC			1:24.66		Xtep HK Junior Age Group Athletic Meet Race 1	23-Jan-10	Hong Kong
10	W	400MH	NG KA WING	伍嘉穎		J	HYS		J9	1:27.75		Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong
11	M	3000M STEEPLECHASE												
11	W	3000MSC	CHEUNG HOI WAH	蔣凱華	S		WAC	1		12:04.01		Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong
11	W	3000MSC	KONG LAI MING	江麗明	S		WAC	2		12:25.68		Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong
11	W	3000MSC	CHAN SIN HUNG	陳倩紅		J	HKT	3	J1	12:46.39		All China Junior Athletics Championships	18-Apr-10	Shijiazhuang
11	W	3000MSC	WONG CHING YEE	黃靜儀		J	WAC	4	J2	12:54.42		Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong
11	W	3000MSC	YEUNG MEI YI	楊美兒	S		TCAA	5		14:48.35		Xtep Hong Kong Athletics League 2010-Rd 1	21-Mar-10	Hong Kong
11	W	3000MSC	SHE PUI SHAN	余佩珊		J	SCAA	6	J3	16:43.39		Xtep Hong Kong Athletics League 2010-Rd 1	21-Mar-10	Hong Kong

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12	W		HIGH JUMP											
12	W	HJ	FUNG WAI YEE	馮惠儀	J		TCAA	1	J1	1.75		Xtep HK Junior Age Group Athletic Meet Race 1	24-Jan-10	Hong Kong
12	W	HJ	YIP HIU LAAM	葉曉嵐	J		TCAA	2	J2	1.70		Xtep Hong Kong Athletics League 2010-Rd 3	30-May-10	Hong Kong
12	W	HJ	MUI YUEN YING	梅琬鸚	J		WAC	3	J3	1.62		HK Inter-City Athletics Championships	10-Jul-10	Hong Kong
12	W	HJ	YEUNG MAN WAI	楊文蔚	J		WAC	3	J3	1.62		HK Inter-City Athletics Championships	10-Jul-10	Hong Kong
12	W	HJ	HOU SHUN HEY	侯信希	J		DGS	5	J5	1.61		Inter-Schol Div I	9-Mar-10	Hong Kong
12	W	HJ	LAM LAI SHAN	林驪珊	S		TCAA	6		1.60		Xtep Hong Kong Athletics League 2010-Rd 1	21-Mar-10	Hong Kong
12	W	HJ	CHOI SIN TING	蔡倩婷	S		City U	7		1.59		49th USFHK	14-Mar-10	Hong Kong
12	W	HJ	WONG MAN YEE	王敏而	J		GHS	8	J6	1.56		Inter-Schol Div I	3-Mar-10	Hong Kong
12	W	HJ	LO YEUK LAM	盧若霖	S		TCAA	9		1.55		HK Inter-City Athletics Championships	11-Jul-10	Hong Kong
12	W	HJ	WONG TSZ YAN	黃子恩	J		DGS	10	J7	1.53		Inter-Schol Div I	3-Mar-10	Hong Kong
12	W	HJ	WONG SHUK MAN	黃淑文	S		HKU	10		1.53		49th USFHK	14-Mar-10	Hong Kong
12	W	HJ	RACHEL CHEONG KA CHING	張嘉晴	J		SPCS		J8	1.52		Inter-Schol Div I	9-Mar-10	Hong Kong
12	W	HJ	SO PUI YING	蘇佩盈	J		YKY	J9		1.51		Xtep Hong Kong Athletics League 2010-Rd 2	11-Apr-10	Hong Kong
12	W	HJ	WONG SIU PING	黃小萍	J		HYS		J10	1.50		Xtep HK Junior Age Group Athletic Meet Race 1	24-Jan-10	Hong Kong
12	W	HJ	CHAN SIN YU	陳倩茹	J		TCAA		J10	1.50		Xtep HK Junior Age Group Athletic Meet Race 1	23-Jan-10	Hong Kong
12	W	HJ	CHAN HOI YI	陳海兒	J		PAC		J10	1.50		Xtep HK Junior Age Group Athletic Meet Race 1	23-Jan-10	Hong Kong
12	W	HJ	LEE HOI CHING SIAN	李凱晴	J		MCS		J10	1.50		Inter-Schol Div I	3-Mar-10	Hong Kong
12	W	HJ	LAM CHING CHING	林程暹	J		GHS		J10	1.50		Inter-Schol Div I	3-Mar-10	Hong Kong
12	W	HJ	POON HOI MAN	潘凱文	J		SCAA		J10	1.50		Xtep Hong Kong Athletics League 2010-Rd 1	21-Mar-10	Hong Kong
12	W	HJ	WONG MAN YIN	黃敏賢	J		SCAA		J10	1.50		Xtep Hong Kong Athletics League 2010-Rd 1	21-Mar-10	Hong Kong
12	W	HJ	TSE TAK KWAN	謝得君	J		YKYC		J10	1.50		IAAF Woldr Athletic Day and Open Meet	16-May-10	Hong Kong
13	W		POLE VAULT											
13	W	PV	CHOI SIN TING	蔡倩婷	S		TCAA	1		3.10		Xtep Hong Kong Athletics League 2010-Rd 1	21-Mar-10	Hong Kong
13	W	PV	CHENG HEI YI	鄭唏爾	S		TCAA	2		2.80		IAAF Woldr Athletic Day and Open Meet	16-May-10	Hong Kong
13	W	PV	WONG CHUI YIU	黃翠瑤	S		WAC	2		2.80		IAAF Woldr Athletic Day and Open Meet	16-May-10	Hong Kong
13	W	PV	LEE SHAN SHAN	李珊珊	S		CSRA	4		2.40		IAAF Woldr Athletic Day and Open Meet	16-May-10	Hong Kong
13	W	PV	LIU XUE QIAO	廖雪蕎	J		CSRA	4	J1	2.40		Xtep Hong Kong Athletics League 2010-Rd 3	30-May-10	Hong Kong
13	W	PV	LEE TING TING	李婷婷	J		CSRA	6		2.20		IAAF Woldr Athletic Day and Open Meet	16-May-10	Hong Kong
13	W	PV	LO LEE SHAN	盧莉珊	J		TCAA	6	J2	2.20		Xtep Hong Kong Athletics League 2010-Rd 3	30-May-10	Hong Kong
13	W	PV	WONG DORCAS	黃念施	S		SCAA	8		2.00		IAAF Woldr Athletic Day and Open Meet	16-May-10	Hong Kong
14	W		LONG JUMP											
14	W	LJ	CHEUNG LAI YEE	張麗兒	S		TCAA	1		5.88	+1.4	IAAF Woldr Athletic Day and Open Meet	16-May-10	Hong Kong
14	W	LJ	TSE MANG CHI	謝孟芝	S		WAC	2		5.67	-0.3	IAAF Woldr Athletic Day and Open Meet	16-May-10	Hong Kong
14	W	LJ	LOH MEI SZE	羅美思	S		Poly U	3		5.39	+0.4	49th USFHK	14-Mar-10	Hong Kong
14	W	LJ	MA NGA MAN	馬雅文	S		SCAA	4		5.37	+0.5	Xtep Hong Kong Athletics League 2010-Rd 2	11-Apr-10	Hong Kong
14	W	LJ	MOK ELITE	莫伊烈	J		SHCC	5	J1	5.30	-0.9	Inter-Schol Div I	3-Mar-10	Hong Kong
14	W	LJ	LING SZE WAI	寧詩慧	J		WAC	6	J2	5.26	+0.9	IAAF Woldr Athletic Day and Open Meet	16-May-10	Hong Kong
14	W	LJ	WONG HIU YAN	汪曉茵	J		WAC	7	J3	5.25	+0.2	Xtep Hong Kong Athletics League 2010-Rd 3	30-May-10	Hong Kong
14	W	LJ	WONG YING KI	黃纓淇	J		WAC	8	J4	5.23	+0.9	IAAF Woldr Athletic Day and Open Meet	16-May-10	Hong Kong
14	W	LJ	WU HOI TING	胡凱婷	J		WAC	9	J5	5.22	+0.7	Xtep Hong Kong Athletics League 2010-Rd 2	11-Apr-10	Hong Kong
14	W	LJ	WONG PUI LING	黃佩玲	J		WAC	10	J6	5.21	+1.8	IAAF Woldr Athletic Day and Open Meet	16-May-10	Hong Kong
14	W	LJ	KEE MING WAI	李明慧	J		WAC	J7		5.20	+1.0	Xtep Hong Kong Athletics League 2010-Rd 2	11-Apr-10	Hong Kong
14	W	LJ	CHAN HOI KAY STEPHANIE	陳凱琪	J		MCS	J8		5.14	+1.0	Inter-Schol Div I	3-Mar-10	Hong Kong
14	W	LJ	YIU NOK YIN	姚諾言	J		WAC	J9		5.08	-0.1	Xtep Hong Kong Athletics League 2010-Rd 1	21-Mar-10	Hong Kong
14	W	LJ	CHEUNG YUEN TUNG	張琬彤	J		WAC	J9		5.08	+1.5	IAAF Woldr Athletic Day and Open Meet	16-May-10	Hong Kong
14	W	LJ	YEUNG MAN WAI	楊文蔚	J		WAC	J9		5.08	+1.4	IAAF Woldr Athletic Day and Open Meet	16-May-10	Hong Kong
14	W	LJ	WONG HIU YAN	汪曉茵	J		WAC	WA		5.34	+2.1	IAAF Woldr Athletic Day and Open Meet	16-May-10	Hong Kong
14	W	LJ	WU HOI TING	胡凱婷	J		WAC	WA		5.27	+2.9	Xtep HK Junior Age Group Athletic Meet Race 1	23-Jan-10	Hong Kong
15	W		TRIPLE JUMP											
15	W	TJ	TSE MANG CHI	謝孟芝	S		WAC	1		12.51	+0.8	Xtep Hong Kong Athletics League 2010-Rd 1	20-Mar-10	Hong Kong
15	W	TJ	LOH MEI SZE	羅美思	S		TCAA	2		12.15	+1.6	Xtep Hong Kong Athletics League 2010-Rd 3	29-May-10	Hong Kong
15	W	TJ	CHEUNG LAI YEE	張麗兒	S		TCAA	3		12.07	+0.9	Xtep Hong Kong Athletics League 2010-Rd 1	20-Mar-10	Hong Kong
15	W	TJ	WU HOI TING	胡凱婷	J		HKT	4	J1	11.59	+1.7	HK Inter-City Athletics Championships	11-Jul-10	Hong Kong
15	W	TJ	YIU NOK YIN	姚諾言	J		WAC	5	J2	11.10	+1.7	Xtep Hong Kong Athletics League 2010-Rd 1	20-Mar-10	Hong Kong
15	W	TJ	YIU PUI IN	姚沛妍	S		WAC	6		11.06	+0.2	Xtep Hong Kong Athletics League 2010-Rd 1	20-Mar-10	Hong Kong
15	W	TJ	LIU TSZ YAN	廖紫欣	S		TCAA	7		10.87	+0.5	Xtep Hong Kong Athletics League 2010-Rd 1	20-Mar-10	Hong Kong
15	W	TJ	WONG YING KEI	黃纓淇	J		WAC	8	J3	10.85	+0.5	Xtep Hong Kong Athletics League 2010-Rd 1	20-Mar-10	Hong Kong
15	W	TJ	MOK CHO YAN	莫祖恩	J		TCAA	9	J4	10.68	-1.4	Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong
15	W	TJ	YAU FUNG TING	丘鳳婷	S		WAC	10		10.34	-1.2	Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong
15	W	TJ	CHOW WAN KI	鄒蕙琪	J		TCAA	J5		10.29	+1.5	TCAA Junior Athletic Meet 2010	21-May-10	Hong Kong
15	W	TJ	LAW WAI YIN	羅慧研	J		WAC	J6		10.02	+1.1	Xtep Hong Kong Athletics League 2010-Rd 1	20-Mar-10	Hong Kong
15	W	TJ	PANG WING SZE	彭詠詩	J		TCAA	J7		9.56	-0.6	IAAF Woldr Athletic Day and Open Meet	16-May-10	Hong Kong
15	W	TJ	CHENG LOK TUNG	鄭樂童	J		YKYC	J8		9.27	-1.0	Xtep HK Junior Age Group Athletic Meet Race 1	24-Jan-10	Hong Kong

HKAAA Top 10 Ranking List 2010 (WOMEN)

order	Sex	Event	Athlete	Chi	S	J	Team	Rank	J_Rank	Perf.	WS	Name of Competition	Date	Venue
16	W	SHOT PUT												
16	W	SP	CHAN YUEN TING	陳院庭			J HKT	1	J1	11.42		HK Inter-City Athletics Championships	10-Jul-10	Hong Kong
16	W	SP	HO YIN CHIU	賀賢昭			J HKT	2	J2	11.40		Asian Inter-City High School Athletics Meet 2010	29-Jul-10	Taipei
16	W	SP	LEE KA SHUN	李嘉萱	S		IVE	3		11.26		49th USFHK	14-Mar-10	Hong Kong
16	W	SP	WOO WING YAN	胡詠欣			J WAC	4	J3	10.57		Xtep Hong Kong Athletics League 2010-Rd 1	21-Mar-10	Hong Kong
16	W	SP	KEUNG KING WAN	梁競允			S WAC	5		10.04		Xtep Hong Kong Athletics League 2010-Rd 2	11-Apr-10	Hong Kong
16	W	SP	SIN HO YAN	單可茵	S		BU	6		10.03		49th USFHK	14-Mar-10	Hong Kong
16	W	SP	CHEUNG JO YEE	張祖兒			J WAC	7	J4	9.78		Xtep Hong Kong Athletics League 2010-Rd 1	21-Mar-10	Hong Kong
16	W	SP	TSANG HOI YAN	曾愷忻			J WAC	7	J4	9.78		Xtep Hong Kong Athletics League 2010-Rd 3	29-May-10	Hong Kong
16	W	SP	MA MAN KAAI	馬文佳	S		WAC	9		9.68		Xtep Hong Kong Athletics League 2010-Rd 1	21-Mar-10	Hong Kong
16	W	SP	TSE LAI LAI	謝麗麗	S		WAC	10		9.67		IAAF Woldr Athletic Day and Open Meet	16-May-10	Hong Kong
16	W	SP	TO YUEN KWAN	杜婉筠			J WAC		J6	9.43		Xtep Hong Kong Athletics League 2010-Rd 3	29-May-10	Hong Kong
16	W	SP	MAN KA YI	文嘉兒			J TCAA		J7	9.24		IAAF Woldr Athletic Day and Open Meet	16-May-10	Hong Kong
16	W	SP	WONG HOI YI	黃凱宜			J WAC		J8	9.19		Xtep HK Junior Age Group Athletic Meet Race 1	23-Jan-10	Hong Kong
16	W	SP	SIN CHEUK YING	冼卓瑩			J WAC		J9	8.87		Xtep HK Junior Age Group Athletic Meet Race 1	23-Jan-10	Hong Kong
16	W	SP	CHU LONG YAN	朱朗軒			J HYS		J10	8.70		Inter-Schol Div I	9-Mar-10	Hong Kong
17	W	DISCUS THROW												
17	W	DT	LEE KA SHUN	李嘉萱	S		SCAA	1		42.18		IAAF Woldr Athletic Day and Open Meet	16-May-10	Hong Kong
17	W	DT	WOO WING YAN	胡詠欣			J DGS	2	J1	39.30		Inter-Schol Div I	12-Mar-10	Hong Kong
17	W	DT	CHAN YUEN TING	陳院庭			J SSGC	3	J2	37.17		Inter-Schol Div I	12-Mar-10	Hong Kong
17	W	DT	WOO WING TUNG	胡詠彤	S		DGS	4		35.81		Inter-Schol Div I	12-Mar-10	Hong Kong
17	W	DT	LI WING LAM	李詠琳	S		CU	5		32.86		49th USFHK	14-Mar-10	Hong Kong
17	W	DT	HUI SIEN YAN CHANEL	許倩欣			J DGS	6	J3	31.45		Inter-Schol Div I	12-Mar-10	Hong Kong
17	W	DT	WONG HOI YI	黃凱宜			J GHS	7	J4	31.37		Inter-Schol Div I	12-Mar-10	Hong Kong
17	W	DT	TAM TIK MAN	譚迪文			J TCAA	8	J5	30.34		HK Inter-City Athletics Championships	10-Jul-10	Hong Kong
17	W	DT	KWOK TUNG	郭彤	S		CU	9		30.02		49th USFHK	14-Mar-10	Hong Kong
17	W	DT	KWOK YEE KI	郭綺琦			J WAC	10	J6	29.90		Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong
17	W	DT	LEUNG CHI YING	梁梓楹			J HYS		J7	29.51		Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong
17	W	DT	WONG KA YEE	黃嘉怡			J HYS		J8	28.99		Inter-Schol Div I	12-Mar-10	Hong Kong
17	W	DT	FLORENCE HO	賀賢昭			J WAC		J9	28.71		Xtep HK Junior Age Group Athletic Meet Race 1	24-Jan-10	Hong Kong
17	W	DT	CHAN CHRISTY				J		J10	27.91		TCAA Junior Athletic Meet 2010	21-May-10	Hong Kong
18	W	JAVELIN THROW												
18	W	JT	WOO WING TUNG	胡詠彤	S		DGS	1		41.28		Inter-Schol Div I	3-Mar-10	Hong Kong
18	W	JT	LUI TSZ CHIN	劉正宇			J DGS	2	J1	37.35		Inter-Schol Div I	3-Mar-10	Hong Kong
18	W	JT	LAU CHI KI	劉旨琦	S		HKU	3		36.54		49th USFHK	14-Mar-10	Hong Kong
18	W	JT	LAU HEI TING	劉唏庭			J GHS	4	J2	36.53		Inter-Schol Div I	9-Mar-10	Hong Kong
18	W	JT	CHEUNG WAI YIN	張蔚妍	S		WAC	5		34.22		Xtep Hong Kong Athletics League 2010-Rd 1	20-Mar-10	Hong Kong
18	W	JT	WONG KAR YEE	黃嘉怡	S		City U	6		34.09		49th USFHK	14-Mar-10	Hong Kong
18	W	JT	CHOI WAI TUNG JESSICA	蔡瑋彤			J HYS	7	J3	33.51		Inter-Schol Div I	3-Mar-10	Hong Kong
18	W	JT	LAM NGA YEE	林雅宜	S		HVAA	8		32.40		Xtep Hong Kong Athletics League 2010-Rd 1	20-Mar-10	Hong Kong
18	W	JT	WONG KA HANG	黃嘉衡	S		HKU	9		31.98		49th USFHK	14-Mar-10	Hong Kong
18	W	JT	CHAN SZE YU	陳思余			J WAC	10	J4	31.41		Xtep Hong Kong Athletics League 2010-Rd 2	11-Apr-10	Hong Kong
18	W	JT	SO LOK YIU JULIA	蘇洛瑤			J MCS		J5	30.72		Inter-Schol Div I	3-Mar-10	Hong Kong
18	W	JT	WONG WING LAM	黃詠琳			J SCAA		J6	30.00		Xtep HK Junior Age Group Athletic Meet Race 1	23-Jan-10	Hong Kong
18	W	JT	LUI MAN YEE	呂文儀			J WAC		J7	29.54		Xtep Hong Kong Athletics League 2010-Rd 2	11-Apr-10	Hong Kong
18	W	JT	LEE HONG TING	李康婷			J SCAA		J8	29.44		Xtep Hong Kong Athletics League 2010-Rd 1	20-Mar-10	Hong Kong
18	W	JT	TSANG WING CHIU	曾穎昭			J DGS		J9	29.32		Inter-Schol Div I	9-Mar-10	Hong Kong
18	W	JT	WONG PUI LAM	黃佩琳			J TCAA		J10	27.43		Xtep Hong Kong Athletics League 2010-Rd 1	20-Mar-10	Hong Kong
19	W	HAMMER THROW												
19	W	HT	LAM SAU KWAN	林秀君			HKT	1		40.21		HK Inter-City Athletics Championships	11-Jul-10	Hong Kong
19	W	HT	LAM HOI LING	林凱翎			J WAC	2	J1	26.30		Xtep Hong Kong Athletics League 2010-Rd 3	30-May-10	Hong Kong
19	W	HT	LEUNG CHI YING	梁梓楹			J HYS	3	J2	26.19		Xtep Hong Kong Athletics League 2010-Rd 3	30-May-10	Hong Kong
19	W	HT	LEUNG TSE YING	梁紫盈			J WAC	3	J3	17.77		Xtep Hong Kong Athletics League 2010-Rd 1	21-Mar-10	Hong Kong
19	W	HT	KWONG TZE CHING	鄭芷瑄			J TCAA	4	J4	16.76		IAAF Woldr Athletic Day and Open Meet	16-May-10	Hong Kong
19	W	HT	MAN KA YI	文嘉兒			J TCAA	5	J5	13.09		IAAF Woldr Athletic Day and Open Meet	16-May-10	Hong Kong
20	W	HEPTATHLON												
20	W	HEPT	WAN KIN YEE	溫健儀	S		TCAA	1		3760		Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong
20	W	HEPT	KWONG SHU TING	鄺舒婷	S		HVAA	2		3427		Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong
20	W	HEPT	LO WING HEI	盧穎熹			J WAC	3	J1	2990		HK Inter-City Athletics Championships	11-Jul-10	Hong Kong
20	W	HEPT	MUI KA WAI	梅嘉慧			J WAC	4	J2	2895		Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong
20	W	HEPT	CHAN HIU TUNG	陳曉彤			J	5	J3	2777		Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong
20	W	HEPT	CHING NOK YEE	曾諾怡			J TCAA	6	J4	2706		Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong
20	W	HEPT	WONG DORCAS	黃念施	S		SCAA	7		2643		Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong
20	W	HEPT	HO YIN NI	何燕妮	S		WAC	8		2249		Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong
20	W	HEPT	CHENG YI TING	鄭伊婷			J WAC	9	J5	2100		Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong
20	W	HEPT	LO YEUK LAM	盧若霖	S		TCAA	10		1868		Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong
20	W	HEPT	WONG PUI LAM	黃佩琳			J TCAA		J6	1746		Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong
20	W	HEPT	LO HIU KWAN	盧曉君			J PAC		J7	1621		Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong
20	W	HEPT	WU CHEN	胡宸			J QMSS		J8	804		Xtep Hong Kong Athletics League 2010-Rd 2	10-Apr-10	Hong Kong

HKAAA Top 10 Ranking List 2010 (WOMEN)

order	Sex	Event	Athlete	Chi	S	J	Team	Rank	J_Rank	Perf.	WS	Name of Competition	Date	Venue
22	W	10K	10K											
22	W	10KM	KONG ANGELINA FUNG SIN	江鳳仙	S			1		0:39:13		Shatin 10K Riverside Race 2010	14-Mar-10	Hong Kong
22	W	10KM	LEONG YUEN FAN	梁婉芬	S			2		0:39:33		Shatin 10K Riverside Race 2010	14-Mar-10	Hong Kong
22	W	10KM	KATHLEEN WALLER		S			3		0:39:59		Shatin 10K Riverside Race 2010	14-Mar-10	Hong Kong
22	W	10KM	CHEUNG CHUI FONG KITTY	張翠芳	S			4		0:40:00		Shatin 10K Riverside Race 2010	14-Mar-10	Hong Kong
22	W	10KM	CHAN KIT YEE	陳潔儀	S			5		0:40:03		Shatin 10K Riverside Race 2010	14-Mar-10	Hong Kong
22	W	10KM	CHEUNG TING YAN	張庭欣	S			6		0:40:07		Standard Chartered Marathon	28-Feb-10	Hong Kong
22	W	10KM	HODGSKIN JANE		S			7		0:40:24		Shatin 10K Riverside Race 2010	14-Mar-10	Hong Kong
22	W	10KM	FAN SUI PING	范瑞萍	S			8		0:41:08		Shatin 10K Riverside Race 2010	14-Mar-10	Hong Kong
22	W	10KM	LAI KA WAI	黎嘉慧	S			9		0:41:26		Shatin 10K Riverside Race 2010	14-Mar-10	Hong Kong
22	W	10KM	CHAN YEE KI	陳綺琪	J			10	J1	0:41:33		Standard Chartered Marathon	28-Feb-10	Hong Kong
22	W	10KM	HUI WAI SUM	許煒森	J			J2		0:42:10		Standard Chartered Marathon	28-Feb-10	Hong Kong
22	W	10KM	WONG CHING YEE	黃靜儀	J			J3		0:42:31		Standard Chartered Marathon	28-Feb-10	Hong Kong
22	W	10KM	CHOI YAN YIN	蔡欣妍	J			J4		0:43:08		Standard Chartered Marathon	28-Feb-10	Hong Kong
22	W	10KM	LAM SIN CHING	林善晴	J			J5		0:43:49		Standard Chartered Marathon	28-Feb-10	Hong Kong
22	W	10KM	WU SUM YI	胡心怡	J			J6		0:44:15		Standard Chartered Marathon	28-Feb-10	Hong Kong
22	W	10KM	CHAU TSZ CHING		J			J7		0:47:04		Standard Chartered Marathon	28-Feb-10	Hong Kong
22	W	10KM	MOK NGA TING		J			J8		0:47:15		Standard Chartered Marathon	28-Feb-10	Hong Kong
22	W	10KM	WAN TSZ CHING	溫子晴	J			J9		0:47:30		Standard Chartered Marathon	28-Feb-10	Hong Kong
22	W	10KM	ARIEL KWOK	郭詔賓	J			J10		0:47:43		Shatin 10K Riverside Race 2010	14-Mar-10	Hong Kong
24	W	HALF MARATHON												
24	W	HM	YAU REBECCA	邱其恩	S		WAC	1		1:20:26		NYC Half Marathon	21-Mar-10	Hong Kong
24	W	HM	YIU KIT CHING	姚潔貞	S		HKT	2		1:22:05		2010 Osaka International Lady Marathon	31-Jan-10	Osaka
24	W	HM	LI SUET FEI	李雪非	S			3		1:23:54		Southwest Bank Palos Half Marathon	2-May-10	Palos
24	W	HM	LEUNG YING SUET	梁影雪	S		TCAA	4		1:27:20		Mizuno Half Marathon 2010	10-Jan-10	Hong Kong
24	W	HM	FAN SUI PING	范瑞萍	S		WAC	5		1:28:01		Mizuno Half Marathon 2010	10-Jan-10	Hong Kong
24	W	HM	KONG ANGELINA FUNG SIN	江鳳仙	S			6		1:28:54		Mizuno Half Marathon 2010	10-Jan-10	Hong Kong
24	W	HM	CHOY MUN TSE MANDY	蔡雯斯	S		RRAC	7		1:29:36		Mizuno Half Marathon 2010	10-Jan-10	Hong Kong
24	W	HM	HODGSKIN JANE		S			8		1:30:38		Standard Chartered Marathon	28-Feb-10	Hong Kong
24	W	HM	CHAN PUI SHAN	陳佩珊	S			9		1:31:19		Mizuno Half Marathon 2010	10-Jan-10	Hong Kong
24	W	HM	CHONG MIU YING MAY	莊妙英	S			10		1:31:55		Mizuno Half Marathon 2010	10-Jan-10	Hong Kong
24	W	HM	CHAN SIN HUNG	陳倩紅	J			J1		1:42:20		Standard Chartered Marathon	28-Feb-10	Hong Kong
24	W	HM	HUI WING WAI	許永慧	J			J2		1:42:40		Mizuno Half Marathon 2010	10-Jan-10	Hong Kong
24	W	HM	LO JIAN YING	盧劍羚	J			J3		1:42:50		Standard Chartered Marathon	28-Feb-10	Hong Kong
24	W	HM	HUNG CHING YAN	洪澄欣	J			J4		1:46:52		Mizuno Half Marathon 2010	10-Jan-10	Hong Kong
24	W	HM	CHAN KA MAN	陳嘉雯	J			J5		1:56:47		Mizuno Half Marathon 2010	10-Jan-10	Hong Kong
24	W	HM	LUI WAI MAN		J			J6		1:57:44		Standard Chartered Marathon	28-Feb-10	Hong Kong
24	W	HM	LI WAI YAN		J			J7		1:59:55		Standard Chartered Marathon	28-Feb-10	Hong Kong
24	W	HM	MA YIK SHEUNG	馬奕常	J			J8		2:01:43		Standard Chartered Marathon	28-Feb-10	Hong Kong
24	W	HM	LAW LOK YIU	羅樂瑤	J			J9		2:10:23		Standard Chartered Marathon	28-Feb-10	Hong Kong
24	W	HM	CHEUNG SUI HEUNG		J			J10		2:13:47		Standard Chartered Marathon	28-Feb-10	Hong Kong
25	W	MARATHON												
25	W	MARA	CHOW CHI NGAN	周子雁	S		URC	1		2:53:51		Gold Coast Airport Marathon	4-Jul-10	Gold Coast
25	W	MARA	KONG ANGELINA FUNG SIN	江鳳仙	S			2		2:54:46		Gold Coast Airport Marathon	4-Jul-10	Gold Coast
25	W	MARA	WONG SIU PING	黃小萍	S		Police AC	3		2:54:49		Xiamen Marathon	2-Jan-10	Xiamen
25	W	MARA	LEONG YUEN FAN	梁婉芬	S		RRAC	4		2:56:24		Seoul International Marathon	21-Mar-10	Seoul
25	W	MARA	LI SUET FEI	李雪非	S		URC	5		2:57:03		ING Ottawa Marathon 2010	30-May-10	Ottawa
25	W	MARA	FAN SUI PING	范瑞萍	S		WAC	6		2:59:09		Standard Chartered Marathon	28-Feb-10	Hong Kong
25	W	MARA	CHEUNG CHUI FONG KITTY	張翠芳	S			7		3:00:09		Seoul International Marathon	21-Mar-10	Seoul
25	W	MARA	MOK CHI LING	莫紫凌	S			8		3:05:01		Standard Chartered Marathon	28-Feb-10	Hong Kong
25	W	MARA	CHAN PUI SHAN	陳佩珊	S			9		3:05:34		Paris Marathon 2010	1-Apr-10	Paris
25	W	MARA	BARKER ROSAMUND		S			10		3:06:42		London Marathon 2010	25-Apr-10	London
26	W	3000M WALK												
26	W	3000M Walk	HUI WING WAI	許永慧	J		TCAA	J1		19:18.36		HK Race Walking Competition 2010-Race 1	6-Jun-10	Hong Kong
26	W	3000M Walk	CHAN ON KI	陳安琪	J			J2		22:01.76		HK Race Walking Competition 2010-Race 1	6-Jun-10	Hong Kong
26	W	3000M Walk	WONG SHUK MAN	王淑雯	J			J3		22:27.72		HK Race Walking Competition 2010-Race 1	6-Jun-10	Hong Kong
26	W	3000M Walk	LAU SIU MAN	劉兆敏	J			J4		22:43.69		HK Race Walking Competition 2010-Race 1	6-Jun-10	Hong Kong
26	W	3000M Walk	CHOW TSZ SHAN	周芷珊	J			J5		22:43.95		HK Race Walking Competition 2010-Race 1	6-Jun-10	Hong Kong
27	W	5000M WALK												
27	W	5000M Walk	CHING SIU NGA	程小雅	S		SHTB	1		24:10.85		Olympic Development Women's 5K Racewalk	24-Apr-10	Philadelphia
27	W	5000M Walk	NG SAU MAN	吳秀雯	S		SHTB	2		27:45.97		HK Race Walking Competition 2010-Race 1	6-Jun-10	Hong Kong
27	W	5000M Walk	LIU LAI MING	廖麗明	S		SHTB	3		30:31.94		HK Race Walking Competition 2010-Race 1	6-Jun-10	Hong Kong
27	W	5000M Walk	CHENG IP MING	鄭葉明	S		SHTB	4		30:43.98		HK Race Walking Competition 2010-Race 1	6-Jun-10	Hong Kong
27	W	5000M Walk	CHU KWAN MEI JUDY	朱群尾	S		SHTB	5		30:46.38		HK Race Walking Competition 2010-Race 1	6-Jun-10	Hong Kong
27	W	5000M Walk	CHOI KAM HAR	蔡錦霞	S		SHTB	6		31:30.26		HK Race Walking Competition 2010-Race 1	6-Jun-10	Hong Kong
27	W	5000M Walk	LAU HOI YING	劉海英	S		SHTB	7		32:36.11		HK Race Walking Competition 2010-Race 1	6-Jun-10	Hong Kong
27	W	5000M Walk	TAI SAU KING IRENE	戴秀瓊	S		SHTB	8		32:42.76		HK Race Walking Competition 2010-Race 1	6-Jun-10	Hong Kong
27	W	5000M Walk	WONG YAT WAN	王日雲	S		SHTB	9		32:55.26		HK Race Walking Competition 2010-Race 1	6-Jun-10	Hong Kong
27	W	5000M Walk	CHAN CHUN FUNG	陳鑽鳳	S		SHTB	10		33:09.68		HK Race Walking Competition 2010-Race 1	6-Jun-10	Hong Kong
27	W	5000M Walk	CHAN WOON KAM BETTY	陳煥金	S		SHTB			34:25.02		HK Race Walking Competition 2010-Race 1	6-Jun-10	Hong Kong
28	W	10000M WALK												
29	W	10KM WALK												
30	W	20KM WALK												
30	W	20KM Walk	CHING SIU NGA	程小雅	S		HKT	1		1:50:49		All China Race Walk Series 2	10-Jul-10	Shangluo
30	W	20KM Walk	NG SAU MAN	吳秀雯	S		HKT	2		1:56:58		AAA 20km Race Walking Championships	14-Mar-10	Nomi